

SWISS INTERNATIONAL SCIENTIFIC SCHOOL

# After School Activities



SECONDARY  
**Internal ASAs**



**SWISS**  
INTERNATIONAL  
SCIENTIFIC SCHOOL  
— DUBAI —

## Monday



### GERMAN READING AND CREATIVE WRITING

In German Reading & Creative Writing ASA, you will have the opportunity to read classic and contemporary German literature, learn about German grammar and syntax, and write your own creative works in German. You will also have the opportunity to participate in workshops and discussions with experienced German writers and teachers.

G6 - G12

3:45pm - 4:45pm



### WEIGHT ROOM

In Weight Room, you will learn the basics of strength training, including how to choose the right weights, how to perform exercises safely, and how to track your progress. You will also have the opportunity to participate in supervised workouts, and to get feedback from experienced trainers. Whether you are a beginner or an experienced lifter, Weight Room is a great way to improve your strength and fitness.

G9 - G12

3:45pm - 4:45pm



### SISD HONOURS PROGRAMME

By invitation G11 and G10 initially.

G10 & G11

3:45pm - 4:45pm



### WORLD SCHOLAR'S CUP/ DUBAI DEBATE LEAGUE

The World Scholar's Cup is an international team academic program with students participating from over 65 countries. It includes debates and collaborative writing assignments. Students will explore and practice these activities in preparation for local and potentially international events.

Students will explore debate; learning to thoroughly craft arguments, building critical thinking skills, building confident communication, researching, organizing, and presenting. The students will practice to compete in the Dubai Debate League.

G6 - G12

3:45pm - 4:45pm

# Monday



## **THEATRE PRODUCTION - CREW**

Students involved with this activity will support the theatre production with sets, lighting, and various other support.

G6 -G12

3:45pm - 4:45pm



## **THEATRE PRODUCTION - PERFORMERS (TRIAL REQUIRED)**

Students will need complete to auditions to be part of this ASA & will also be part of various school performances. Please reach out to Mr. Connolly for further details.

G6 -G12

3:45pm - 4:45pm

العربية

## **ARABIC POETRY**

Students will learn about the history of Arabic poetry, from its origins in pre-Islamic Arabia to its modern-day forms. They will also have the opportunity to read and analyze poems by famous Arabic poets.

G6 - G9

3:45pm - 4:45pm



## **POLITICS, PHILOSOPHY, & ECONOMICS SOCIETY**

Politics, Philosophy, and Economics Society! Our dynamic community is dedicated to fostering intellectual exploration and meaningful discourse. Members will delve into pressing global issues through engaging debates, dissecting them from political, philosophical, and economic perspectives. Our platform will host thought-provoking guest speakers, experts in their fields, offering valuable insights. Our society aims to empower individuals with a holistic understanding of the world by cultivating an environment that encourages critical thinking. Join us in navigating the complexities of today's society, as we bridge the realms of politics, philosophy, and economics to cultivate informed, open-minded leaders of tomorrow.

G6 - G12

3:45pm - 4:45pm

## Monday



### ENGINEERING SOCIETY

Calling all future engineers! Join the Engineering Society after school activity and delve into the fascinating world of engineering. Engage in hands-on activities, design challenges, and exciting competitions to develop your problem-solving, teamwork, and engineering skills.

G6 - G12

3:45pm - 4:45pm

## SPORTS



### U16 GIRLS FOOTBALL

The SISD Football team will train & practice for DASSA competitions.

G9 - G10

3:45pm - 4:45pm



### U16 BOYS FOOTBALL

The SISD Football team will train & practice for DASSA competitions.

G9 - G10

3:45pm - 4:45pm



### U19 BOYS BASKETBALL

The SISD Basketball team will train & practice for DASSA competitions.

G11 - G12

3:45pm - 4:45pm



### U12/U14/U16/U18 SWIMMING (TRIAL REQUIRED)

The SISD Swim team will train & practice for DASSA competitions.

G6 - G12

Morning

# SECONDARY Internal ASAs



## Monday



### ATHLETICS CLUB

Join our Athletics Club for an exciting after-school experience! Whether you're a seasoned athlete or just looking to stay active, this club offers a range of activities designed to boost your fitness, improve your skills, and foster team spirit. From track and field to team sports, there's something for everyone. Come challenge yourself, make new friends, and have fun in a supportive environment. All skill levels are welcome!

G6-G12

3:45pm - 4:45pm

## Tuesday



### ART - JUNK KOUTURE

Junk Kouture is a creative program for students which challenges them to create a fashion from 100% recycled materials and display their work in a global competition against their peers. The key pillars of this are education, community, creativity, and sustainability.

G8 - G12

3:45pm - 4:45pm



### MODEL UNITED NATIONS CLUB

The MUN club engages the students in an authentic simulation of the United Nations system by learning about the UN system, the skills of debate, compromise, conflict resolution and negotiation. MUN team members have fun learning about the workings of world diplomacy through the lens of current events. The students take the roles of ambassadors from various countries and debate current issues. It gives students hands-on learning in international relations, diplomacy, and the United Nations.

G6 - G12

3:45pm - 4:45pm



### SCIENCE SUMMATIVE INTERVENTION

A program designed to help students improve their understanding of science concepts and skills. These activities can be offered to students who who need extra help to prepare for a summative assessment.

G6 - G12

3:45pm - 4:45pm



### INTRODUCTION TO SPANISH

This ASA will explore spanish for non fluent speakers!

G6 - G12

3:45pm - 4:45pm



### WEIGHT ROOM

In Weight Room, you will learn the basics of strength training, including how to choose the right weights, how to perform exercises safely, and how to track your progress. You will also have the opportunity to participate in supervised workouts, and to get feedback from experienced trainers. Whether you are a beginner or an experienced lifter, Weight Room is a great way to improve your strength and fitness.

G10 - G12

3:45pm - 4:45pm

# SECONDARY Internal ASAs



## Tuesday



### QURAN CLUB

The Quran Club will help in developing the recitation, pronunciation and Tajweed skills of students with the support in memorization of the requested Suras of their levels.

G6 - G12

3:45pm - 4:45pm



### MATHLETES MATH OLYMPIAD

Students will be invited by the Math department to participate in this activity. Students will work towards entry into math competitions. Initially they will work on local contests with the ultimate goal to compete in the International Math Olympiad.

G6 - G12

3:45pm - 4:45pm



### ROBOTICS

Students will learn the basics of robotics, including how to design, build, and program robots. Students will also have the opportunity to participate in competitions and learn from experienced robotics engineers.

G6 - G12

3:45pm - 4:45pm



### ENGLISH BOOK CLUB & CREATIVE WRITING

Join us for an exciting after-school adventure where you'll explore the world of literature and unleash your creativity! Our English Book Club and Creative Writing program offers a unique opportunity to delve into captivating stories, discuss thought-provoking themes, and develop your writing skills. Engage in lively debates, share your perspectives, and become a confident and creative writer. Let's embark on a literary journey together!

G6 - G12

3:45pm - 4:45pm

# SECONDARY Internal ASAs

## Tuesday



### PHOTOGRAPHY/VIDEOGRAPHY

Do you have a passion for photography or videography? Are you interested in learning how to capture the world around you in a creative way? Then join the Photography/Videography Club! This after-school activity is for students in grades 6-9 who are interested in learning about photography and videography. In the Photography/Videography Club, you will learn the basics of photography and videography, including how to use a camera, how to compose a shot, and how to edit your photos and videos. Whether you are a beginner or an experienced photographer or videographer, the Photography/Videography Club is a great way to improve your skills, have fun, and meet other like-minded students.

G6 – G9

3:45pm - 4:45pm



### DUKE OF EDINBURGH

The official international award. SISD has been recognized as a DoE centre. The DoE is a program for young people, building their skills to equip them for life and work.

G8 - G12

3:45pm - 4:45pm



# Tuesday

## SPORTS



### RECREATIONAL VOLLEYBALL

This activity is open to all students. As our competitive season has ended, the focus on this session will be on being active and having an opportunity to play against their peers.

G6 - G12

3:45pm - 4:45pm



### U12/14 BOYS FOOTBALL

The SISD Football team will train & practice for DASSA competitions.

G6 - G8

3:45pm - 4:45pm



### U12/14 GIRLS FOOTBALL

The SISD Football team will train & practice for DASSA competitions.

G6 - G8

3:45pm - 4:45pm



### U16/U19 GIRLS BASKETBALL

The SISD Basketball team will train & practice for DASSA competitions.

G9 - G12

3:45pm - 4:45pm



### U19 BOYS FOOTBALL

The SISD Football team will train & practice for DASSA competitions.

G11 - G12

Morning



### U19 GIRLS FOOTBALL

The SISD Football team will train & practice for DASSA competitions.

G11 - G12

3:45pm - 4:45pm

# SECONDARY Internal ASAs



## Tuesday



### TABLE TENNIS

Explore table tennis with friends and have some light competitive fun!

**G6 - G12**

**3:45pm - 4:45pm**



### ATHLETICS CLUB

Join our Athletics Club for an exciting after-school experience! Whether you're a seasoned athlete or just looking to stay active, this club offers a range of activities designed to boost your fitness, improve your skills, and foster team spirit. From track and field to team sports, there's something for everyone. Come challenge yourself, make new friends, and have fun in a supportive environment. All skill levels are welcome!

**G6-G12**

**Morning & 3:45pm - 4:45pm**

# Wednesday



## WEIGHT ROOM

In Weight Room, you will learn the basics of strength training, including how to choose the right weights, how to perform exercises safely, and how to track your progress. You will also have the opportunity to participate in supervised work-outs, and to get feedback from experienced trainers. Whether you are a beginner or an experienced lifter, Weight Room is a great way to improve your strength and fitness.

G9 - G12

3:45pm - 4:45pm

## SPORTS



## U19 GIRLS FOOTBALL

The SISD Football team will train & practice for DASSA competitions.

G11 - G12

Morning



## U19 BOYS FOOTBALL

The SISD Football team will train & practice for DASSA competitions.

G11 - G12

3:45pm - 4:45pm



## U16 GIRLS BASKETBALL

The SISD Basketball team will train & practice for DASSA competitions.

G9 - G10

3:45pm - 4:45pm



## U16 BOYS BASKETBALL

The SISD Basketball team will train & practice for DASSA competitions.

G9 - G10

3:45pm - 4:45pm

# SECONDARY Internal ASAs



## Wednesday



### RUN CLUB

Are you looking for a challenging and rewarding after-school activity? Do you enjoy running and being outdoors? Then join Run Club This after-school activity is for students in grades 6-12 who are interested in running long distances. In Run club, you will participate in a variety of running events, including 5Ks, 10Ks, and run club meets. You will also have the opportunity to learn about the importance of fitness and healthy living. Whether you are a beginner or an experienced runner, Run club is a great way to improve your fitness, have fun, and meet other like-minded students.

G6 - G12

Morning



### U12/U14/U16/U18 SWIMMING (TRIAL REQUIRED)

The SISD Swim team will train & practice for DASSA competitions.

G6 - G12

3:45pm - 4:45pm

## Thursday

### CHESS CLUB



Do you love the challenge of chess? Do you want to improve your skills and learn from other players? Then join Chess Club! This after-school activity is for students in grades 6-12 who are interested in learning and playing chess. In Chess Club, you will learn the basics of chess, including how to move the pieces, how to checkmate your opponent, and how to develop your strategy. You will also have the opportunity to participate in drills and games, and to compete against other students. Whether you are a beginner or an experienced player, Chess Club is a great way to improve your skills, have fun, and meet other like-minded students.

G6 - G12

3:45pm - 4:45pm

### ECONOMICS WORLD CUP



Students will learn about the basics of economics, including supply and demand, market equilibrium, and economic growth. Students will also have the opportunity to participate in a mock economics world cup, where you will compete against other schools to solve economic challenges.

G6 - G12

3:45pm - 4:45pm

### ENTREPRENURSERY



Unleash your entrepreneurial spirit with “Entrepreneurery,” In collaboration with The University of Applied Sciences and Arts of Southern Switzerland and Swiss Entrepreneur Matteo Boffa, this exclusive club, led by our Commerce department, offers a hands-on journey from idea to market. Learn to nurture your ideas into full-fledged business plans through expert mentorship, and gain invaluable insights into product development, branding, and strategic planning. Students will have the chance to pitch their concepts to real investors and academics.

G6 - G12

3:45pm - 4:45pm

## Thursday



### UNILEVER CHALLENGE (INVITE ONLY)

Unleash Your Potential with Unilever!

Join us for an exciting after-school activity where you'll explore the world of sustainable business and innovation. Through fun challenges and hands-on projects, you'll discover how Unilever is making a positive impact on people and the planet. Learn about sustainable living, product development, and social responsibility.

G11 - G12

3:45pm - 4:45pm



### MEDICAL SOCIETY

Delve into the world of medicine with the Medical Society after school activity! Are you fascinated by the human body and the intricacies of healthcare? Do you aspire to pursue a career in medicine or simply want to expand your knowledge of this vital field? Then, the Medical Society after school activity is the perfect place for you!

G6 - G12

3:45pm - 4:45pm



### ARTS SOCIETY

Calling all creative minds!

Join the Art Society after school activity and explore your artistic talents in a fun and supportive environment. Unleash your creativity through a variety of art mediums, including drawing, painting, sculpting, and mixed media.

G6 - G12

3:45pm - 4:45pm

## SPORTS



### REC WATERPOLO

This activity is open to all students. As our competitive season has ended, the focus on this session will be on being active and having an opportunity to play against their peers.

G6 - G12

3:45pm - 4:45pm



### U12/U14/U16 BOYS FOOTBALL

The SISD Football team will train & practice for DASSA competitions.

G6 - G10

3:45pm - 4:45pm

# SECONDARY Internal ASAs



## Thursday



### U12/U14/U16 GIRLS FOOTBALL

The SISD Football team will train & practice for DASSA competitions.

G6 - G12

3:45pm - 4:45pm



### U16/U19 BOYS BASKETBALL

The SISD Basketball team will train & practice for DASSA competitions.

G9 - G12

3:45pm - 4:45pm

# Support activities

*Students who require additional support would be invited to join the Support ASAs. Parents do not need to sign up for these.*



## FRENCH B LANGUAGE SUPPORT

Support for French speakers - Offers additional support for non-fluent french speakers in listening, speaking, reading, and writing.

**Monday**

**3:45pm - 4:45pm**



## MATH & SCIENCE SUPPORT

Support for Math & Science subjects

**Tuesday**

**3:45pm - 4:45pm**



## GERMAN B LANGUAGE SUPPORT

This ASA will explore German for non fluent speakers!

**Thursday**

**3:45pm - 4:45pm**

العربية

## ARABIC LANGUAGE B SUPPORT

'B' - for non-fluent speakers.

Support for Arabic speakers - Offers additional support for arabic speakers in listening, speaking, reading, and writing.

**Thursday**

**3:45pm - 4:45pm**