



by sodex

					by Sovero
WEEK 1	MONDAY 2-SEP-2024	TUESDAY 3-SEP-2024	WEDNESDAY 4-SEP-2024	THURSDAY 5-SEP-2024	FRIDAY 6-SEP-2024
			VIETNAMESE DAY	Noodle Special Day	
Italian offer &	Fusilli Pesto Sauce	Hawaiian Chicken Pizza & Cheese Pizza	VIETNAMESE FRIED RICE NOODLE W/t MINCED BEEF BASIL	Shaanxi Stewed Pork Noodles	Spaghetti Beef Bolognaise
Promotion Day	Fusilli Tomato Provence Sauce	Mixed Vegetable Salad	VIETNAMESE BRAISED TOFU WITH QUAIL EGGS & SAUTEED GREEN VEGETABLES	Vegetarian Noodle Soup	Spaghetti Z-Rou Bolognaise
Asian From The Wok/Noodle Station	Red Tomato Egg Soup Steamed Fish Soy-sauce Sauteed Potato Carrot Custard Bun	Seaweed Soup Sauteed Sliced Chicken Mushroom Green Pepper Sauteed Green Vegetables (You Mai Cai) Rice	Korean Vegetable Soup Korean Fried Chicken Vegetables Light-fired Cauliflower Rice	Tremella lotus soup Roasted Chicken Lemon Grass Paste Stewed Radish Oyster Sauce Rice	Pork Meat ball & Radish Soup Fried Egg With Ham Vegetable Rice Sautéed Tomato & Egg Rice
Western Station	Potato Leek Soup Fried Chicken Pop Corn Sauteed Sour Cabbage Rice	Mushroom Soup Roasted Pork lion Onion Garlic Mushroom on top Fried Carrot & Baby corn Sauteed Vegetable Noodles	Creamy Tomato Soup Hot Dog(Pork Sausage) Roasted Potato Cubes Baked Beans	Broccoli Soup Roasted Diced Pork & Mushroom With Herb Ratatouille Roasted Sweet Potatoes	Pumpkin Soup Tandoori Chicken Mixed Vegetable Gratin Rice
Vegetarian	Z-Rou Beanballs With Gravy	Sauteed Vegetable Noodles	Mixed Bean Burger	Vegetable Wraps	Fried Vegetable Rice
PS-MS Sandwich	Ham cheese or Smoked Chicken	Tuna or Salami	Ham cheese or Smoked Chicken	Tuna or Salami	Ham cheese or Smoked Chicken
HS Sandwich	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar
Dessert	Carrots cake	Apple pie	Brownies	Bread pudding	English muffin





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WEEK 2	MONDAY 9-SEP-2024	TUESDAY 10-SEP-2024	WEDNESDAY 11-SEP-2024	THURSDAY 12-SEP-2024	FRIDAY 13-SEP-2024
			CHINESE DAY	Noodle Special Day	
Italian offer & Promotion Day	Penne Pork Carbonara sauce (Bacon & Mushroom)	Pork Salami Pizza & Cheese Pizza	BEIJING DUCK WRAPS & SAUTEED VEGETABLES	Chinese Noodle Pork Soy Bean Paste	Beef Lasagna
	Penne Tomato Provence Sauce	Mixed Vegetable Salad	MOONCAKES (RED BEAN PASTE)	Chinese Noodle Tomato Egg Sauce	Z-Rou Vegetable Lasagna
Asian From The Wok/Noodle Station	Minced Chicken Vegetable Congee Taiwan Three Cups chicken Onion & Garlic Sauteed Eggplant & Peppers Sweet Chili Sauce Rice	Dry-Shrimp Baby Cabbage Soup Roasted Teriyaki Chicken Light Stir-fried Vegetable Rice	Pumkin Millet Congee Soup Baked Pork Meatball Creamy Sauce Bean Sprout With Sweet Potato Noodles Rice	Sweet Sticky Ball With Egg Steamed Chicken with Mushroom Spinach & Onion Rice	Mixed Mushroom Soup Fried Pork stick Sweet Sour Sauce Sauteed Tofu & Mushroom Bamboo Shoot Fried Chinese Pancake & Vegetable
Western Station	Sweet-corn soup Roasted Pork lion & Mushroom Brown Sauce Poached Cabbage & Carrot Spring Rolls	Minestrone Soup Stewed Beef Italian Style Zucchini & Carrot Rice	Broccoli soup Roasted Chicken Drumstick Mixed vegetables Potato Mashed & Blueberry Sauce	Onion soup Grilled Pork Steak With Rosemary Sauce Cauliflower Gratin Rice	Potato & Leek Soup Curry Chicken Roasted Pumpkin Rice
Vegetarian	Pineapple Z-Rou Nuggets Vegetables	Fried Tofu Vegetable Stew	Z-Rou Ball Mushroom Sauce	Dry Tofu Mushroom Stew	Z-Rou Vegetable Lasagna
PS-MS Sandwich	Ham cheese or Smoked Chicken	Tuna or Salami	Ham cheese or Smoked Chicken	Tuna or Salami	Ham cheese or Smoked Chicken
HS Sandwich	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar
Dessert	Raisin Butter Cake	Chocolate Cake	Lemon Cake	Plain Muffin	Banana Cake





WEEK 3	MONDAY 16-SEP-2024	TUESDAY 17-SEP-2024	WEDNESDAY 18-SEP-2024	THURSDAY 19-SEP-2024	FRIDAY 20-SEP-2024
	1/69	Holiday	HAWAIIAN DAY	Noodle Special Day	
Italian offer &			HAWAIIAN ROASTED PORK	Beef Noodle Soup	Spaghetti Bolognaise Sauce
Promotion Day	Holiday		HAWAIIAN PINEAPPLE & HAM PASTA PINEAPPLE PUMPKIN SOUP	Vegetarian Egg Noodle Soup	Spaghetti Z-Rou Bolognaise
Asian From The Wok/Noodle Station			Winter-melon Dry Shrimp Soup Sauteed Chicken Mushroom Pasta Cauliflower & Tomato Sauce Rice	Zucchini Egg Soup Roasted Chicken Thai Style Poached Sichuan Cabbage (gai cai) Rice	Noodle Vegetable Soup Mu'xu Chicken w/t Egg Cucumber Sauteed Potatoes With Green Pepper Rice
Western Station			Creamy Carrot soup Roasted Sliced Pork Honey Mustard Sauce Spinach Quiche (Egg, Onion) Rice	Spinach Soup Beef Cottage Pie Green Pea Lotus Root & Carrot Rice	Creamy Pumpkin Soup Picata Chicken Provence's Grilled Vegetables Rice
Vegetarian			Vegetable Mushroom Pasta	Z-Rou Cottage Pie	Spaghetti Z-Rou bolognaise
PS-MS Sandwich			Ham cheese or Smoked Chicken	Tuna or Salami	Ham cheese or Smoked Chicken
HS Sandwich			Sandwich Bar	Sandwich Bar	Sandwich Bar
Dessert			Banana Muffin	Strawberry Cake	Orange Cake





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WEEK 4	MONDAY 23-SEP-2024	TUESDAY 24-SEP-2024	WEDNESDAY 25-SEP-2024	THURSDAY 26-SEP-2024	FRIDAY 27-SEP-2024
Italian offer & Promotion Day			FRENCH DAY	Noodle Special Day	
	Penne Carbonara sauce (bacon & mushroom)	Pork Pizza & Cheese Pizza	FRENCH SALAD NICOISE	Chicken Mushroom Rice Noodle Soup	Beef Lasagna
	Penne Tomato Provence Sauce	Mixed Vegetable Salad	FRENCH ROASTED SLICED POTATOESFRENCH BEEF PROVENCAL	Vegetarian Rice Noodle Soup	Z-Rou Vegetable Lasagna
Asian From The Wok/Noodle Station	Mushroom Bean curd Soup Jiang Bao Diced Duck Mushroom Vegetables Stewed Winter Melon W/t Dry Shrimp Rice	Tomato & Egg Soup Chinese Dumpling (Pork) Fried Dry Tofu Celery Rice	Sweet Corn Soup Stewed Pork Taiwan Style Braised Diced Tofu with Chive Rice	Hot-chili Soup Braised Chicken with Radish Carrot Poached Lettuce Oyster Sauce Steamed Twisted Rolls	Spinach Egg Soup Yu Xiang Rou Si (Chicken) Fried Cabbage & Agaric Rice
Western Station	Borscht (Luoʻ song) Soup Fried Chicken Fillet Montreal Baked Mini Potato & Broccoli Rice	Creamy mushroom Soup Roasted Chicken With Fresh Thyme Garlic Sauce Sweet Corn on Cob Rice	Creamy Tomato Soup Chicken Curry With Vegetable Buttered Mixed vegetables Baked Potato & Cheese	Onion Soup Pork Goulash Baked Sliced Pumpkin Rice	Minestrone Soup Stewed Creamy Chicken Mushroom Sautéed Vegetable Sticks Rice
Vegetarian	Jiang Bao Vegetable & Mushroom	Vegetarian Dumpling	Vegetarian Curry With Tofu	Z-Rou Vegetable Goulash	Z-Rou Vegetable Lasagna
PS-MS Sandwich	Ham cheese or Smoked Chicken	Tuna or Salami	Ham cheese or Smoked Chicken	Tuna or Salami	Ham cheese or Smoked Chicken
HS Sandwich	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar	Sandwich Bar
Dessert	Vanilla muffin	Peach Sponge Cake	Chocolate Cake	Apple Crumble	Banana cake