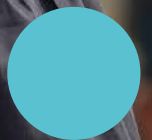
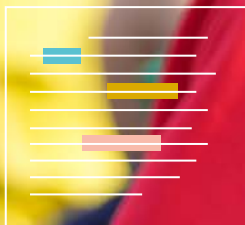
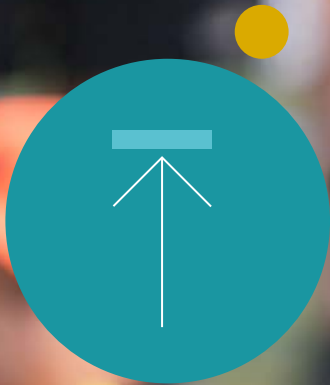




THE BRITISH INTERNATIONAL SCHOOL
SHANGHAI, PUXI
A NORD ANGLIA EDUCATION SCHOOL

ECA & BISCAP AT BISS

Your guide to our extracurricular offerings at BISS



Welcome to Our ECA and BISCAP Programmes!

Dear Parents and Students,

I am excited to welcome you to a new school year at the British International School Shanghai! As the Head of Activities, I am thrilled to introduce you to our amazing Extra-Curricular Activities (ECA) programme and the British International School Shanghai Charged Activities Programme (BISCAP). These programmes are designed to provide our students with enriching experiences that go beyond the classroom, helping them grow into well-rounded individuals.

There is plenty of research showing how important extracurricular activities are for our children's overall development. Not only do they boost academic performance, but they also enhance social skills, build self-esteem, and teach valuable life skills like leadership, teamwork, and time management. Through these activities, students learn to be creative and resilient, preparing them for future challenges. Additionally, participating in extracurricular activities helps students with university applications to top-tier Ivy League institutions.

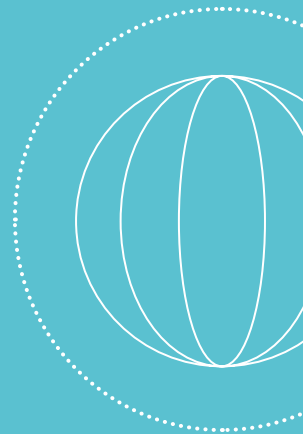
I want to extend a huge thank you to all our parents for your continued support and encouragement. Your involvement is key to the success of our ECA and BISCAP programmes, which have seen tremendous growth over the previous years from 935 students to a whopping 6562 students actively participating in the programme by week! By supporting these activities, you are not only enriching your child's educational journey but also contributing to their personal growth and development. Together, we can ensure that our students have the best opportunities to become confident, capable, and well-rounded individuals.

Thank you for being such an important part of our school community. Here's to a fantastic year full of exciting activities and memorable experiences!

Best regards,

Craig Williams

Head of Activities



IMPORTANT DATES FOR YOUR DIARIES

To help you plan ahead, here are some key dates for our ECA and BISCAP programmes this year 2024/25:

Term 1:

ECA & BISCAP Sign-Up:

Monday 19 August - Sunday 25 August

BISCAP EXPO: Friday 23 August

BISCAP FAIR: Saturday 24 August

BISCAPs EXPO: Friday 23 August

BISCAPs FAIR: Saturday 24 August

ECA & BISCAPs Start: Monday 2 September

ECA & BISCAPs End: Friday 13 December

Terms 2 & 3:

ECA & BISCAP Sign-Up:

Monday 9 December 2024 - Tuesday 31 December 2024

ECA & BISCAPs Start: Wednesday 15 January

ECA Ends: Friday 7 June

BISCAPs End: Sunday 9 June

OUR ECAS

Our ECA programme offers a wide variety of activities to suit every interest. Whether your child is passionate about sports, arts, academic clubs, or community service, there is something here for everyone. These activities are carefully planned and supervised by our dedicated BISS staff, ensuring a safe and supportive environment where students can explore and grow. See some of our ECAs below:

Athletics

Mindfulness & Meditation

Advanced Non-Native Dutch

BISS Senior String Orchestra

Chinese Artefacts Creation

Table Tennis

Canvas Painting

Cross-stitch

Mindful Colouring

Football

Musical Theatre

Reading Club

SDGs Korean Boardgames

T-Ball

Smarty Plants

Story Drawing Club

Netball

Student Voice

Educational Documentary

TED Talks

Warhammer

House Newsletter

Math Junior Club

Comic Club

Chinese Strategy Games

First LEGO League Robots Team

Steam with MIT

French Native Class

Playground Games

Crochet Club

Math Junior Club

French Native Class

Crochet Club

Basketball

Non-Native Dutch

KS2 Choir

Volleyball

Business Competition (ASDAN)

BISS Drama Studio

Secondary Drama Club

Extra SEN Sessions

Classic Boardgames

Guitar

Fundraising Committee

Mandala Drawing

Fabric Craft

Reading Corner

Science Club

Science Olympiads

MUN

Medical Club

Traditional Games Around the World

Secondary Orchestra

Clarinet

Chinese Cooking ECA

Junior MUN

Mindfulness Mark Making

Duke of Edinburgh International Award

Spanish for Native Speakers

Philosophy Club

Primary Orchestra

Debate Club

Paper Quilling

Games and 3D Puzzles

Share Bear

Senior Choir

Primary Drama Club

Gardening

LEGO Robotics

Rock Band

Animation Club

BioCom Club

Poetry Club

Scratch Mathematical Programming

Tanzania Expedition

Primary Public Speaking and Debate Club

BISCAP Programme

In addition to our regular ECAs, we have the BISCAP programme, which features specialized activities led by external experts. We are proud of the high quality of our BISCAP providers, who are all leaders in their fields. These experts bring in-depth knowledge and experience, offering advanced training and unique workshops that help our students dive deeper into their interests.

Welcome back to our existing external service providers:

ELOX RUGBY

DC BADMINTON

CFT VOLLEYBALL

BERLITZ CHINESE

MINGWU KUNG FU

BUSHIDO GIRLS' SELF DEFENCE AND BJJ

SCIENCE ACADEMY

MULTISPORTS GYMNASTICS

SETC TRIATHLON

SPOTLIGHT (LONDON ACADEMY OF
MUSIC AND DRAMATIC ART)



Introducing our new BISCAP external service providers:

LEGO KIDS CODING (MIT)

DANCEPLUS BALLET (Royal Academy of Dance)

LILYPAD KIDS YOGA & DANCE

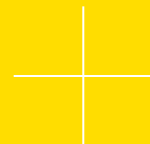
FD FOOTBALL ACADEMY

BREAKERS BASKETBALL

EP TENNIS ACADEMY

ROCKETMAN FENCING

MIGA GOLF ACADEMY



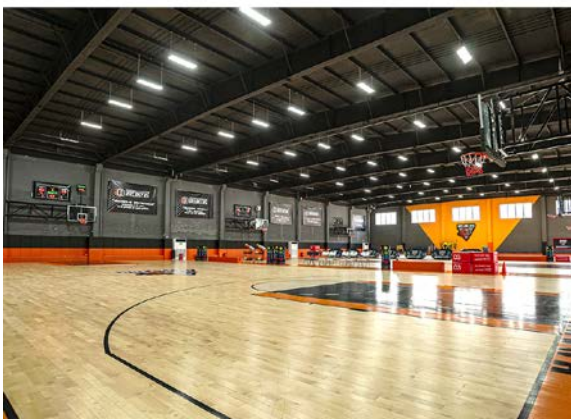
BREAKERS BASKETBALL

We are excited to introduce Breakers Basketball, our esteemed external service provider partnering with the British International School Shanghai to offer top-tier basketball training and development. Breakers Basketball boasts elite-level coaching staff who bring a wealth of experience and expertise to our students. Additionally, Breakers Basketball offers access to their state-of-the-art facilities just down the road, providing our students with exceptional resources to enhance their skills and enjoy the sport. With Breakers Basketball, students receive high-quality coaching and ample opportunities to develop their athletic abilities, teamwork and sportsmanship in a supportive and professional environment.

This partnership marks a significant step in enriching our school's athletic programme, ensuring that our students have access to the best training and facilities available in Shanghai. We look forward to seeing our students thrive under the guidance of Breakers Basketball, as they hone their basketball skills and cultivate a passion for sportsmanship and teamwork both on and off the court.



3块标准篮球场, 2块独立封闭私教区
 专属自有超3000平的高标准专业篮球馆
 CBA级双层龙骨木地板
 飞利浦篮球专用护眼照明
 荣获青浦区最佳人气球馆称号
 配有洗手间, 用餐区及免费停车场。
 储物观众台, 免费饮水机



DANCE PLUS

We are delighted to introduce DANCEPLUS, our esteemed external service provider dedicated to the complete ballet education of the Royal Academy of Dance (RAD). Established in 2012 by Mr. Liu Shining, the first Chinese dancer in the Royal Ballet and a former senior soloist with both the Royal Ballet and the English National Ballet, DANCEPLUS brings a wealth of expertise and passion to our students.

The teaching team at DANCEPLUS consists entirely of registered teachers of the Royal Academy of Dance. Their curriculum is systematic, standardized, rigorous, and professional, focusing on exploration and creation. By fostering interaction, they stimulate children's interest in learning and cater to different abilities and learning purposes, offering comprehensive dance education.

The ECA courses are tailored to different age groups. Ensuring safety, they engage students in completing basic skills, performances, rehearsals, and on-campus displays. With DANCEPLUS, our students receive top-tier ballet education, nurturing their talents and inspiring a lifelong love for dance.



GRADE
K-G5

NEW RECRUITMENT FOR BALLET TROUPE

The British International School Shanghai

Taught by **RAD** Registered Teachers

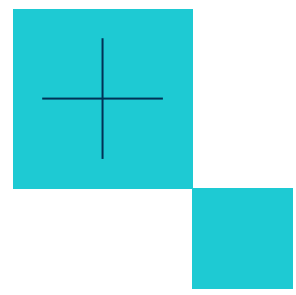
HIGHLIGHTS

- Specialized Teaching
- Systematic Specification
- Diverse Curriculums
- Performance Opportunities
- Holistic Development
- Supportive Environment

DANCEPLUS 华漕艺术中心

扫一扫上面的二维码图案，加我为朋友。

ELOX SPORTS SHANGHAI



We are excited to introduce YMCE Rugby Club and ELOX Sports, our esteemed partners dedicated to enriching our students' athletic experiences. YMCE Rugby Club, renowned for its commitment to rugby excellence and youth development, will host engaging sessions every Sunday. Led by experienced coaches, YMCE Rugby Club instills a passion for rugby while emphasising skill development, teamwork, and sportsmanship.

During the week, our students will benefit from Rugby and HIIT (High-Intensity Interval Training) BISCAPs (British International School Shanghai Charged Activities Programme) facilitated by ELOX Sports. ELOX Sports brings expertise in delivering dynamic training programs that enhance fitness levels and overall athletic performance. Their innovative approach combines rugby-specific skills with high-intensity workouts, providing our students with a well-rounded athletic education.

Together, YMCE Rugby Club and ELOX Sports offer comprehensive opportunities for our students to excel in rugby, develop physical fitness, and cultivate essential life skills. We look forward to a rewarding partnership that supports our students' holistic growth and athletic achievements.



EP TENNIS ACADEMY

Established in 2020 by Edoardo Persichetti, EP Tennis Academy brings over 10 years of tennis coaching expertise across China and internationally. Our mission is to deliver the highest level of tennis training for all ages while nurturing a deep-seated love and passion for the sport among our students.

Aligned with the rigorous standards set by the International Tennis Federation (ITF), our approach ensures each player engages in age-appropriate activities and receives personalised instruction to enhance their psychomotor skills. Through dynamic drills and engaging games, students not only master tennis fundamentals but also develop a genuine enthusiasm for the sport within a supportive learning environment.

At EP Tennis Academy, we offer two distinctive programmes at BISS Puxi: the Extracurricular Tennis Activity programme and the Performance Tennis programme. The Extracurricular Tennis Activity programme focuses on enjoyable activities that promote skill acquisition and overall growth, emphasising psychomotor development.

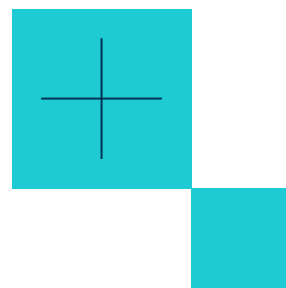
For students aiming to elevate their game, our Performance Tennis programme provides tailored coaching sessions designed to improve technique, tactics and match readiness. Guided by Head Coach Edoardo Persichetti, former ATP player Arman Harutyunyan, and our team of international coaches, this programme adheres to ITF and FIT standards. It emphasises tactical awareness, mental resilience and effective match strategies through intensive training sessions and simulated match scenarios, empowering students to excel in competitive play.



EP TENNIS ACADEMY
Roma, Italia



BUSHIDO BRAZILIAN



We are pleased to introduce our Girls Self Defence and Brazilian Jiu-Jitsu (BJJ) classes, offered through our esteemed external service providers. These classes are designed to empower our female students with essential self-defence skills and promote physical fitness, confidence and personal safety awareness.

Led by expert instructors with extensive experience in martial arts and self-defence training, our Girls Self Defence programme focuses on practical techniques tailored to real-world scenarios. Students learn effective strategies to protect themselves while developing assertiveness and resilience.

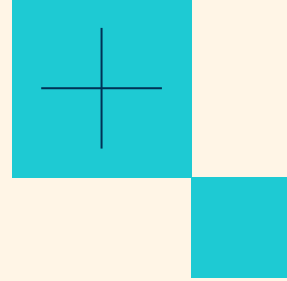
In parallel, our BJJ classes provide a comprehensive introduction to this grappling martial art known for its effectiveness in ground combat. Taught by skilled practitioners, the programme emphasises technique, leverage and mental agility, making it suitable for all skill levels.

These classes not only equip participants with valuable self-defence skills but also foster a supportive environment where girls can build strength, camaraderie and self-esteem. We are committed to providing a safe and inclusive space where students can grow both physically and mentally through martial arts training.

We look forward to seeing our students thrive in these empowering and educational classes, setting a foundation for lifelong wellness and personal safety.



DXL SCIENCE ACADEMY



Welcome to Science Academy, a pioneering STEAM education company under the management of DXL, dedicated to delivering exceptional science after-school courses to international and bilingual schools since 2016. Discover, Experiment, Learn (DXL) was founded with a mission to introduce STEAM education across China, led by a team of international STEAM educators and experts.

At Science Academy, we specialise in providing cutting-edge STEAM education covering physics, geology, environmental science, biology, chemistry, space, technology and engineering to students aged 4-12 years old. Our curriculum, developed over eight years, is tailored to match the cognitive and developmental levels of young learners. Each engaging lesson, lasting up to 90 minutes, is structured into multiple 10-15-minute segments, featuring demonstrations, discussions and hands-on activities that bridge the gap between theoretical concepts and real-world applications.

Beyond fostering a passion for science, our programmes emphasise social-emotional learning through activities that promote teamwork and presentation skills. Additionally, every lesson includes a take-home component, enabling students to reinforce their learning and share their discoveries with family and friends.

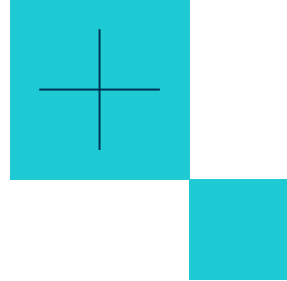
Term 1 Course Offerings:

- Science of Materials
- Basic Electronics
- Electric Charges
- Cooling Fan
- Motors 1
- Conductive Slime
- Sensors
- Robots, Automation, & RCDs 1
- Robots, Automation, & RCDs 2
- Detective Science
- Synthetic vs. Natural
- Wrap Up

Join us at Science Academy for an enriching journey of exploration and discovery in STEAM education. We look forward to inspiring and nurturing young minds through our dynamic and comprehensive science programmes.



FD FOOTBALL ACADEMY



Introduction to FD Football Academy

At FD Football Academy, we provide a platform and supportive, rewarding environments for players of all levels to reach their highest potential. Serving as the gateway for talented individuals aspiring to excel, we emphasise the crucial balance between education and sports.

Mission Statement

FD Academy is committed to being the premier professional youth sports organisation, enhancing the skills and self-image of players of all ages and abilities. Through quality coaching, a comprehensive curriculum, and a safe, challenging environment, we instil values and character that foster responsible individuals both on and off the field.

FD Football Academy at BISS

FD Academy brings quality football training to students at BISS and the wider community. Our programmes are tailored to each student's current level while challenging them to continually improve. With a proven track record in developing young talent, we prioritise player motivation, growth and enjoyment.

The Football Programme

Focused on players aged 5 to 17 years old, FD Academy's programme at BISS aims to cultivate creativity and a winning mentality while nurturing positive character traits. Our player-centred curriculum encourages freedom of expression and sound decision-making on the field, prioritising personal development alongside athletic skills.

Coaching Team

Our experienced and qualified coaching team is dedicated to delivering premier training, setting high standards, and creating a safe, challenging environment. Committed to unlocking each player's fullest potential, our coaches hold various coaching badges from around the world and bring diverse cultural perspectives to our training approach.

Core Values

Throughout our training sessions, FD Academy emphasises core values such as Family, Excellence, Passion, Competitiveness, Integrity, Discipline, Respect, Leadership, Humility and Responsibility. These values form the foundation of our coaching philosophy, guiding players in both their athletic and personal growth journeys.



MULTISPORT GYMNASTICS

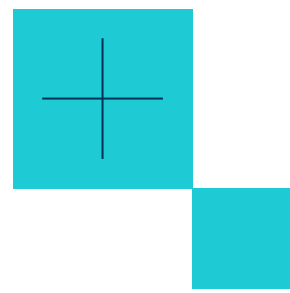
Welcome to MultiSport Gymnastics, where we offer a comprehensive programme designed to build a strong foundation not only in gymnastics but also in all other sports. Our programme focuses on developing agility, balance, coordination, and speed — essential elements for athletic success across various disciplines.

Catering to gymnasts aged 3 to 16 years old, our curriculum ensures that all participants, regardless of their level, enhance their body awareness, strength, flexibility, control and coordination. Through structured and engaging activities, children develop 'physical literacy' from an early age, laying the groundwork for a lifelong journey of physical activity and potential excellence in sports at elite levels.

At MultiSport Gymnastics, we are dedicated to nurturing each child's athletic potential and promoting a love for movement and fitness. Join us as we empower young athletes to achieve their goals and cultivate skills that extend beyond the gymnasium.



KIDS CODING COURSES



Welcome to our innovative children's programming education programme, designed to prepare young minds for the challenges of the digital age. In today's tech-savvy world, mastering programming languages goes beyond acquiring skills - it opens doors to limitless opportunities. Our programme offers three dynamic courses tailored to different age groups.

Kids Coding Robot Course

For aspiring innovators aged 7 to 11, our Kids Coding Robot Course serves as a catalyst for curiosity. This course immerses students in simulated real-world scenarios, where they construct robots for diverse applications and animate them through programming. Focused on developing hands-on and problem-solving skills, proficient students can aspire to compete in esteemed events such as the World Robot Olympiad or FIRST LEGO League in the future.

Kids Coding Scratch Course

As students (aged 9 to 12) progress, our Kids Coding Scratch Course delves deeper into visual programming with Scratch. Here, students craft their own animations and games, fostering essential logical and abstract thinking abilities crucial for navigating the digital landscape.

Kids Coding Python Course

Designed for ages 11 and above, our Kids Coding Python Course bridges the gap between Scratch and Python. Guided by our esteemed instructor, Steven Gu Shiwen, a MIT-certified coding professional and internationally recognised maths educator, students receive unparalleled mentorship. Under his guidance, students can excel in competitions and earn recognition from prestigious institutions.

In our programme, students not only acquire fundamental coding skills but also understand its pivotal role in shaping artificial intelligence. This prepares them to thrive in the AI-driven world of tomorrow. Join us on this transformative journey, where creativity converges with technology, and every line of code sparks boundless possibilities.



LILYPAD KIDS DANCE & YOGA

We are pleased to introduce Lilypad, our dynamic external service provider offering a diverse range of activities including yoga, hip hop and Chinese dance.

Lilypad brings expert instructors who are passionate about their craft and dedicated to providing high-quality instruction. Through Lilypad's engaging and creative programmes, our students can explore various forms of movement and expression, promoting physical fitness, cultural appreciation and artistic development.

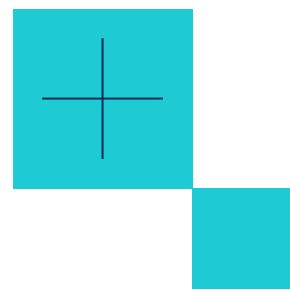
Whether it's finding inner peace through yoga, expressing creativity through hip hop or embracing tradition with Chinese dance, Lilypad offers enriching experiences that contribute to the holistic growth of our students.



MIGA GOLF



MIGA



Michael International Golf Academy (MIGA) is an International Golf Academy based in Shanghai and co-founded by Scottish PGA Professional and China golf pioneer Michael Dickie.

Established in 2014 - MIGA has become the leading golf academy institution in the Eastern China region. With 5 locations throughout the Shanghai region, MIGA provides the best facilities with "green grass" championship golf course access and inner-city convenient locations along with leading hi tech analysis equipment.

Michael is a well-known personality in China golf circles, having served as the Head Coach of the China Olympic Team in preparation for the Rio 2016 Olympics. Michael has coached and developed many of China's leading players such as Li Hao Tong, Lin Xi Yu, Shi Yu Ting, Li Jia Yun, Zhang Yu Yang to name a few. In recognition of his contributions to China golf coaching, Michael was awarded the esteemed high honour of China's Best Coaches by respected golf media Golf Digest USA.

MIGA boasts an International Coaching team with PGA Professionals from all over the world and with a strong background and expertise in Junior Development, MIGA has created its own holistic 5 stage Junior Development Program, adhering to our core belief and philosophy: 1: Learn, 2: Train, 3: Compete - MIGA provides the full pathway and each step of the journey nurturing the golfer from beginner to winner.

MIGA is positively active in growing the game by providing after school's golf programs and Schools Golf Team creation and management for many of the leading International Schools in Shanghai. Our holistic 5 step Junior Development Program has been implemented all over Shanghai and has reached over 5,000 golfers!

MIGA is proud to be of service to you and offers a warm welcome to all golfers! Please scan our QR code to learn more and discuss how we can help you better enjoy this great game!



MINGWU KUNGFU

Welcome to Mingwu Kungfu, dedicated to providing quality Kungfu education at international schools in Shanghai since 1995. Our journey in international Kungfu education is rooted in three core values: health, happiness and heritage. Through the practice of Kungfu, we aim to foster strong physical fitness in children, instilling in them a sense of joy and resilience that extends beyond our training sessions.

At Mingwu Kungfu, we believe in the importance of understanding and respecting traditional cultural heritage. This knowledge not only enriches the practice of Kungfu but also empowers children to navigate confidently in today's globalised world.

Kungfu at Mingwu embodies more than just a skill or sport—it embodies a philosophy. Our teachings are guided by three fundamental Kungfu principles: “Open your body, mind and soul through Kungfu,” paving the way for Kungfu's evolution into the future. We provide platforms for students to showcase their skills through performances and encourage them to participate in Kungfu grading examinations, celebrating their progress and achievements.

Join us on a journey of physical and mental exploration through the study of Kungfu. We look forward to welcoming you to our classes!

About the Instructor

Xue Chen, a graduate of the Shanghai Institute of Physical Education, brings a wealth of expertise to Mingwu Kungfu. Before embarking on his teaching career, Xue Chen underwent rigorous assessments of his Kungfu proficiency and completed extensive training in teaching techniques, child psychology, educational practices from around the world, and classroom management. With over a decade of experience teaching Kungfu and Taekwondo at international schools, Xue Chen has earned praise from both parents and students alike for his dedication and skilful instruction.



ROCKETMAN FENCING



Welcome to Rocketman Fencing, your gateway to the exciting world of fencing at the British International School, Shanghai. Led by experienced coaches and dedicated to fostering a love for the sport, Rocketman Fencing offers dynamic programmes designed to develop both skills and a competitive spirit.

Students participating in our BISCAP can look forward to exclusive opportunities, including competing in prestigious events such as the Fencing International School Championships held annually in Shanghai, Jiangsu or Guangzhou. Additionally, our programme prepares students for national competitions for primary and secondary school students in Shanghai, occurring multiple times each year. For those aiming higher, we also prepare participants for the Asia Pacific Youth Fencing Classic held annually in Hong Kong.

Join Rocketman Fencing and embark on a journey of skill development, camaraderie and competitive achievement in the thrilling sport of fencing.



SPOTLIGHT

Welcome to Spotlight Theatre School, Shanghai's premier performing arts centre dedicated to nurturing creativity and confidence in children and young adults. Founded with a passion for the performing arts, Spotlight aims to empower students to become dynamic performers both on stage and in life.

At Spotlight, we prioritise our students' growth and development, offering bespoke courses tailored to children of all abilities. Through our comprehensive curriculum, which includes acting, singing and dancing, students are encouraged to explore and express themselves in a supportive and stimulating environment. We believe in the transformative power of the arts to build self-esteem and foster a lifelong love for creativity.

Our partnerships with prestigious vocational schools and universities in the UK, such as LAMDA (London Academy of Music & Dramatic Art) and Guildford School of Acting, allow us to enrich our programmes with expert-led workshops and professional insights. These affiliations provide a pathway for students interested in pursuing vocational studies in the performing arts.

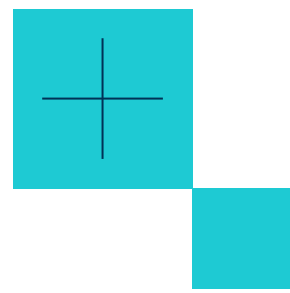
Led by a team of industry professionals and senior LAMDA Examiners, Spotlight ensures excellence in training across all disciplines. Our instructors bring a wealth of experience from leading vocational schools worldwide, ensuring that each student receives the highest standard of education.

Whether your child is taking their first steps on stage or honing their skills for advanced performance, Spotlight Theatre School offers a range of programmes designed to inspire and challenge. From our Musical Theatre courses to Public Speaking and Youth Theatre productions, each course encourages creativity, confidence and personal growth.

Join us at Spotlight Theatre School and discover the joy of performing arts education where every student can shine brightly on stage and beyond.



SETC

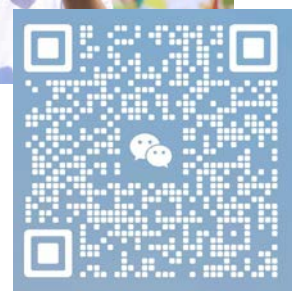
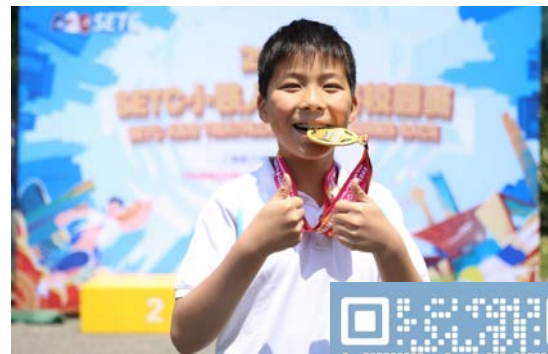


Welcome to the Shanghai Elite Triathlon Club (SETC), a pioneering force in the promotion and development of Youth Triathlon programmes across China since 2016. Our club is dedicated to offering top-tier triathlon training under the guidance of certified coaches, aimed at enhancing athletic and technical performance in cycling, running, and swimming disciplines.

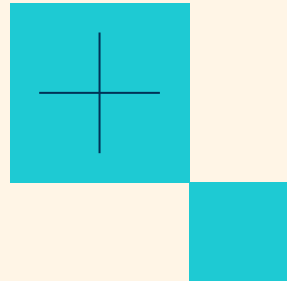
At SETC, we understand that fostering a love for the sport is essential. We integrate fun and engaging activities into our training sessions to ensure that children not only improve their skills but also thoroughly enjoy the process. Our approach emphasises participation and enjoyment, prioritising the journey of personal growth and accomplishment.

Throughout the year, we organise mini competitions designed to provide opportunities for our young athletes to showcase their progress and celebrate their achievements. Our goal is to instil a lifelong passion for triathlon by prioritising fun, camaraderie and personal development.

Join SETC and embark on an exciting journey of triathlon training where every child can thrive and discover the joy of multisport athletics.



CFT VOLLEYBALL



We are thrilled to introduce CFT Volleyball, our exceptional external service provider that has elevated our school's volleyball programme to new heights.

Through their passion and expert coaching, CFT Volleyball has significantly grown our programme, nurturing our students' talents and fostering a love for the sport. Their dedication is evident not only in the improved skills and teamwork of our players but also in the impressive tournaments they host at BISS, in which our students have competed and excelled.

With CFT Volleyball, our students receive top-tier training and opportunities to shine on the court, contributing to a vibrant and successful volleyball community at our school.



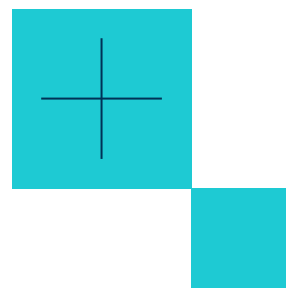
BERLITZ CHINESE



We are delighted to introduce Berlitz Mandarin, a renowned external service provider partnering with the British International School Shanghai to offer exceptional Mandarin language learning opportunities.

Berlitz has a long-standing reputation for delivering high-quality language instruction through immersive and interactive methods. Their experienced instructors and proven teaching techniques ensure that our students gain a deep understanding of Mandarin, enhancing their linguistic abilities and cultural appreciation.

By participating in Berlitz Mandarin classes, students can develop valuable language skills that will benefit them academically and personally, preparing them for a global future.



DC BADMINTON

We are pleased to introduce DC Badminton, our esteemed external service provider dedicated to enhancing our students' skills and passion for badminton. With a deep involvement in the badminton industry in Qingpu District for many years, DC Dynamic Sports has collaborated with numerous international schools over the past nine years, including British schools, American schools, Nord Anglia, Taiwan Business School, Singapore International School, and the German French School. Their extensive experience has helped schools achieve excellent results, offering extracurricular classes and team training on campus.

Expert Coaching Team

DC Badminton is led by a team of experienced coaches, including national athletes from China, Taiwan, India, Indonesia, and Malaysia. These coaches, who range from first-class to second-level athletes, bring a profound understanding of the sport and have rich teaching experience. Their classes are designed to be both international and engaging, providing interest and enlightenment to students of all skill levels.

Comprehensive Training Programmes

DC Badminton offers comprehensive training programmes tailored to various skill levels and age groups. Their structured approach focuses on technical proficiency, strategic gameplay, and physical conditioning. The course content includes warm-up activities, physical training, swing footwork, multi-ball training, competitive confrontation, and stretching exercises.



Benefits of Playing Badminton

Engaging in badminton with DC Badminton provides numerous benefits for students. It helps in exercising children's persistent willpower, establishing their desire for correct values, and improving their nervous system. Additionally, it enhances visual sensitivity, alleviates myopia, prevents cervical spondylosis, promotes blood circulation, and strengthens limb agility and strength. The sport also coordinates agility of hands and feet, enhances waist and abdominal muscles, and serves as excellent full-body exercise.

Optimal Training Facilities

Located conveniently near our school, DC Badminton provides access to modern facilities equipped for optimal training experiences. Through their guidance, our students not only improve their badminton abilities but also develop invaluable qualities such as sportsmanship, teamwork, and resilience. DC Badminton's partnership with us ensures that our students have the opportunity to excel in badminton and enjoy a fulfilling athletic journey.

