



Extracurricular programme 2024-2025



COLLÈGE DU LÉMAN
International School · Geneva



Introduction

At Collège du Léman, we provide our students with a holistic education that extends beyond traditional academics. Our goal is to help them discover and develop their strengths, inspiring them to be their best selves.

We want to create an inclusive and supportive environment that fosters personal growth, skill development, social connections, and academic excellence. We take great pride in our exceptional extracurricular programme, designed to cater to the diverse needs of our school community and encourage students to explore their interests and talents outside of the classroom.

We offer a wide range of extracurricular options as well as immersive private lessons for students of all ages. Whether it's engaging in sports, participating in the performing arts, joining the student council, enrolling in academic clubs, honing language skills, immersing themselves in art, or attending various social events, we have something for every student.



With over 100 options available, ranging from horse riding, students can pursue activities they are passionate about, push beyond their limits, and discover hidden talents. Moreover, our extracurricular activities play a vital role in fostering essential skills such as collaboration and teamwork. They empower our students to embrace their individuality and expose them to new learning experiences that broaden their horizons.

We are excited about the upcoming year and look forward to supporting your child on their journey of discovering their talents and exploring new interests.

To download our **2024/25 extracurricular schedules, detailing days, times, and pricing**, and to **register your child for activities, private lessons, or Childcare Plus**, visit cdl.ch/extracurricular or scan the QR code provided.



Romolo Calvini, Senior Extracurricular Manager
on behalf of the Extracurricular Team





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PRIVATE LESSONS

A person wearing a black t-shirt is seated at a desk, with a stack of papers in front of them. The background shows a wooden desk and a wooden chair, suggesting a classroom or study environment. A dark blue horizontal bar is overlaid on the image, containing the text 'PRIVATE LESSONS' in white, uppercase letters.





Academic

The Extracurricular Department supports the students' education by offering a programme of private academic lessons. Our private tutors are in regular contact with the students' schoolteachers to define the areas of development and the goals of the lessons, allowing them to target the students' needs. Private teachers write a short report at the end of each marking period, which is shared with the parents of each student.

The Private Lessons programme can also be an opportunity to learn a language that is not necessarily part of the students' curriculum, such as German, Spanish, Portuguese, Arabic, or Italian.

For Primary students, tutoring can be given in the form of homework support, allowing them to review their lessons and acquire effective learning strategies.



Whether your child wishes to overcome difficulties in a specific subject, improve their learning to follow a particular degree programme, or develop their skills in preparation for an exam or a competition for college admission, private lessons can provide personalised assistance that considers the students' specific needs and objectives.

Private lessons are given by qualified teachers with experience in individual and group teaching. Our tutors have a deep knowledge of the programme, digital learning resources, and other curriculum materials. Language courses are taught by native teachers with teaching qualifications.

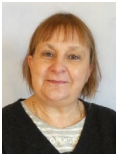
For students preparing for the International Baccalaureate, private lessons are given by specialised teachers who have in-depth knowledge of the IB programme, are familiar with the requirements of this study track and know how to give their students the keys to success.

French

French private lessons are aimed both at students of French mother tongue and students who study French as a foreign language. Depending on the student's needs, they cover respectively the four basic language skills (reading, writing, speaking, and listening) for French learners while native speakers follow the Swiss or French curricula. Depending on the student's pathway, the focus can be more specifically directed towards exam preparation, such as DELF and DALF exams for those who study French as a foreign language, or French Baccalauréat and Swiss Maturité for students in the francophone programme. A wide variety of teaching resources are used, from playful materials for the youngest students to textbooks and digital tools for the older ones.

Our French teacher

Danièle Oldereide



Danièle holds a master's degree in French language and literature from the University of Oslo and a Bachelor of Arts in English from the Université de la Sorbonne. With over 32 years of teaching experience, she has taught all levels, from primary grades to Baccalauréat exams. She brings enthusiasm to her lessons, constantly encouraging and motivating her students.

English

Depending on the student's needs and goals, lessons are designed to help learn English either as an additional language or with a focus on English literature for mother-tongue students. EAL classes can cover all language levels from A1 to C2, that is from the basic use of familiar everyday expressions to a level close to that of a native speaker. At every stage, grammar, vocabulary, and pronunciation are adapted to the student's proficiency level. For anglophone students, courses generally follow curriculum instructions and are directed towards literary analysis, summaries, and essay writing. Complex grammatical structures are approached as well as a more elaborated use of vocabulary. Exam preparation classes for international students (IELTS etc.) are available upon request.

Our English teacher

Laurie Viard



Laurie obtained her "agrégation" in English and Spanish from the University of Liège and received her Swiss equivalence in 2021. Passionate about languages and literature, she has taught French as a Foreign Language in Spain and England. Laurie supports students of all ages and levels, assisting those aiming to advance in English and offering help with literary studies and all language skills, including listening, speaking, reading, writing, and grammar.

Arabic

Arabic, one of the oldest languages still spoken, is today the first language of more than 400 million people. Developed within a very rich civilization, Arabic is, along with the five other languages, part of the official languages of the United Nations. Our school offers lessons for students who are complete beginners as well as for students who have an advanced level or are native speakers.

Our Arabic teacher

Samah El Habib



Having graduated from the Faculty of Legal and Political Sciences of Tunisia, Samah El Habib has been teaching for 25 years and in 2009 she became a specialist in teaching the Arabic language. She has a vast experience in teaching learners of all ages, children, teenagers, and adults, in different school systems both public and private and for different associations.

Chinese

Chinese is said to be one of the languages of the future. Whether you are interested in Chinese tuition as a supplement to a school curriculum or as an independent course, we can help you reach your goals. Our teacher is qualified to work with students of different ability levels, from beginner to advanced and native speakers. Lessons can follow the French or English curriculum, depending on the student's section.

Our Chinese teacher

Liru Nowakowski



Liru has been working as a Mandarin teacher at Collège du Léman since 2009, teaching all levels in the Anglophone and Francophone Secondary School programme. Liru actively promotes the Chinese language and culture within the school. In addition to this experience, she has been preparing students for the HSK qualification at various levels.

Spanish

Private lessons are for both students who are fluent in Spanish (native speakers) and students who are studying Spanish at school. For the native speakers, classes focus on literacy, intending to develop and improve students' skills and knowledge of their home language and culture, through a variety of resources. For those students who are studying Spanish at school, classes concentrate on oral and written communication skills, covering all levels from beginners to advanced.

German

German is one of the three official languages in Switzerland. Speaking German at a proficient level is a real asset in an international environment. Our department offers German lessons tailored to your needs: whether you're preparing for final exams (Swiss Maturité or French Baccalauréat) or you need help to improve your speaking skills, private lessons can provide a solution. Our general language tuition or exam preparation covers the six reference levels, from A1 to C2 and follows the school curriculum.

Our German teacher

Ana Andrec-Garotti



Ana, with a background in Economics, Marketing, and Communication, has worked internationally in Geneva and Paris. Passionate about languages and German literature, she's spent the past decade teaching German. Ana excels in building trust with students and parents, focusing on impactful education. Her skills in behaviour management and dedication ensure her students consistently achieve academic success from levels A1 to B2.

Russian

Like the other modern languages courses, Russian tuition exists for non-native students, often specifically intended for students who have chosen the Russian option for their Baccalauréat (preparation of the oral exam project and preparation for the written exam) or can be designed for native speakers in which case courses are oriented on advanced training and upgrading of linguistic abilities (spelling, syntax, vocabulary, etc.).

Our Russian teacher

Irina Lobova



Born in Ukraine, Irina Lobova has lived and studied for 22 years in Russia and abroad. A lover of languages, she began teaching Russian and French in Ukraine and has continued here in Geneva for the last 16 years in various schools and online. Irina is also known for creating and illustrating several Russian language teaching and learning resources.

Italian

These lessons are mainly aimed at those who want a personalised, 'tailor-made' course that suits their needs in terms of both language and timetable flexibility. The programme is based on the student's needs and aims to facilitate the student's integration into the context in which he or she works. However, systematic work on the four language skills is envisaged, through didactic proposals that respect the different cognitive styles, following a humanistic-affective approach, playful methodologies, comprehension, and production activities that are stimulating and fun..

Math & Science

In Mathematics and Science, private teachers accompany students to enhance their achievements, fill in potential gaps, gain self-confidence and more generally develop a positive attitude towards these subjects. Courses follow the school curriculum and are delivered either in French or English, depending on the students' section. From basic arithmetic rules to probability, statistics, and trigonometry all levels and chapters are covered so students can advance their abilities and interest in scientific fields. Depending on students' needs, classes can be strictly curriculum-based or remedial lessons to assist students struggling with a specific topic.

Our Math & Science teachers

John Clarke • Math for English Section



John Clarke is an advocate of international education and serves as an IBDP Examiner for Mathematics. He has extensive experience in teaching Mathematics and Physics across curricula in the UK, US, France, and Switzerland. John specializes in IGCSE, A/S Levels, Oxbridge Entrance, Open University, AP AB/BC Calculus, Physics, Statistics, and IB Mathematics and Physics.

Jacques Delcourt • Maths for the French section



Jacques has been teaching Mathematics in the French-speaking section at the CDL since 1973, at all levels both for French Bac and Swiss Maturity sections, mainly to grades 10, 11 and 12 in recent years. He was the Head of Department and during all these years he has gained great experience in teaching Mathematics.

Sonia Natale • Physics and Mathematics (English and French)



Sonia holds a PhD in Astroparticle Physics from the University of Geneva and a Master's in Particle Physics from the University of Rome. An expert in experimental Astroparticle Physics and silicon detectors, she contributed to the AMS-02 experiment on the NASA ISS at CERN. Sonia is a scientific speaker involved in CERN outreach and education programs. She also teaches high school Physics and Math, advocating for early scientific education to inspire students.

Laure Moinat • Chemistry, Mathematics and Science (English and French)



Laure is a PhD student and researcher at the University of Geneva in applied physics and climatic physics. For many years, Laure has been teaching mathematics, chemistry, and physics for Swiss Maturité, French Baccalauréat and IB students. Laure is perfectly bilingual and gives her lessons in French and English.



Music

Piano, violin, saxophone, cello, guitar, drums, voice... a wide choice of instruments is available, from Pre-school to Secondary school. Collège du Léman is supported by professional musicians who love sharing their knowledge.

Our music teachers have extensive experience in education. They guide beginners and those looking to improve, preparing students for ABRSM exams. Private lesson students are encouraged to participate in recitals throughout the year.

Primary and Secondary students can join various extracurricular music groups. For more details on group activities, visit cdl.ch/extracurricular.

ABRSM

The Associated Board of the Royal Schools of Music (ABRSM), established in 1889, is a leading exam board for music examinations in over 90 countries, offering exams for more than 35 instruments, voice, ensemble, and theory.

Why take an ABRSM exam?

These exams are entirely voluntary but are a good goal to aim for, for students who have instrumental or voice lessons. The assessments are designed to motivate students of all ages and levels, giving them a series of realistic goals and tangible rewards for their achievements.



Practical Exams

These exams incorporate four individual components:

1. Play three pieces from the grading syllabus. Each piece is marked out of 30. The pass mark is 20.
2. Scales, arpeggios, or broken chords. These are marked out of 21. The pass mark is 14.
3. Sight-reading. The student is presented with an unseen piece, has up to 30 seconds to prepare, and then must play to the best of his or her ability. Sight-reading is marked out of 21. The pass mark is 14.
4. Listening and musical perception are tested by the examiner through a series of exercises played on the piano. This is marked out of 18. The pass mark is 12.

The exams are marked out of 150, where 100 is a pass, 120 is a pass with merit, and 130 is a pass with distinction.

Music Theory Exams

A pass at Grade 5 or above in Music Theory must be obtained before candidates can enter for Grades 6, 7 or 8 Practical exams. ABRSM believes that a thorough understanding of the elements of music is essential for full and satisfying performance at these higher grades. Grades 1 to 5 Music Theory exams are now being held online every month.

All instrumental lessons incorporate some theory instruction. However, students wishing to pursue a theory exam (especially at the Grade 5 level) may wish to speak to Extracurricular to request tutoring for specific exam preparation.

How to enter for ABRSM exams

Private lesson teachers are responsible for recommending students for the exams. Parents must return the completed "Associated Board of the Royal Schools of Music Exam Registration Form 2022–2023" to the ABRSM Coordinator by the due date. The entry fee should be submitted, either in cash or by an agreement to have it added to the student's account.

For any further information, please contact Ms Jessie Hosti, the ABRSM coordinator.

ABRSM Theory Lessons Grade 5 (1 hour)

Extracurricular is pleased to offer a new programme of 10 lessons where all components of Grade 5 music theory will be taught, and exam preparation will be covered extensively through Weekly or intensive music theory lessons. Grade 5 Theory is a requirement for sitting practical instrumental or singing exams above Grade 5. This is particularly suited to young musicians who have passed their ABRSM practical exam at Grade 4 or higher.

Piano

Beginners lessons

Piano lessons for beginners focus on exploring the instrument, basic rhythms, note reading and elementary technique. For preschoolers, colours and games are used. Solfège is integrated into practice and 4-hand pieces are played to teach the joy of music. The aim is to have fun while learning.

Intermediate lessons

For students who have been playing for at least 2 years, intermediate courses cover more complex pieces and technique maintenance. Styles include classical, jazz, pop and film music. Repertoire is chosen according to the student's interests and abilities and can be adapted to their preferences. For more advanced students, the choice of repertoire is chosen after discussion with the teacher.

Advanced Lessons

Advanced courses are for technically skilled students with an established repertoire. They play longer pieces, learn to overcome stage fright, and focus on musical interpretation, advanced technique and concert repertoire. Lessons include tips for effective practice at home.

Music Theory

Music theory is integrated with instrumental lessons to enhance performance. Additional theory lessons may be required to deepen knowledge, especially for higher levels and ABRSM exams and are available upon request.

Duration

The duration of lessons varies according to the level and motivation of the student. For younger students, lessons are generally 30 minutes. Older or advanced students can have sessions of 45 to 60 minutes, with the possibility of taking more than one lesson per week if necessary.



Our piano teachers

Claire Charles



Claire Charles was trained as a pianist and cellist at Birmingham Conservatoire, UK and then as a Secondary School Music teacher at Cambridge University. She has worked in 4 different countries and has British and Swiss nationality. She is also the Pastoral Head for Grade 7. Claire believes that Music is vital for student wellbeing, encouraging exploration of emotion, good communication, collaboration skills and perseverance. She is very involved in the local music scene plays in 2 orchestras; directs CDL Community Choir and Geneva Community Choir; sings in a church choir and plays in a string quartet.

Main music styles: Classical

Languages spoken: English native speaker, French DELF B2

Jessie Hosti



Jessie Hosti is an experienced piano teacher with a master's degree in music from Pembroke College, University of Oxford. She has taught extensively in the U.K. and France before teaching in Switzerland. Passionate and patient, she enjoys bringing out a child's full musical potential through a diverse variety of repertoire. She is experienced in ABRSM music preparation (practical and theory).

Main music styles: Classical, modern, and jazz

Languages spoken: English and French and Mandarin (Chinese)

Thomas Bingham



Thomas has over 5 years of teaching experience in both private and group settings. He graduated Magna Cum Laude from the Berklee College of Music master's program in film composition. He studied musicology and music theory at the University of Geneva and Geneva Haute École de Musique. Dynamic and patient, he blends classical training with modern repertoires. Thomas teaches piano improvisation and ear training and composes for multimedia projects, including the Oscar-nominated film 'Flee' (2021). He also works as a piano and organ accompanist for various choirs in Geneva.

Languages spoken: English & French

Frederic Bager



Frederic Bager began piano studies early, attending the Lausanne and Geneva Conservatories, Wells Cathedral School, and the Royal College of Music and Royal Academy of Music in London. A prize-winner at both conservatories, he was awarded an honorary DipRAM and studied song accompaniment with Roger Vignoles. He has performed internationally at prestigious venues and festivals, including the Berlin Philharmonie and Davos Festival, and on Swiss classical radio Espace 2. An active chamber musician and accompanist, Frederic also teaches privately, drawing on his diverse experience to inspire students and value their individuality

Languages spoken: English & French

Nathalie Effenberger



Nathalie is an organist at the Versoix church. She graduated from the HEM with a master's degree in music, after completing her studies in philosophy at the University of Geneva. She has been teaching piano and organ for several years alongside her concert activity. She also teaches classical dance in Geneva and coordinates original projects involving music, dance, and improvisation. Classically trained and attracted by different musical styles, she also works on jazz, orchestral reduction, song and film score adaptations. A strong believer in improvisation, she regularly gives film-concerts on a variety of instruments.

Languages spoken: English and French

Huaqi Li



Huaqi Li graduated from the Shanghai Conservatory of Music. Having taught there for several years at pre-college level she has vast experience in preparing students for competitions and for admission exams into professional curriculums. Mrs Li has obtained two Masters in piano performance and piano pedagogy from the Geneva Haute école de musique (HEM), under the renowned professor Dominique Weber. During her career, she has performed in many solo recitals, chamber ensemble concerts and was a soloist of the HEM orchestra during a tour in China as well as being a scientific collaborator for the “Swiss-Sino Musical Talent Study” project, funded by the Swiss National Science Foundation. Styles: Classical or as required.

Languages spoken: Chinese Native Speaker, French C1 and English

Violin

Beginners Lessons

Violin lessons for beginners focus on learning how to read and learn the notes. Students are taught the correct technique for playing, including how to hold the bow, using all fingers to play a piece and the correct use of the mechanisms of the right and left hand. Students will develop their intonation.

Intermediate Lessons

Intermediate to Advanced lessons are designed for students who master intonation in first, second and third position and wish to play in tune. More complex techniques are taught such as musical phrases as well as vibrato, spiccato, sight-reading, intervals and how to change positions.

Music Theory

Music theory is taught together with the practical, but with limitations due to the limited amount of time. For primary students, it is usually taught at school during music lessons. For middle and high school students who don't have an intermediate level, the theory is reinforced in the violin lesson.

Repertoire

Students can sometimes choose their repertoire, usually when the pieces are not above their technical level, but in general, the teacher chooses the repertoire depending on the level and skills required by the piece which is going to be played.

Duration

The duration of classes varies depending on the level of the student and considering their age.



Our violin teachers

Anna Orlik • Violin



Graduated with the highest distinctions from the Royal Academy of Music in London, the International Menuhin Music Academy in Switzerland and the Chopin University of Music in Warsaw, Anna Orlik has performed as a soloist with the orchestra or in recitals, in Europe, Africa and South America. From 2012, Anna has been sharing her experiences that she gained from world-class artists such as Maxim Vengerov who was her teacher and mentor and other pedagogues with the new generation of young musicians in Warsaw, London and currently Switzerland.

Main music styles: Classical

Languages spoken: English, German, Polish and French

Ana Sofia Gonçalves • Violin



Ana Sofia began her bachelor's degree at the University of Minho in Portugal, studying with Ilya Grubert and Eliot Lawson, and completed her studies at the Haute École de Musique de Lausanne with renowned professors Ilya Gringolts, Sergio Schwartz, and Yuuki Wong. She has performed in the "Jeunes Virtuoses de New York" Chamber Music Festival and collaborated with Denver Cities International. Ana Sofia participated in masterclasses with prominent musicians like Ani Schnarch and Pavel Vernikov, and worked with various orchestras including the Orchestre de Chambre de Lausanne and Sinfonietta de Lausanne. She has experience teaching students of all ages and levels, tailoring her lessons to their individual needs.

Languages spoken: English, French, Spanish and Portuguese

Constantin Macherel • Cello



Laureate of national and international competitions, Constantin Macherel has had the chance to perform concerts in Switzerland, France, Italy, the UK, Germany, Austria, the Czech Republic, Romania, and Lithuania. He has been a solo cellist for many orchestras such as St. Petersburg Taurus's state orchestra, London Mozart Players, Carlsbad Symphony Orchestra, Geringas chamber orchestra, Aarau Sinfonieorchester, Orchestre OQPL, Léman virtuosi, Ensemble Stanislas, Sonoro quartet. Constantin's debut CD has been awarded the prestigious 5 Diapasons and has been played on major radio stations such as New Public Radio, France Musique, Bayerische Rundfunk, Rai Italia, and NDR Radio to name a few. His cello of choice is a cello by Joseph Hill made in London c. 1765.

Languages spoken: English

Guitar

Beginners Lessons

Guitar lessons for beginners cover the basics of the instrument and the fundamentals of music, including musical notation, chords and tablature. A brief history of the guitar and its musical styles are also covered. The aim is to create an appreciation of music by playing easy versions of songs in different styles (classical, flamenco, blues, jazz, rock, pop) and to train the ear with simple melodies.

Intermediate Lessons

Intermediate courses consolidate basic knowledge and develop style, listening to other musicians, and group playing. For classical guitarists, pieces by influential composers are studied. At this level, students can start soloing on the guitar.

Advanced Lessons

Advanced courses improve technique and fretboard knowledge, teaching intervals, complex chords, rhythmic structures, modes, arpeggios and extended chord harmony. Sight-reading in both the classical and tablature form may be used as well as the use of a metronome to develop rhythmic precision.

Music Theory

Basic music theory is taught to all students and can be extended to advanced levels upon consultation with parents. Solfege is approached through easy songs and melodies for beginners. Intermediate and advanced students need to study a minimum of music theory to progress.

Duration

It is recommended that lessons last 30 to 45 minutes for children under 8 years of age and for students over 8, a one-hour class is preferred for best results.

Our guitar teachers

Yalcin Hasancebi • Guitar (classical, bass, jazz, rock), ukulele



Yalcin Hasancebi has taught guitar to children and adults for over 18 years. He holds an MA with honors from the Jazz Masters Programme at BAU University. Combining teaching with his professional guitar career, Yalcin started with rock music and later focused on jazz, collaborating with many renowned artists and bands in Turkey and abroad. He aims to motivate his students and ensure they have fun. Yalcin also prepares students for The Royal Academy and the London School of Music (Levels 1-8).

Main music styles: Classical, Jazz, Rock and Latin

Languages spoken: English, German and Turkish

Laurent Nigg • Electric guitar and acoustic guitar



Laurent has 15 years of experience as a teacher in individual and group lessons. He is also a performer in many bands and a songwriter.

Main music styles: Rock, Folk, Metal, Jazz and Blues

Languages spoken: English, French, Spanish and German

Voice

Voice lessons are designed to help students discover and/or improve the use of their singing voice and develop better use of their spoken voice which is a life tool that will be useful for their presentations and conferences at school and later in their professional careers. Students will discover the wide vocal repertoire in different musical styles. A typical lesson consists of two parts: Vocal technique (breathing exercises and vocalizations) and work on pieces and songs of different styles (analysis, vocal technique development, interpretation).

Half of the pieces are chosen by the student. The teacher proposes the other half to help students discover other musical styles. The repertoire is always adapted to the level and the progress of the student.

Our voice teachers

Alfredo Lavalley • Choral ensemble and voice teacher for individuals



Alfredo Lavalley has a degree in baroque singing from the Centre of Ancient Music (Geneva Conservatory). He has also earned degrees in choir conducting from Lausanne Conservatory, Milano Choral Academy, the Secretariat of Children's Choirs of Catalonia, and training in Innovative Choir Leading techniques at the Royal Conservatory of Music, Alborg, Denmark. He conducts five choral ensembles in Geneva's area, leads choral workshops and teaches in his private voice studio since 2001.

Main music styles: Vocal, Choral (Baroque, Classical, Pop and World Music)

Languages spoken: English, French, Italian and Spanish

Lucie Goater • Group Choir and voice teacher for individuals



Lucie Goater graduated with a postgraduate diploma from Trinity College of Music in London and has been teaching singing in the UK and Switzerland for over 10 years. Lucie has experience in teaching primary schoolchildren as well as coaching students through exams and inspiring students who study singing for the confidence and wellbeing benefits it enables. Lucie prides herself on inspiring a love of music of all genres through song.

Styles: Classical, Musical Theatre, Pop or Folk

Language Spoken: English

Drums

Beginners Lessons

Drums lessons for beginners focus on basic techniques (how to hold drumsticks, play the bass and snare drums), reading, playing notes for drums, and playing simple charts.

Intermediate Lessons

Our intermediate lessons are designed for all those who master simple drum chart reading and can play the basic drum styles (rock, swing, waltz, 6/8) and wishes to advance into improvising and playing more sophisticated styles and songs.

Advanced Lessons

Advanced lessons teach more sight-reading, improvising, and playing special time signatures (7/8, 5/4, 9/8...)

Music Theory

For drums, music theory is simpler than for pitched instruments (piano, guitar...) but there is a certain amount of theory necessary to play the drums successfully.

Repertoire

Students are encouraged to suggest songs and styles they would like to learn, but the teacher does have a repertoire ready for them to play.

Duration

The duration of classes is determined only by the amount of time a student desires. Lessons must be 30, 40, 45 or 60 minutes long.

Our drum teacher

John Kirby Bivans • Drums



Kirby Bivans has worked as a professional musician for most of his life in the US. Drums and teaching are his passions, and he is happy to teach the younger ones what he has learned along the way.

Main music styles: Pop, Rock, Folk, Country, Classical, Jazz and Latin

Languages spoken: English and French





Trumpet

Beginners Lessons

A music lesson for beginners focuses on sound production, student position and note reading.

Intermediate Lessons

Our intermediate lesson focuses on expanding sound amplitude and managing notes with rhythms.

Advanced Lessons

Advanced lessons focus on interpretation, and sound according to the repertoire and instrumental technique.

Music Theory

Basic Music theory is automatically taught during the lesson. Students must know a little bit of theory to understand the scale for example.

Repertoire

Students can choose their repertoire, but the teacher does have material for the students too.

Duration

The duration of classes varies depending on the age and the level that the student wants to reach.

Our trumpet teacher

Raphaël Hugon • Trumpet and music theory



Raphaël Hugon has been teaching the trumpet and directing wind orchestras for over 20 years in various music schools around Geneva. He studied at the Superior Conservatory of Music in Geneva. He specialised in the teaching and practice of wind instruments.

Main music styles: Classical and Jazz

Languages spoken: English and French



Art

Beginners Lessons

Art lessons for beginners focus on basic skills such as holding a pencil correctly and drawing shapes accurately whilst having fun. It helps students to develop their knowledge in the application of the correct colours and visual elements, according to the objective of the image and what they want to communicate through their artworks.

Intermediate Lessons

Our intermediate lessons are for all those who master skills taught in the curriculum and wish to draw or paint with accuracy and find their style. At an intermediate level, students develop their knowledge and skills based on classic techniques and artistic movements such as impressionism, expressionism, surrealism, Byzantine period, and abstract painting, among others.

Advanced Lessons

Advanced lessons allow students who are interested in the IB programme or art-oriented students to expand their knowledge and perfect their craft in more specific themes of their choice. Students develop their artistic proposals and style, learn techniques of mixed media, how to use and prepare different supports for painting and how to exhibit their works.

Art Theory

Art Theory will always be briefly integrated as the art lessons are structured and planned accordingly. Art theory will also be used as a guide to explain and solve



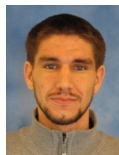
aesthetic and technical problems as the students progress in their artistic projects. The students will learn about art theories through the topics, concepts and techniques worked on in class.

Topics

The teacher will always be prepared and suggest a theme, however, there will be the flexibility that allows students to suggest their theme if it is related to the objectives of the activity and complies with the application of concepts and discussed techniques.

Our arts teachers

Sylvain Habersaat



Sylvain Habersaat grew up in Geneva before attending university in New York, where he studied art and education. He has been teaching art at CDL for the past five years, mostly developing new activities for the extracurricular programme from Pre-school to Secondary school. He specialises in realistic drawing and surrealistic painting and enjoys finding new ways to teach young artists to develop their drawing or painting skills and, more importantly, their creativity. Each student expresses their ideas differently. This is why private lessons are more beneficial for art, as the teacher can guide better, and emphasize personal skills, style, and above all, make art fun as it is always accommodated.



Wellbeing

Physically active students tend to have better grades, school attendance, and cognitive performance (e.g., memory). Not only can exercise help with concentration and focus but also with mental health. It can reduce stress and anxiety and help with mood and sleep.

Our Wellbeing classes are designed to foster a healthy and active lifestyle. Through engaging and enjoyable weekly sessions, the instructor will guide and support students in developing their physical abilities, enhancing their overall fitness, and promoting a positive mindset.



Our teacher

Linda Gaion • Fitness Instructor and Nutrition Consultant



2 possibilities:

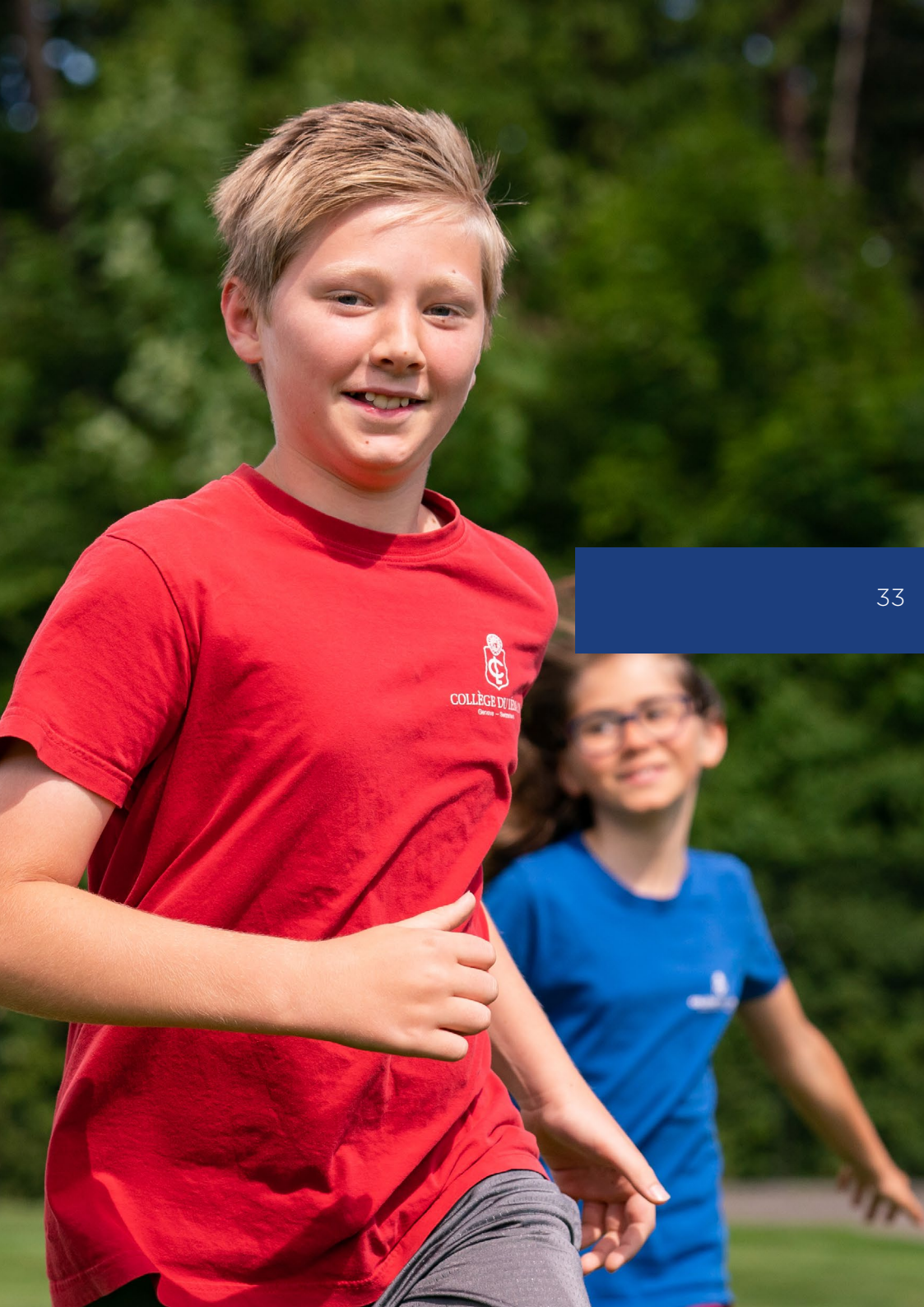
Individual courses

Group lessons for 2 to 5 students

These group classes are more playful, set with music, and target the gluteal and abdominal muscles.

ACTIVITIES







Pre-school

Art world

PS2-PS3 | English and French

This class will be a great way to creatively explore concepts and themes learned in regular classes. In this course, the students will develop their reflection capacity and problem-solving skills in a fun way. They will interact with new and recycled materials through which they will learn different artistic techniques and the vast options that the art world offers them. Each activity will be adapted to the ages, needs, and abilities of the students.



Baby basket

PS1-PS3 | English and French

Baby Basket is a team activity whose main objective is to contribute to the development of coordination and motor skills through sport. This activity uses basketballs to develop the dissociation between the lower and upper limbs and right and left. Playing baby basketball will allow children to discover their body and what they can do with it, for example jumping and throwing at the same time. Baby Basket is a disciplined sport which will encourage sharing, teamwork, and team spirit.

PS1: During these lessons, children will learn how to move their bodies, how to catch a ball and how to reach the basket. They will begin to work on balance, speed, and spatial orientation. Fun is at the heart of the training which will allow them to develop their creativity and imagination.

PS2-PS3: These lessons will develop the movements needed to play basketball. Children will develop their motor skills whilst working on basketball drills such as running, jumping and ball work. Lessons are designed to be fun whilst teaching the importance of communication and team spirit.

Classical dance

PS2 | English and French

In this introductory course, children start learning movements and positions that gradually introduce them to classical dance. In the beginning, they focus on becoming aware of their bodies and awakening their senses. The course includes fun exercises led by the teacher to stimulate their imagination, improve flexibility, and develop grace. They also learn about the concept of space and explore different rhythms to enhance their musicality. Additionally, they learn to recognize different musical moods and tones. Towards the end of each class, the children have 5 minutes of improvisation to let their creativity flow. However, we always consider the age of the children and their limitations. Throughout the course, we place importance on teaching the fundamental values of classical dance, such as discipline, maintaining a positive attitude, and practising active listening. Mutual respect for everyone in the class is also emphasized. Understanding and embracing these core values are crucial for a successful dance class.

PS3 | English

Through our “Pre-school Dance” and “Primary Dance” programmes, your child will learn the basics of classical ballet, including improvisation and performance, using fun and imaginative ideas. Pre-schoolers will start their year by learning “Pre-school Dance” ballet, as well as free exercises, stretches and imaginative ideas. Movements include leg stretching, galloping, running, pausing, etc. At the end of each term, parents are invited to an “open studio” and will have the opportunity to attend a performance of selected exercises. In the middle of the year, students will learn “Primary Dance”, moving from circle work to line dancing. Towards the end of the year, children will perform their last “open studio” showing a selection of exercises with an element of performance.



Childcare

PS0-PS3 | English and French

The Pre-school section offers the opportunity to entertain, monitor and supervise children after the end of class. Children will be engaged in different Activities such as social games, walks, time for rest etc...

Cooking

PS2-PS3 | English and French

The cooking activity aims to promote development and learning. Cooking is not only a fun, engaging activity for children but one that has been used for years as an important teaching and development tool for all ages. Cooking helps children develop pride and confidence in their skills and abilities. The act of cooking by recipe encourages autonomy and independence, while also teaching children to follow directions. Physical development: chopping, squeezing, spreading, and mixing are all cooking skills that help develop a child's fine motor skills and hand coordination. Cooking inspires children's curiosity, creative thinking, and problem-solving by offering new opportunities to make predictions and observations.

Emotions & Debate

PS3 | English and French

Emotions are part of life, they come and go, like clouds in the sky...

This workshop helps children learn to manage their emotions in an enjoyable manner, using straightforward techniques they can incorporate into their daily routines. Charlie the Frog King guides us in recognizing, expressing, and accepting our emotions. We share our feelings, play games, relax, do movement exercises, and discuss various topics such as happiness, friendship, and nature. Learning to manage our emotions enables us to thrive, feel good, and succeed at school, as well as cope with anxiety. It cultivates numerous qualities such as attention, empathy, concentration, tolerance, and kindness. Most importantly, it helps you understand yourself better and build self-confidence. It's a valuable gift that will benefit you throughout your life!

Gymnastics ABC

PS2-PS3 | English and French

This course will allow for the discovery of floor and apparatus gymnastics (balance, suspension, rotations) in the form of fun courses and tactile discovery.

Objectives: Development of psychomotricity, coordination, and enjoyment

Judo ABC

PS2-PS3 | English and French

The goals of this activity are to contribute to the development of motor skills and coordination, the awareness of the child's body in space along with respect for their body and that of others in a healthy and playful environment. Our team of instructors, officials of the Swiss Judo Federation, Swiss Olympic, Youth & Sports members and of Vaud and Geneva Cantonal Associations, share their knowledge and their passion for this art.

Wearing a Kimono is compulsory for the practice of this Martial Art, which will be provided from the second lesson, certified and embroidered with the image of the BSA school, for an amount of CHF 60.

Mini Football

PS3 | English and French

This course introduces Mini Football players to all sorts of fun games including the necessary motor skills and coordination needed to learn the basic movements of football. Students will contribute to a team dynamic and gain an understanding of the individual within a group. Respect will be the key factor in the lesson.

A personalised football kit is included in this package.

Mini Tennis

PS2-PS3 | English and French

For children who want to learn the basics of tennis in a fun atmosphere, this is a fun-filled introduction to tennis using eye-hand and motor skills games and activities. Beach balls, foam tennis balls, and other teaching aids are used. The group size is limited to 4 students and the class lasts 30 minutes. Children need to provide their own tennis racket (19-21 inches).

Petit chœur du Léman

PS2-PS3 | English

Petit Choeur du Léman provides an uplifting experience where very young child can express themselves through singing. This is a fun and educational choir where children will develop their musicianship and passion for music in a positive and nurturing environment through the power of singing. Singing in a choir develops self-esteem and confidence. Let your child experience the magic of being part of a community of voices. A desire to sing and a willingness to learn are essential! Parents can look forward to the opportunity of watching the Petit Choeur perform during their open studio.

Ponies and nature discovery

PS2-PS3 | English and French

Your child will develop listening skills, gain self-confidence, and learn to interact with animals comfortably. Children will learn how to respect basic safety rules during grooming and riding lessons. In the beginning, your child will exercise how to improve balance when riding a horse and how to follow the rhythm of movement of the animal. During grooming lessons, your child will learn about the tools and techniques used for keeping the horse clean and healthy. We will explain how to feed the ponies and the type of food that will be given. Teachers will assess the child's respect for the safety rules. The exercises on the pony will focus on the techniques of rising trot, being lunged on the pony by a monitor, guiding the pony while walking (straight, right, and left circles...), and stability exercises. The teachers will evaluate the child's progress in horse riding and grooming techniques based on their active participation and attitude. Additional contact with other animals like dogs, cats, birds, and plants is part of the instruction programme. A certificate will be provided at the end of the course.



Rugbytots

PS1-PS2 | English and French

Rugbytots Geneva is a team-based activity focused on developing coordination and motor skills through sports. It is a fun and non-contact activity around rugby for toddlers where we learn to share and socialise.

Siesta

PS0-PS1 | English and French

This option is reserved for PS0 & PS1 children who are having a nap in the afternoon.

Street dance

PS3 | English and French

The activity introduces different styles of street dance such as break dance, house, locking etc. Students will discover the different types of music and movements that are at the base of each style, learning how to bounce, lock and freeze! The class will allow students to work on coordination, strength and musicality through fun exercises and games.

40

Swimming Red Whale

PS1-PS3 (From 3.5 years old) | English and French

At Red Whale, we ensure that swimming classes are fun, effective, and something to look forward to! We only teach in small groups, a maximum of 7 children per teacher, depending on the level. Our teachers are always present in the water, to provide personal attention and make children feel safe and comfortable. Lessons take place at our warm water pool in Bellevue, which is the first and only custom-built pool in Switzerland for children's swimming lessons.

The proven learn-to-swim programme that we adopted is organized into levels that gradually introduce necessary competencies. Children move through the levels as they develop new skills. All children learn in the same sequence, but at different speeds, which is perfectly normal. We believe that with ample patience, encouragement, and repetition all children can become good swimmers!

Equipment: Swimsuit, towel, hat, goggles.

Our levels

1. Platypus

Entry Criteria: Be at least 3 years old and comfortable with separating from parents to follow basic instructions from a teacher.

Primary objective: Building confidence in the water without an accompanying parent.

2. Sea otter

Entry Criteria: Ability to fully submerge their head for 3 seconds when asked.

Primary Objective: dog paddle for 5m and take at least two breaths.

3. Crocodile

Entry Criteria: Ability to dog paddle for 5m and take at least two breaths.

Primary Objective: Torpedo kicking for longer distances.

4. Penguin

Entry criteria: Ability to maintain a strong sustained kick with head in the water for 7m.

Primary Objective: Swim crawl with straight arms (5m) and backstroke with straight arms (5m)

5. Seal

Entry criteria: Ability to perform crawl and backstroke with straight arms for 5m (breathing not required).

Primary Objective: Swim a controlled crawl with breathing on one side.

6. Dolphin

Entry criteria: Ability to perform controlled crawl (with breathing) and backstroke for 10m.

Primary Objective: Swim 20m controlled crawl, backstroke, and breaststroke with correct technique.

7. Shark

Entry criteria: Ability to swim 20m controlled front crawl, back crawl, and breaststroke.

Primary Objective: Swim all 4 styles.

8. Red Whale

Entry criteria: 100m front crawl, back crawl, breaststroke, and 10m butterfly.

Primary Objective: Preparation for competition.

World of magic

PS3 | English and French

In collaboration with the biggest magic school in Europe “L’Ecole de Magie de la Côte – The Two Dragons Magic School”, a fabulous magic class is available for Pre-school kids! Children will be introduced to the secrets of magicians and, in addition, develop presentation skills. They will learn simple yet impressive magic tricks and how to effectively present them. The development of their posture, voice, audience control, and storytelling abilities will become fantastic skills that will serve them throughout their lives.



Primary • Sports

Acrobatic gymnastics

Grades 4-5 | English and French

Introduction to apparatus, floor exercises, and acrobatics (mini trampoline). Comprehensive circuits and targeted exercises to enhance overall fitness. Progressive circuits to enhance skill development. Objectives: Coordination, courage, basic elements of acrobatics, sequences of gymnastic elements. Opportunity for participation in an internal and external competition at Collège du Léman.

Artistic gymnastics

Grades 1-3 | English and French

This program offers a fun introduction to gymnastics through circuits. Participants will learn gymnastics movements on the floor and apparatus, and explore various types of gymnastics like rotations, acrobatic approaches, jumps, suspensions, supports, and more. The main objectives are to improve coordination, motor skills, flexibility, agility, and strength.



Basketball

Grades 1-5 | English and French

The activity is first and foremost considered recreational. It is open to boys and girls regardless of their level or experience. After a warm-up, students will focus on the development of skills and strategy, followed by games. A personalised sports kit is included in this package.

Football mixed

Grades 1 | English and French

This recreational activity welcomes girls and boys of all skill levels, with groups formed accordingly. After a warm-up, students will develop skills and strategies, followed by games. A personalized football kit is included.

Football Boys and Girls

Grades 2-5 | English and French

This activity is first and foremost considered recreational. After a warm-up, students will focus on the development of skills and strategy, followed by games. Some of the activity participants may be selected for inter-scholastic competitions. A personalised football kit is included in this package.

Second training for Grades 3 to 5: Days to be confirmed, from 12:30 p.m. to 1:15 p.m.

Horse riding

Grades 1-5 | English and French

Dress code: Comfortable trousers and rubber riding boots or walking shoes with mini-chaps. Helmets and safety jackets are provided by the stables.

Horse Riding Introduction

Introduction objectives: Approaching the pony, putting on a halter, putting on the saddle and the bridle, and basic grooming.

- Revise safety rules
- Practice bringing the pony/horse out and into the box
- Rising trot on the lunge
- Guide the horse (walking)
- Improve riding position and balance during riding and ease horse movements
- Techniques to prevent unexpected horse reactions
- Safety rules in group lessons

Theory: Food, Anatomy of the horses (basic), Type of horses, Illness

Practical riding: For children who are confident during the first period for rising trot free without lunge. The others will go on with the trot on the lunge during the second period.

Target: Prepare the horse (brushing, taking care of the hoofs, preparing saddle, bridle), go in and out the box with the horse, apply safety rules when riding in a group, ride free and drive the horse/pony by rising trot.

Horse Riding Beginners

Preparation of the horse/pony, applying brushing techniques, taking care of hoofs, checking the horse, double checking equipment (belt saddle, bridle)

- Learn how to go in and out of the box with the horse and how to present the horse in the riding hall in a group (safety rules)
- Revise the basic rules for rising trot
- Sit on the trot, suspension in the trot
- Improve balance techniques as the exercises are getting more demanding
- Recognize the correct diagonal at the trot
- Introduction to canter
- Simple dressage arena pattern exercises

Theory: equine coat colours, nutrition elements, anatomy

Testing: knowledge of previous elements

Target: Learn how to canter. Execute the dressage arena pattern exercises correctly.

Horse Riding Intermediate

- Preparation of the horses
- Revise trot and base exercises
- Check and improve balance in view of easy jumping exercises.
- Initiation of canter and learning to canter on the good lead
- Testing canter capabilities
- Theory: some subjects of the Brevet Fédéral
- Jumping up to 60 cm.
- Simple dressage arena pattern exercises

Target: Trot and canter at the correct diagonal, correctly execute dressage pattern exercises, jumping 60 cm over and verticals

Horse Riding Advanced

Note: only riders who have achieved the capabilities of riding easy jumping courses and having sufficient dressage are admitted to this group

- Revise basic dressage
- Riding gymnastic exercises for the preparation of jumping
- Jumping: over and vertical 60 cm to 100 cm (for jumping riders)
- Jumping course for jumping riders

Dressage: Develop and execute a Dressage Program FB (Swiss system) for dressage riders

Advanced Theory

Target: Practice and improve jumping courses and/or dressage courses. Preparation in view of the different types of Swiss licences of jumping and dressage.

A certificate of attendance or/and certificate of excellence will be handed out.

Judo

Grades 1-5 | English and French

Judo is a Martial Art. It allows students to improve their techniques, with an approach to individual and team competition. Particular attention will also be paid to ethics and respect for themselves and their classmates. Our instructors, officials of the Swiss Judo Federation, Swiss Olympic, Youth & Sports members and of Vaud and Geneva Cantonal Associations, will share their knowledge and passion for this art.

The team of Budo Schools Ashita makes every effort to support children, in multisport courses, and official national and international competitions; for those who want it. Wearing a Kimono is compulsory for the practice of this Martial Art. From the second lesson, we will provide your child with a Kimono, certified and embroidered with the image of the BSA school for CHF 60.

Netball

Grades 3-5 | English

Netball is a fun, non-contact team game, which consists of running, jumping, throwing, and catching a ball. It is easy to learn and an excellent way to keep fit, as well as improve coordination and teamwork skills. During these sessions, students will learn the basic rules of netball (if they don't already know them) through play. Each session will start with a warm-up, leading into specific ball skills activities designed to improve catching and throwing, followed by games. Students could have the possibility to progress into a CDL netball team, although the main aim of the game is to have fun! Sportswear and sturdy sports shoes are required.

Running club

Grades 2-5 | English and French

The running club will be an opportunity for students to train for an hour each Friday afternoon. It will involve a warm-up, some stretching then a variety of training methods, from a nice gentle jog to intensive hill sprints. Enjoy the camaraderie of our running club and start your weekend off with a bang.

Swimming Aqua Lud'eau

Grades 4-5 | English and French

Equipment: Swimsuit, towel, hat, goggles.

Our skilled instructors will be present to teach your children this comprehensive sports activity. During the first session, the instructors will evaluate your children's abilities and place them in the appropriate level. The levels range from the discovery level to an advanced level. To progress to the next level, each child's learning will be assessed through a designated test.

Discovery

Jump from the edge and make ventral starfish by bubbling for 5 seconds. Stand up and make the starfish on the back with equipment. Retrieve a weighted object from a shallow depth. No eyewear is allowed for the course.

Beginner

Jump from the edge, make ventral starfish by bubbling for 5 seconds then take a breath and join the red square. Jump off the edge and move backwards, arms alongside the body. No eyewear is allowed for the course.

Level 1

Diving from the edge. Swim 25 meters backstroke. Make a roll and then swim 15 meters in crawl.

Level 2

Dive from the diving platform with a beautiful breaststroke then swim the length of the pool in crawl. Turn crawl and start again for 25 meters backstroke. Make a jump from the diving platform then swim the breaststroke to the yellow square.

Level 3

Dive from the diving platform with a beautiful breaststroke then make 25 meters breaststroke. Make 25 meters crawl then 25 meters back crawl. Dive from the diving platform then make waves to the yellow square.

Advanced Level

Make a plunge from the diving platform with a butterfly stroke then make 200 meters 4 individual medleys.

Throughout the lessons, our instructors will employ various educational resources to ensure that children learn to swim while enjoying themselves. After each semester, diplomas will be awarded to your children.

Kindly note that students will return to CDL at approximately 6:40 p.m., making it unfeasible to take the second bus home. Parents have the option to collect their child either from the Swimming Pool in Chésereux or from CDL.

Please be advised that due to the swimming pool's schedule, there may be occasional cancellations of lessons. The Extracurricular Department will duly inform you of any such changes.

Swimming Red Whale

Grades 1-3 | English and French

Equipment: Swimsuit, towel, hat, goggles.

At Red Whale, we ensure swimming classes are fun and effective! We teach in small groups, with a maximum of 7 children per teacher. Our teachers are always in the water, ensuring children feel safe and comfortable. Lessons are held at our warm water pool in Bellevue, the first custom-built pool in Switzerland for children's swimming lessons. Our learn-to-swim programme is organised into levels that introduce essential skills gradually. Children progress at their own pace, with patience, encouragement, and repetition, ensuring all can become good swimmers! Our levels:

1. Platypus

Entry Criteria: Be at least 3 years old and comfortable with separating from parents to follow basic instructions from a teacher.

Primary objective: Building confidence in the water without an accompanying parent.

2. Sea otter

Entry Criteria: Ability to fully submerge their head for 3 seconds when asked.

Primary Objective: dog paddle for 5m and take at least two breaths.

3. Crocodile

Entry Criteria: Ability to dog paddle for 5m and take at least two breaths.

Primary Objective: Torpedo kicking for longer distances.

4. Penguin

Entry criteria: Ability to maintain a strong sustained kick with head in the water for 7m.

Primary Objective: Swim crawl with straight arms (5m) and backstroke with straight arms (5m).

5. Seal

Entry criteria: Ability to perform crawl and backstroke with straight arms for 5m (breathing not required).

Primary Objective: Swim a controlled crawl with breathing on one side.

6. Dolphin

Entry criteria: Ability to perform controlled crawl (with breathing) and backstroke for 10m.

Primary Objective: Swim 20m controlled crawl, backstroke, and breaststroke with correct technique.

7. Shark

Entry criteria: Ability to swim 20m controlled front crawl, back crawl, and breaststroke.

Primary Objective: Swim all 4 styles.

8. Red Whale

Entry criteria: 100m front crawl, back crawl, breaststroke, and 10m butterfly.

Primary Objective: Preparation for competition.



Tennis

Grades 1-5 | English and French

The activity is first and foremost considered recreational with very limited competition and follows the International Tennis Federation (ITF) “Tennis10s” principles. Tennis10s is tennis for players aged 10 and under, played on smaller courts with slower Red (Stage 3), Orange (Stage 2) and green balls (Stage 1) that allow players to start at a suitable level for their ability.

It is a fun way to start tennis and makes it easy for children to play the game and develop good technique and tactics and a love for the sport. Indeed, using the slower balls helps players to develop the most efficient technique and to be able to implement advanced tactics that in most cases could not be performed using the yellow balls on the full court.

Each session will start with a warm-up and students will be coached on stroke technique, court position, and footwork. Children need to provide their own tennis rackets.

These courses are taught by Mr Roquain Bassong, teacher and international tennis player. Through an evolving, varied, and fun pedagogy suitable for all levels and all ages, children will have the opportunity to make significant progress in a friendly and dynamic atmosphere.



Primary • Club

Art and craft

Grades 1-3 | English and French

This course is a great opportunity for students to develop their artistic skills and creativity! Intended to further support the regular Visual Arts Curriculum, this course will help students to apply and deepen concepts from their regular classes in a fun way. Art and Craft is a workshop where students will experiment with different materials, and art and craft techniques, which allows for the development of problem-solving capacities and teamwork. Each activity will be adapted to the ages, needs, and abilities of the students.

Chess Club

Grades 3-5 | English and French

This course introduces younger schoolchildren to the exciting world of chess, fostering skills like concentration, memory, decision-making, problem-solving, and strategic planning. Through a fun and interactive approach, children learn fundamental rules and basic strategies of chess.



Course Objectives

Students will become familiar with chess rules and piece movements, developing strategic thinking and decision-making skills. The course encourages concentration and critical thinking while promoting fair play and respect for opponents. It provides a solid foundation for further chess learning and competitions.

Beginner Level

Beginner-level students will learn the basic rules for piece movements and values, special rules like castling and pawn promotion, and the concepts of checkmate and stalemate. They will practice opening principles, engage in mazes and exercises, and participate in friendly games to apply their new skills.

Knowledgeable Level

Knowledgeable-level students will review basic concepts, learn typical mates, understand opening principles, and explore basic chess tactics such as pinning, skewering, forking, and discovered attack. The course includes exercises, mazes, and friendly games with chess clocks to reinforce learning

Design & fabrication lab

Grades 4-5 | English and French

Do you have a little inventor in the family? In this beginner's course, students will learn Design Thinking and apply their knowledge to build prototypes of robotic toys and creative, fun inventions! In addition, participants will focus on at least one assistive technology project. With the latest tools from Micro:Bit and Makeblock, students will discover how servo motors and smart sensors work and learn the basics of CAD design (TinkerCad and OnShape) and 3D Printing. This class offers a playful learning environment for children to build and experiment while learning new skills like 3D design, 3D Printing and basic mechanical design.

Drawing and painting

Grades 3-5 | English and French

A fun and interactive art activity where young artists will have the opportunity to learn the basics of perspective, composition, proportions, and other technical concepts that will strengthen their abilities beyond their classroom art lesson. They will experiment with different techniques of drawing and painting, as well as folding, cutting, and sticking. The main objective of this activity is for students to learn how to express their ideas with the use of games, thematic situations, or individual projects.



Debate and emotions

Grades 1-5 | English and French

What brings happiness to people? What purpose do emotions serve? When does one mature? What defines friendship? What are animals? Where can we find nature?

Children possess a natural curiosity about the meaning of life, often unsure where to seek answers. This workshop provides a safe space where every voice is valued: we think collectively, listen actively, and question together—because together, we think more effectively!

In an engaging and interactive manner, children participate in debates on various topics, each with specific roles such as floor speaker or rule keeper. They also gain skills in emotional management, learning to identify and express feelings in a compassionate and non-judgmental manner.

Developing the ability to think independently and handle emotions promotes self-confidence, personal fulfillment, academic success, and relationships. It encourages the growth of discernment and empathy, fostering the development of individual judgment.

This course will help develop your understanding of the world and others, as well as self-awareness—an invaluable gift that lasts a lifetime.

Easy robotics

Grades 1 | English and French

In this extracurricular program, your child will enjoy learning about robotics using our Codey Rocky robots. Through fun and interactive activities, children will be introduced to block coding and learn how to program their robots using an iPad. They'll also get hands-on experience with LEGO and sensors to create exciting, interactive projects. By simply snapping together colorful magnetic blocks children can build fun 'smart pets' that detect objects, smile and talk. Join us for an engaging and creative introduction to coding and robotics for young minds!

Enchante ta vie !

Grades 3-5 | English and French

From 29th August to 5th December and from 16th January to 10th April students will embark on a fantastic and exciting adventure, travelling to an unknown treasure island. In a creative and playful way, they will design a treasure map of their inner world.

This journey will help them get to know themselves better through imagination and creativity and soon they will realize that this is “their treasure island”. Our programme enables children to: Increase their self-confidence and assertiveness, manage their emotions and master their negative thoughts, and better manage their stress and fear of failure.



LEGO club

Grades 2-5 | English and French

The only limit of LEGO is your imagination. In this activity, we will discover the hidden secrets of small bricks but also new construction techniques. In addition to having fun, we try to develop educational values such as teamwork, sharing, competitiveness, creativity, and organization. Alone we build fast, together we can build bigger.

Magic kids

Grades 1-5 | English and French

Discover the wonderful world of illusionism! In collaboration with the biggest magic school in Europe “Ecole de Magie de la Côte – The Two Dragons Magic School”, The Magic Kids class will train children to create magic by mastering illusionism in public speaking. Young Magicians will make various objects appear and disappear, defy gravity, transform materials, read minds, and see the future. They will learn magic tricks, but also techniques and presentation secrets. The magic classes are not only for entertainment by allowing them to impress their family and friends but most importantly lessons in dexterity, psychology, open-mindedness, and creativity. It is also an excellent way of overcoming one’s shyness and discomfort in front of an audience. Come and join the Magic side of the World!

Photography

Grades 4-5 | English and French

This course is designed for all students interested in stepping into the creative world of photography. This class aims to build basic skills and competencies in those young students who have an interest and curiosity in photography, but no prior experience. Through continuous playful learning, students will be encouraged to practice personal skills related to specific topics, organised into outdoor and indoor photo class exercises, inspirational presentations, and friendly photo challenges. During the outdoor activities, we will exercise various photo themes designed to stimulate creativity in a relaxing way, but also to increase specific skills and competencies.

Outdoor photo shoots will be alternated with indoor classes, aiming to focus students’ attention and shape their sense of observation (interesting presentations, inspirational videos and interesting portfolios, stimulating discussions and debates etc...)

At the end of this course, students will achieve:

- Basic photo skills and competences
- Increased visual skills and a sense of observation.
- Increased imagination and creativity.

These transferable skills can be effectively applied to both academic classes and personal hobbies and interests. Any type of camera is suitable at this level, including incorporated smartphone cameras, compact cameras, mirrorless cameras, and others.

Robotics lab level 1

Grades 2-3 | English and French

For little coders, there is a world to discover with a driving and smiling robot named Codey Rocky. In addition, participants will be exposed to the VEX Go robotic activity kit. This activity offers an introduction to block coding and engineering through a series of maze challenges and games. Equipped with 10 electronic modules Codey Rocky understands basic AI applications such as face and age recognition. We will learn how to code wearable devices and motion sensors, learning how robots can help us in everyday life. Vex GO kits can be assembled into kinetically active projects: Draw Bots, Construction Zones, and are programmed using iPads.

Grades 4-5 | English and French

TechLabs, in collaboration with VEX robotics, is offering a brand-new program featuring the VEX IQ robots, arenas and props for competitive robot battles. By applying principles of simple and complex machines, pneumatic pumps, gearing, and mechanical advantage, students will strive to flip, push, or smash their adversary in our ultimate battle arena. Participants will also learn robotic software prototyping using VEX VR. With hands-on experience and expert guidance from our experienced staff, your child will cultivate essential problem-solving and critical-thinking abilities that will benefit them for years to come. Participants in this program can also elect to form teams that will be invited to participate in Swiss VEX IQ competitions in the winter and spring. Competition participation is NOT MANDATORY.

Robotics lab level 2

Grades 2-3 | English and French

Participants from Robotics Lab Level I can continue their journey with all new projects using Codey Rocky and VEX Go robotic kits. Children will familiarize themselves with more advanced sensors and servo motors, coding their Codey Rockys for tasks such as color detection, obstacle maneuver and removal, and robot dancing. Vex Go kits will be used to explore themes such as Ocean Exploration, City Build, Mars Math. Participants will also learn robotic software prototyping using VEX VR.

Grades 4-5 | English and French

Students who have completed Robotics Club Level 1 can continue their journey with exciting new projects using Codey Rocky and VEX Go robotic kits. They will explore advanced sensors and servo-motors, programming their Codey Rocky for tasks like color detection, obstacle navigation and removal, and robotic dance. VEX Go kits will be used to investigate themes such as ocean exploration, city building, and math on Mars. Participants will also learn robotic software prototyping using VEX VR.

Social emotional learning programme

Grades 4-5 | English and French

The Socio-Emotional Learning program focuses on teaching children essential skills to help them achieve key milestones in their education and development. Aimed at improving knowledge and application of socio-emotional skills, this program promotes resilience and helps address common challenges such as stress. Join us in supporting your child's growth in a caring and educational environment.

Woodcrafting

Grades 1-5 | English and French

If your child is creative and enjoys playing, why not let them build their own toys? With wood, there are no limits as to what you can achieve with even the most basic tools. Whether it be a car circuit, a doll's house, or a sailing boat for the river, this activity creates opportunities and stimulates mental growth. It shows the beautiful relationship between hands and learning.

In this course, your child will learn how to build with wood by cutting, drilling, and sanding. For safety and pedagogy reasons, only manual tools will be used in the workshop. Do not hesitate to come up with your own ideas or projects. We can make them happen together!

Yoga

Grades 3-5 | English and French

Yoga for young children stimulates sharpness, creativity, self-confidence, and the ability to take initiative. It develops the child's growing body harmoniously while increasing flexibility and agility. It also promotes knowledge and awareness of the body.





Primary • Performing arts

Classical dance

Grades 1-5 | English and French

Ballet dance is synonymous with elegance! It is characterised by the beauty of movement, posture, grace, and precision. It's an ancient art known to all. The course offered allows students to discover the techniques of classical dance.

These classes are designed to build the concrete foundations required to learn classical dance and its vocabulary through compulsory exercises in the following format: barre work, stretching, centre work and diagonal work. The children no longer dance 'freely' but learn to place beats to music and steps. Memory work is stimulated through simple exercises. Pupils gradually learn to manage everything to do with musicality more independently.

They also work on improvisation and interpretation, as well as flexibility and learning basic steps. They fine-tune their posture and balance and gradually learn technique.

At the end of the first term, parents are invited to an 'open studio' and given the opportunity to watch a performance of selected exercises.

In the middle of the year, students will begin to use the barre with exercises designed by the teacher. Towards the end of the year, the children will perform their final "open studio", showing a selection of exercises linked together with an element of interpretation.



Contemporary dance

Grades 2-5 | English and French

Contemporary dance is synonymous with creativity! It is mainly characterized by the high mobility of the bust, a gesture distinguished by its fluidity and originality as well as by the techniques of work on the ground. We speak of it as the “dance of today”, it is inspired and nourished by many artistic currents.

This course will allow students to discover and learn the basics of contemporary dance. We alternate between dancing games and technical exercises to allow everyone to express themselves. A contemporary dance class consists of several elements: warm-up, technical exercises, stretching, choreography and moments of creation. It is a space of expression and freedom.

The teacher leads the children to discover their physical abilities: jumping, turning, falling, running, sliding, etc. Then, they learn to dance with more precision and a better perception of sensations. They also address the relationship to music, the relationship with others and the relationship to space. The goal is to share playful moments while learning the fundamentals of contemporary dance.

Guitar Ensemble

Grades 3-5 | English and French

Learning how to read music and perform with others in a group is vital for a student's music education. The Guitar Ensemble classes offer students of any age or skill level the chance to read music together and learn practical tools for playing guitar or ukulele across all styles. Being part of a group working on the same material provides encouragement and helps maintain a productive outlook on musical development. Guitar Ensemble complements private lessons and is highly recommended for all guitar players to explore various musical styles.

Why a Guitar Ensemble?

The guitar is a versatile instrument capable of rhythm, harmony, and melody. Playing in a group is a unique experience that guitar students rarely get. A Guitar Ensemble allows students to learn to read music together, stimulating faster learning and a deeper understanding of the instrument. Basic note reading is essential for all participants. Guitar Ensemble includes training to improve playing and performance techniques and prepares material for performances.

Students are expected to have a reasonable mastery of the following techniques:

- Knowledge of guitar techniques
- Recognition of notes on the instrument
- Ability to read sheet music

Hip-Hop

Grades 1-5 | English and French

This course will make it possible for students to be initiated with the basic techniques of Hip-Hop dance and acquire rhythmical and musical senses. The students will learn the basic movements while carrying out choreographies. The goal is for the students to express their personalities by adapting the learned movements. This course is intended for girls and boys.

Junior & Little Show Choir

Grades 1-5 | English

Little Show Choir and Junior Show Choir are choral groups where children sing and move to music without the aid of sheet music or a choir director. The Show Choir is a dynamic performance ensemble where children express themselves through song and movement. The choir is both fun and educational, enabling children to explore their musical senses and develop their passion for music in a positive, caring environment. Weekly classes focus on voice development, technical exercises, song learning and musical movement. Singing in a choir builds self-esteem and self-confidence. Let your child discover the magic of being part of a community of voices!

Performance schedule: Classes open to parents - Christmas and summer semesters (2 registration dates)

Musical Production Theatre

Grades 3-5 | English

Students will focus on the fundamental aspects of theatrical performance. They will begin the year learning the skills of singing, dancing, and acting using songs, scenes and choreography drawn from a variety of contemporary and traditional musical theater materials. Students will develop skills such as movement and choreography, vocal techniques, character development and self-confidence to prepare them for an end-of-year musical performance.

String Orchestra

Grades 2-5 | English and French

This program welcomes students who love playing orchestral instruments such as violin, viola, cello, and double bass. Whether you're a beginner with a strong technical foundation or an advanced player, our orchestra offers a stimulating environment to push your performance to a higher standard. Beginners will join a group of performers in various musical disciplines, while advanced students will further develop their skills and motivation through group practice. This course is designed to optimize each student's progress and share their enthusiasm for music. Enrolment is open for those eager to join a dedicated group of musicians.

Ukulele Ensemble

Grade 1-2 | English and French

Introduce your child to the joy of music with our Ukulele Club! Perfect for young learners, the ukulele offers a fun and accessible introduction to musical expression. Its compact size and soft strings are ideal for small hands, encouraging proper technique and finger coordination. Children quickly grasp basic chords and strumming rhythms, building a solid musical foundation that enhances cognitive skills and builds confidence. From pop to folk, the versatility of the ukulele ensures a vibrant learning experience, full of creativity and fun.



Primary • Academic

Childcare & Homework Support

Grades 1-5 | English and French

Our daycare service offers a safe and stimulating environment after school. Children engage in various activities and receive homework support from our English and French team members as needed. While we aim to lighten students' workload and provide personalized follow-up, we cannot guarantee the completion of all homework. This support is exclusively available to those enrolled in the daycare service.

Occasional childcare: Kindly note that your children can attend Childcare on an exceptional basis. In this case, please inform the Extracurricular department by email 24 hours in advance and be aware that this will include an extra fee of CHF 25 per child per day.



German for beginners

Grades 1-5 | German and English

The beginners' course concentrates on the essential and foundational skills of the German language. It covers topics like noun capitalization, understanding "der," "die," "das," and differentiating between nouns, verbs, and adjectives. Students will also learn about punctuation, including the use of question marks and exclamation points, as well as basic German sentence structures. This course is tailored for students with minimal experience in German and is delivered with great enthusiasm to inspire them to learn. The resources include a blend of online materials, games, and books and will cover the following topics: Family, Food and Drink, and Leisure.

Learning objectives

- Ask and answer simple questions and make and respond to requests.
- Write about yourself and others using simple phrases and sentences.
- Understand conversations and texts on familiar topics.



German for intermediate

Grades 1-5 | German and English

The Intermediate course aims to enhance students' ability to use abstract nouns, singular/plural forms, and compound nouns ("Zusammengesetzte Nomen"). Students will also learn proper comma usage, how to handle sentence fragments, and techniques for rearranging, shortening, or lengthening sentences. As the course progresses, students will practice writing in the present tense ("Präsens"), simple past tense ("Präteritum"), and present perfect tense ("Perfekt").

Designed for those who are already familiar with the basics of German language and literature, this course will further develop their skills.

A key part of the course involves watching the film “Das Schweigende Klassenzimmer,” based on the book by Dietrich Garstka and directed by Lars Kraume. This educational film will serve as a basis for writing assignments, where students will take notes, write a word reflection, and summarize the movie. This exercise will help assess their understanding of the German language and listening skills.

All students must purchase the book “Lern- und Übungsgrammatik Deutsch als Fremdsprache, Duden” for the course.

Teaching objectives:

- Understand and use sentences and common expressions in everyday situations.
- Make yourself understood in simple, routine situations requiring an exchange of information on familiar and common topics.
- Describe your background and education, immediate surroundings and other matters associated with your immediate needs, in a simple way.

Italian embassy course

Grades 1-5 | Mother tongue Italian

This course is available to all students holding Italian Passports.

Je parle français

Grades 1 | French

Based primarily on oral communication, this course will allow children to develop their vocabulary and their French-speaking culture through fun and artistic activities: games, drawings, songs, crafts etc. This course is ideal for starting or strengthening their basic skills in a positive atmosphere and respectful of the children’s school rhythm.



Secondary • Sports

Badminton mixed

Grades 9-12 | English and French

The activity is first and foremost considered recreational with very limited competition. Some of the participants may be selected for interscholastic competition. After a warm-up, the activity consists of basic skills and strategy development followed by games.

Basketball boys/girls development & team

Grades 6-8 | English and French

This activity is first and foremost recreational. The activity is open to boys and girls regardless of their level or experience with groups formed accordingly. Some of the participants may be selected for interscholastic competition. After a warm-up, the activity consists of skills and strategy development followed by games.

A personalised sports kit is included in this package.



Grades 9-12 | English and French

These practices aim to enable the students to compete at higher levels. Some of these students will be chosen to play on the school team and will then participate in interscholastic competitions. The team will be chosen during the first two weeks of practice, but other players may be called upon to join the team based on skill development, school commitments and other constraints.

A personalised sports kit is included in this package.

Bodyshaping

Grades 9-12 | English and French

This energetic and demanding class is a fantastic way to tone the lower and upper body with medium-intense cardiovascular fitness training. It is designed to strengthen muscles and burn calories by using functional whole-body exercises.

Fencing

Grades 6-12 | English and French

Fencing is a dynamic and engaging sport that focuses on the art of swordsmanship. In this activity, participants learn various strategies and techniques to effectively engage in sword combat while emphasizing agility, precision, and strategy.

Fencing is not only a physically demanding sport but also requires mental dexterity and quick thinking. The learning strategies employed in fencing activities are designed to introduce participants to the fundamentals of swordplay while gradually advancing their skills. Beginners typically start with basic footwork and stance techniques, learning how to position their body, hold the sword (*épée*), and move gracefully on the strip. Coaches emphasize the importance of maintaining balance, proper form, and coordination. As participants progress, they are introduced to the different offensive and defensive techniques used in fencing. These include attacks such as lunges, thrusts, and parries to score points by touching their opponent with the tip of the sword. Participants learn to read their opponent's movements, anticipate attacks, and develop effective countermeasures. Fencing also teaches strategic thinking, as participants must adapt their tactics on the fly, exploit their opponent's weaknesses, and create openings to strike.

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In addition to technical skills, fencing activities focus on building physical fitness and mental resilience. Safety is paramount in fencing, and participants are taught proper protective gear usage, including masks, gloves, and jackets, to prevent injuries. Coaches emphasize the importance of sportsmanship, fair play, and respect for opponents, fostering a positive and supportive learning environment.

Students must have: a mask of 1600N (350N are accepted for training but not accepted in tournaments or competitions), cable plug 3 pin, socks, shoes (ideally fencing shoes, but average baskets are ok) and a fencing glove.

Fencing Team-Event

Grades 6-12 | English and French

The Advanced Fencing Team is a class designed to elevate your skills and tactics through intensive training and personalized coaching. Reserved exclusively for experienced fencers, this course offers one to one coaching, tactical workshops, conditioning exercises, and mock competitions to enhance your accuracy, speed and strategic thinking. It is designed for competitive fencers looking to refine their skills and gain a competitive edge.

The course prepares you for high-level tournaments with detailed feedback and friendly sparring opportunities. Students are selected from the fencing practice by the coach and are invited to join the team training for which parents will have to subscribe separately.



Fitness

For 16 years old and over | English and French

The Fitness Centre offers stationary bikes, ellipticals and weight machines for working out. A staff member will be always present to supervise, answer basic questions and demonstrate proper use of equipment.

Football boys/girls development & team

Grades 6-12 | English and French

Grades 6-8: Second training included from 11:35 a.m. to 12:20 p.m., days TBC

These practices aim to enable the students to compete at higher levels. Some of these students will be chosen to play on the school team and will then participate in interscholastic competitions. The team will be chosen during the first two weeks of practice, but other players may be called upon to join the team based on skill development, school commitments and other constraints.

A personalised football kit is included in this package.

Goal-keeper training

Grades 9-12 | English and French

Focus is on the most specialized position in soccer: The Goalkeeper. This specific training improves communication, agility, observation, and confidence. Led by experienced coaches, sessions include exercises tailored to the unique demands of the goalkeeper position. Join us to master essential skills and excel as a goalkeeper.

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Golf practice

Grades 6-12 | English and French

Grades 6-8: Wednesdays from 28th August to 9th October & from 7th May to 18th June

Grades 9-12: Mondays from 26th August to 7th October & from 7th April to 16th June

To play on the 9-hole pitch and putt golf course as early as possible, children will learn how to master different parts of the game by using several facilities: practice, putting green and green of approach. Whichever the level of the student, the goal is to be able to play golf independently.

Gym - move

Grades 6-12 | English and French

Multi-activities based on the gymnastic basics. Introduction to acrobatics with mini trampoline (occasional use of the big trampoline), on the floor, muscle building, gymnastics apparatus, juggling etc...



Horse riding

Grades 6-12 | English and French

Dress code: Comfortable trousers and rubber riding boots or walking shoes with mini-chaps. Helmets and safety jackets are provided by the stables.

Horse Riding Introduction

Introduction objectives: Approaching the pony, putting on a halter, putting on the saddle and the bridle, and basic grooming.

- Revise safety rules
- Practice bringing the pony/horse out and into the box
- Rising trot on the lunge
- Drive the horse (walking)
- Improve riding position and balance during riding and ease horse movements
- Techniques to prevent horse unexpected reactions
- Safety rules in group lessons

Theory: Food, Anatomy of the horses (basic), Type of horses, Illness

Practical riding: For children who are confident during the first period for rising trot free without lunge. The others will go on with the trot on the lunge during the second period.

Target: Prepare the horse (brushing, taking care of the hoofs, preparing saddle, bridle) and go in and out of the box with the horse. Apply safety rules when riding in a group. Ride free and drive the horse/pony by rising trot.

Horse Riding Beginners

Preparation of the horse/pony, applying brushing techniques, taking care of hoofs, checking the horse, double checking (belt saddle, bridle)

- Learn how to go in and out of the box with the horse and how to present the horse in the riding hall in a group (safety rules)
- Revise the basic rules for rising trot.
- Sit on the trot, suspension in the trot
- Improve balance techniques as the exercises are getting more demanding
- Recognize the correct diagonal at the trot

Introduction to Canter

Simple dressage arena pattern exercises

Theory: Equine coat colours, nutrition elements, anatomy

Testing: Knowledge of previous elements

Target: Learn how to canter. Execute the dressage arena pattern exercises correctly.

Horse Riding Intermediate

- Preparation of the horses
- Revise trot and base exercises
- Check and improve balance in view of easy jumping exercises.
- Initiation of canter and learning to canter on the good lead
- Testing canter capabilities

Theory: some subjects of the Brevet Fédéral, jumping up to 60 cm., simple dressage arena pattern exercises

Target: Trot and canter at the correct diagonal, correctly execute dressage pattern exercises, jumping 60 cm over and verticals

Horse Riding Advanced

Note: only riders having achieved the capabilities of riding easy jumping courses and having sufficient dressage are admitted to this group

- Prepare the horses.
- Revise the riding techniques in jumping/dressage. Testing the individual capabilities.
- How to get the correct canter lead.
- Preparation exercises for jumping. Improve balance and dynamic position on the horse if the exercise is getting more demanding.
- Revise basic dressage
- Riding gymnastic exercises for the preparation of jumping
- Jumping: over and vertical 60 cm to 100 cm (for jumping riders)
- Jumping course for jumping riders

Dressage: Develop and execute a Dressage Program FB (Swiss system) for dressage riders

Advanced Theory

Target: Practice and improve jumping courses and/or dressage courses. Preparation in view of the different types of Swiss licences of jumping and dressage.

A certificate of attendance or/and certificate of excellence will be delivered.

Judo

Grades 6-12 | English and French

Judo offers physical, tactical, and muscular development and improvement as well as the deepening of technical knowledge, and the possibility of evolution to competitions for interested participants. Our team of instructors, officials of the Swiss Judo Federation, Swiss Olympic, Youth & Sports members and of Vaud and Geneva Cantonal Associations, will share their knowledge of the upper belt exams, and their passion for this art. The team of Budo Schools Ashita makes every effort to support children, in multisport courses, and in official national and international competitions; for those who want it. Wearing a Kimono is compulsory for the practice of this Martial Art. From the second lesson, we will provide a Kimono, certified and embroidered with the image of the BSA school, to your child, for an amount of CHF 60.

Netball

Grades 6-12 | English and French

Netball is a fast, fun, non-contact team game which consists of running, jumping, throwing, and catching a ball. It is easy to learn and an excellent way to keep fit, as well as improve coordination and teamwork skills. Each session will start with a warm-up, which will lead to specific ball skills, activities, strategy development and manoeuvres, followed by games. Students will learn the basic rules of netball (if they don't already know them), through play. Students could have the possibility to play in the CDL Junior/ Moyennes netball team, although the main aim of the game is to have fun! Sportswear and sturdy sports shoes are required.

Running club

Grades 6-12 | English and French

The running club will be an opportunity for students, staff, and parents to train for an hour each Friday afternoon. It will involve a warm-up, some stretching then a variety of training methods, from a nice gentle jog to intensive hill sprints. This nice sociable club provides an invigorating way to get the weekend started with a bang!

Sailing “RS Feva – 420 Laser”

Grades 6-12 | English and French

GRADES 6-8

From 27th August to 8th October and from 6th May to 17th June

This class is open to beginners or teenagers with limited experience. On new generation boats, the RS Feva, the sailing school invites students to discover the pleasure of doublehanded sailing. Sailing in a crew will bring them notions regarding work-sharing, the importance of communication and joint decision-making. These modern boats enable students to learn all the new sailing techniques with asymmetric spinnakers.

Grades 9-12

From 29th August to 10th October and from 1st May to 19th June

This class for teenagers is aimed at learning double-handed and single-handed sailing on a 420er and/ or Laser. These legendary boats will allow them to learn the basics of sailing as well as outline good practices needed on a boat in an atmosphere suiting their age. In addition, the health advantages and intrinsic enjoyment that can be gained through taking to the water in an active and energetic outdoor pursuit reinforces our will to promote such an opportunity.

Safety: A qualified instructor will be present with the students. Lifejackets are provided and students will be instructed on appropriate and safe conduct in boats.

Clothing and Kit: Appropriate clothing for weather conditions, optional sailing gloves, and a personal logbook for tracking progress and reflections.

Sailing “Surprise” Team Panthers

Grades 9-12 | English and French

Trainings on Tuesdays and Thursdays

from 27th August to 8th October & 29th April to 17th June

Members of the teams are required to attend all scheduled training sessions, whether weekly or biweekly. This level of commitment is crucial for fostering team cohesion.

The Panthers Sailing Team offers students a great opportunity to come together and participate in top-level sailing competitions in the region. Our team will sail on the water aboard two high-performance “Surprise” sailboats. However, it is important to note that this activity requires prior sailing experience, and participants will be selected based on their skills. Due to limited availability, spots on the team are restricted.

As part of our partnership with the Club Nautique de Versoix (CNV), students under 18 who join the Panthers Sail Racing Team automatically become members of the CNV. This membership provides valuable benefits, including access to social events and the use of CNV facilities, enhancing the overall sailing experience.

To ensure their safety and comfort, participants must dress according to weather conditions. This typically includes warm clothing, a windproof jacket, white-soled deck shoes, sunglasses, and sailing gloves. It is also advisable to bring a change of clothes, a water bottle, and sunscreen in a bag for use during sailing sessions.

Join the Panthers Sail Racing Team and dive into the exhilarating world of competitive sailing. Showcase your sailing skills, build lasting friendships, and experience the thrill of racing against other teams. Become part of this dynamic sailing community and create unforgettable memories on the open water.

Sailing “Venture”

Grades 9-12 | English and French

Mondays from 26th August to 7th October and 5th May to 16th June.

The Venture Sailing Boat practice aims to teach students in Grades 9 to 12 the fundamentals of sailing, foster teamwork, and develop their confidence and skills on the water. This activity is designed to provide hands-on experience and theoretical knowledge, preparing students for both recreational sailing and potential competitive events. The program includes an introduction to sailing, covering basic terminology, parts of the boat, safety procedures, and understanding weather conditions. Students will learn boat handling and maneuvering, including rigging, steering, controlling the sail, and performing basic maneuvers such as tacking and jibing. Teamwork and communication are emphasized, with students taking on roles and responsibilities on the boat, learning effective communication techniques, and engaging in collaborative problem-solving. Advanced sailing techniques will be introduced, focusing on sail trim, boat balance, navigation, and reading nautical charts, as well as an introduction to racing rules and strategies. Practical sessions will involve on-water practice, simulated race scenarios, and debriefing sessions to review performance and identify areas for improvement. Throughout the program, students will develop technical sailing skills, critical thinking, decision-making, leadership, responsibility, physical fitness, and coordination.

Safety: A qualified instructor will be present with the students. Lifejackets are provided and students will be instructed on appropriate and safe conduct in boats.

Clothing and Kit: Appropriate clothing for weather conditions, optional sailing gloves, and a personal logbook for tracking progress and reflections.

Pilates

Grades 6-12 | English and French

Pilates is an activity for developing tone, flexibility, strength, and coordination. Learn the basics of Pilates through the 34 original exercises in Joseph Pilates MATWORK 1 and 2, with or without accessories of your choice. Our fitness instructor will guide you throughout the session, focusing on breathing and centering (powerhouse).

Swimming Aqua Lud'eau

Grades 6-12 | English and French spoken

Our skilled instructors will be present to teach students this comprehensive sports activity. During the first session, the instructors will evaluate students' abilities and place them in the appropriate level. The levels range from the discovery level to an advanced level. To progress to the next level, each student's learning will be assessed through a designated test.

Discovery

Jump from the edge and make ventral starfish by bubbling for 5 seconds. Stand up and make the starfish on the back with equipment. Go get a ballasted object at a small depth. No eyewear is allowed for the course.

Beginner

Jump from the edge, make ventral starfish by bubbling for 5 seconds then take a breath and join the red square. Jump off the edge and move backwards, arms alongside the body. No eyewear is allowed for the course.

Level 1

Diving from the edge. Swim 25 meters backstroke. Make a roll and then swim 15 meters in crawl.

Level 2

Dive from the diving platform with a beautiful breaststroke then swim the length of the pool in crawl. Turn crawl and start again for 25 meters backstroke. Make a jump from the diving platform then swim the breaststroke to the yellow square.

Level 3

Dive from the diving platform with a beautiful breaststroke then make 25 meters breaststroke. Make 25 meters crawl then 25 meters back crawl. Dive from the diving platform then make waves to the yellow square.

Advanced Level

Make a plunge from the diving platform with a butterfly stroke then make 200 meters 4 individual medleys.

During the lessons, the instructors will use different educational tools so that the children learn to swim while having fun. At the end of each semester, diplomas will be distributed to your children. Either a diploma of participation or a diploma of success.

Please note that the students will be back at CDL around 18:40. Therefore, it will not be possible to take the second bus home. Parents can pick their child up either at the Swimming pool in Chésereux or at CDL. Due to the swimming pool's calendar, some lessons may be cancelled. You will be informed by the Extracurricular Department.

Tennis

Grades 6-12 | English and French

The activity is first and foremost considered recreational with very limited competition and follows the International Tennis Federation (ITF) “Tennis10s” principles.

Tennis10s is tennis for players who play on smaller courts with slower Red (Stage 3), Orange (Stage 2) and green balls (Stage 1) that allow players to start at a suitable level for their ability. It is a fun way to start tennis and makes it easy for children to play the game and develop good technique and tactics and a love for the sport. Using the slower balls helps players to develop the most efficient technique and to be able to implement advanced tactics that in most cases could not be performed using the yellow balls on the full court.

This programme is for players who can serve, keep score, and rally (hit the ball back and forth over the net) with a partner. Each session will start with a warm-up and students will be coached on stroke technique, court position, footwork, and patterns of play. The group size is limited to 6 students. Children need to provide their own tennis racquets.

Volleyball boys/girls development & team

Grades 6-12 | English and French

The activity is open to girls and boys regardless of their level or experience. After warming-up and conditioning exercises, the activity consists of basic skills and strategy development, followed by games.

These practices aim to enable the students to compete at higher levels. Some of these students will be chosen to play on the school team and will then participate in interscholastic competitions. The team will be chosen during the first two weeks of practice, but other players may be called upon to join the team based on skill development, school commitments and other constraints. A personalised sports kit is included in this package.



Secondary • Club

3D illusion drawing

Grades 6-12 | English and French

This is an entertaining activity where students learn innovative drawing techniques to create 3D optical illusions. Specific activities will be provided for beginners, in which they will learn how perspective works and how to use shading to enhance the impression of volume in their drawings. More advanced students will have the opportunity to improve their drawing skills using concepts and tricks covered in this course and eventually work on their drawing projects. The illusion of a 3D object is created when the drawing is photographed at a specific angle, so the students will be introduced to work looking at a tablet, camera, or mobile phone screen instead of looking directly at their drawing.



Acrylic painting

Grades 6-12 | English and French

This course explores the incredible and beautiful world of painting. Designed to support the objectives of the regular visual arts curriculum, this course will help students develop the foundation for appreciation and mastery of acrylic painting and mixed techniques. Experimentation with various materials and techniques will offer students myriad opportunities to develop their creativity, critical thinking, and basic research skills, and to expand their manual skills. Throughout this course, students are expected to create an artistic portfolio, develop their proposals and style, as well as the professional presentation of their works. Each activity will be tailored to the ages, needs, and abilities of the students.

AI lab

Grades 6-8 | English and French

Join our Artificial Intelligence Lab and embark on a hands-on adventure. Using Makeblock HaloCode, and sensors, students will learn the basics of machine learning, train models, and build interactive projects like turning their hand into a game controller or building a voice activated robot. Participants will also explore the use of the Python programming language in conjunction with ChatBot APIs. For example, participants can build custom ChatBots, and employ generative AI tools using programmatic automation. Together we will discover the possibilities and limitations of modern AI while also exploring its ethical implications.

Chess Club

Grades 6-12 | English and French

This course introduces older schoolchildren to the fascinating world of chess, enhancing skills like concentration, memory, decision-making, problem-solving, and strategic planning. Children will learn fundamental rules and more advanced strategies through an engaging and interactive approach.

Course Objectives

The course familiarizes students with chess rules and piece movements while developing more advanced strategic thinking and decision-making skills. It promotes concentration, critical thinking, fair play, and respect for opponents, laying a foundation for future chess learning and competitions.

Beginner Level

Beginner-level students will learn the basic rules for moving pieces and their values, special rules like castling and pawn promotion, and the concepts of checkmate and stalemate. They will practice opening principles, engage in mazes and exercises, and participate in friendly games to apply their new skills.

Knowledgeable Level

Knowledgeable-level students will review basic concepts, learn typical checkmates, understand opening principles in detail, and explore advanced chess tactics such as pinning, skewering, forking, and discovered attack. The course includes exercises, mazes, and friendly games with chess clocks to reinforce learning.

Cooking & bakery

Grades 6-12 | English and French

This teaching is designed in a spirit of conviviality, creativity, professionalism, and pedagogy.

Students will have the opportunity to explore the world of cooking, pastry, and chocolate work. They will delve into various cuisines from around the globe, learning about culinary techniques and the art of table setting. The school boasts a state-of-the-art kitchen equipped with modern appliances, including a wok, multifunctional oven, plancha, cooling cell, and other amenities designed to facilitate the work of the chef.

At the end of each module, students will have the chance to savour the dishes and desserts they have created, fostering a convivial atmosphere. The workstations will be transformed into a welcoming dining table, where they can share culinary knowledge and create unforgettable moments in the best possible setting.

Participants can choose from 15 different modules tailored to their personal preferences and tastes, ensuring an enriching and customized experience for each individual.



Debate club

Grades 9-12 | English

Are you someone who likes to think deeply, thrives on healthy competition, and loves public speaking? If so, Debate Club is the place for you! At debate club, we learn the rules, skills, and techniques of debate. Every week, we debate a variety of topics, receive feedback, and improve our skills in public speaking, critical thinking and persuasion. Connect with like-minded peers and build your confidence and communication skills with us!

The introduction to the practice of debating begins with the basic tools for constructing an argument and structuring thought. There are specific exercises to help you become aware of your non-verbal language (voice, tone, posture, gestures, body language, speaking, eloquence, argumentation, structuring ideas) and the different types of debate found in society (formal or informal, political, economic, humanitarian, academic, social).



DJ Mix

Grades 6-12 | English and French

This enjoyable and creative activity is designed for students eager to start their journey in DJ mixing, regardless of their skill level. Throughout the course, students will learn fundamental mixing techniques and gain proficiency in using Pioneer DJ equipment and software. They will explore various music genres (House, Afrobeat, electro, Reggaeton, hip hop, K-pop) and learn how to organise their music collection, create playlists, mix harmonically, use industry-standard decks, beat-match with the jog wheel, blend tracks with EQs, understand phrasing and track structures, utilise colour FX, and record their sets.

Requirements: Students must be equipped with their own laptops and headset.

No prior DJing or music knowledge is required.

Future leader

Grades 6-12 | English and French

Unleash your leadership potential with our comprehensive and interactive program, shaping future leaders and managers.

Engage in self-discovery and personal development, acquire 21st century essential skills, learn from inspiring political and business leaders to create positive and sustainable impact, and excel in management, collaboration, and team building.

Improve your communication skills, through constructive criticism, and debates. Master negotiation techniques, media interactions, posture, and public speaking with impactful speeches.

Finally, enhance your personal branding and unique identity, understand social media's opportunities and challenges, highlight your resume, perfect self-presentation, and excel in networking and building connections for future opportunities.

A certificate will be awarded by Graines d'Entrepreneurs.

Musical Production

Grades 6-12 | English

The main focus of Musical Production will be on preparing a theatrical performance of a musical piece. Students will cover the fundamentals of singing, dancing and acting, exploring a variety of contemporary and traditional musical material through song, scene and choreography. Throughout the program, they will hone their skills in movement, vocal technique, character development and confidence-building, culminating in a captivating musical performance in a theater setting.

Philosophical Debate for teens

Grades 6-8 | English and French

Does life have any meaning? What is happiness? Is freedom about doing what you want? Why does money matter? Is equality possible? Do we have to be normal?

Teenagers have a lot of questions and are confronted with a mass of information: social networks, the media, fake news, AI... It's hard to make sense of it all!

This workshop offers them a privileged space of trust, in which everyone's voice is considered: we think together, we listen to each other, we question each other... Because together, we think better!

In an interactive way, they debate on different themes, each with a role: the distributor of the word, the guardian of the rules...etc. Learning to think for themselves and how to manage their emotions promotes self-confidence, self-fulfillment, success at school and relationships with others. At an age when it's hard to find your place, students learn to understand the world, others and themselves: it's a precious gift that lasts a lifetime!

Photography

Grades 6-12 | English and French

Beginner Photography

This course introduces basic photography skills for beginners, focusing on shooting modes, focus, exposure, blur-sharp, and white balance. Students will learn composition, camera settings, lighting, and basic image editing. Practical exercises cover indoor and outdoor photography, exploring themes like light, landscapes, sports, and creativity. Using personal digital cameras, students will develop their visual skills and creativity.

Outcomes: Students will gain basic photography skills, enhanced visual observation and creativity, an understanding of camera settings and composition, and the ability to create well-composed photos.

Suitable Equipment: Smartphone cameras, compact cameras, mirrorless cameras.

Grade 8-12 | English and French

Intermediate Photography

For students with basic knowledge, this course deepens skills and fosters personal photographic vision. Key topics include advanced composition, lighting, post-processing (masks, layers, filters), and portfolio creation. Students alternate between indoor and outdoor activities, focusing on themes to stimulate creativity. They will create a portfolio of 5-10 unique photos and may showcase their work in exhibitions.

Outcomes: Students will develop a personal photo project and acquire transferable skills for academic and personal interests.

Required Equipment: Digital cameras with advanced settings or high-quality smartphone cameras.

Special Opportunities: Guest photographers for inspiration, group exhibition in Switzerland, and a photo trip to discover Swiss wonders.



Python developer's lab

Grades 6-12 | English and French

Students will transition from block-coding to Python through game-based challenges using a CyberPi console. This engaging approach to Python shows students how coding can be used to develop Apps and data management tasks for the real world. Lanter, participants will continue developing Python coding skills to employ data structures, conditionality, functions, input and output.

Sculpture

Grades 6-12 | English and French

This course explores the fantastic world of Sculpture. Intended as additional support for the objectives of the regular Visual Arts Curriculum, this course will help students to develop the bases for an iconographic appreciation of sculptural images and the mastery of techniques and processes for the creation of two-dimensional art. Students will be able to experiment with different artistic techniques as an introduction to the medium of sculpture. The students will develop a solid knowledge of the construction of the different types of sculptures that include ceramics, wire sculptures, human body sculptures, oxidation effects as well as free theme projects in which they will develop their own artistic proposals. Each activity will be adapted to the ages, needs, and abilities of the students.

Social Emotional Learning programme

Grades 6-8 | English and French

The Socio-Emotional Learning program focuses on teaching children essential skills to help them achieve key milestones in their education and development. Aimed at improving knowledge and application of socio-emotional skills, this program promotes resilience and helps address common challenges such as stress. Join us in supporting your child's growth in a caring and educational environment.

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Surrealism

Grades 6-12 | English and French

Imagination has no boundaries in this activity. Let the creativity of your child flow on the canvas or paper using various styles such as metaphorical, satire or symbolic. Students will not only learn how to turn their ideas into thought-provoking paintings or drawings but also improve their technical skills.

Techlabs virtual reality lab

Grades 6-8 | English and French

Through this interactive and creative course, students will get to explore the fascinating world of Virtual and Augmented Reality by building their own 3D space. Using CoSpaces' user-friendly creation tools & technology, students will be able to build and code their own experiences, not just consume them. For those looking for an extra challenge, you learn to add interactions and animations with CoBlocks, TypeScript or Python coding. Students will learn how to design immersive worlds in 3D format. They will explore story creation, character development and environment modeling to be used to guide the user through their new 3D world. Students will have the use of TechLabs Oculus headsets provided for this program. In addition to virtual reality environments, students will create augmented reality experiences to project as holograms for one to hold, move, and interact with.

Vex V5 Robotics

Grades 8-12 | English and French

This programme is only open to Secondary Students aged 14+. Participants in this programme will use the VEX V5 educational robotics system developed with 20 years of experience using robotics to teach STEM principles. V5 electronics are approachable, flexible, and powerful, using state-of-the-art technology to ensure relevant education outcomes. The V5 mechanical system includes versatile elements that make engineering approachable for novice users, while still providing experienced users with endless design possibilities. Participants in this programme will also be exposed to fabrication skills, with the possibility of using 3D Printing and Laser Cutting. Participants are invited (though not required) to participate as a team in a growing Swiss VEX Robotics competition schedule that already has over 10 participating school teams from around the country and region. Qualifying teams from competition are invited to participate in an annual global event in Dallas, Texas, in April 2025.



Watercolour painting

Grades 6-12 | English and French

This course explores the incredible and beautiful world of watercolour. Designed in a way to support the objectives of the regular Visual Arts Curriculum, this course will help students to develop the bases for the appreciation and mastery of watercolour. Experimenting with various materials and techniques will offer students numerous opportunities to develop their creativity, critical thinking, and basic research skills, and to expand their manual skills. Throughout this course, students are expected to create a portfolio of their artistic pursuits, build their proposals, and develop their style. Each activity will be tailored to the ages, needs, and abilities of the students.

Woodcrafting

Grades 6-12 | French and English

There are no limits to what you can achieve with wood using the most basic tools. Throughout the year, your child will learn how to build his/her own games with wood by cutting, drilling, and sanding. Your child will develop skills that will serve them well later in life by learning to collaborate with others.

For safety and pedagogy reasons, only manual tools will be used in the workshop. This activity creates opportunities and growth with the pleasure of working with wood; being able to repair a piece of wood which belongs to you already whether it be a statue or a personalised box as opposed to purchasing something new to replace it. Do not hesitate to come up with your own ideas or projects. We can make them happen together!

Yoga

Grades 6-12 | French and English

The practice of yoga, in this key period that is adolescence, will allow learners to gain self-confidence whilst listening to their bodies. Yoga deepens the muscles whilst respecting the abilities and needs of the learner. This activity contributes to the harmonious development of the body and mind, thus providing the tools needed for better management of stress and to face this period of great change with serenity.

Young Entrepreneurs: From business to success

Grades 6-12 | French and English
From 27th August to 8th April

Calling all aspiring young entrepreneurs! Unlock your business potential in our immersive Entrepreneurship and Business workshop. Whether your dream is to launch your own business or develop essential skills for future success within a company, this course provides you with the tools and knowledge to turn your aspirations into reality. Explore innovative idea generation, learn about winning business models, master the art of marketing and branding, understand financial fundamentals, and discover strategies for creating a positive and sustainable impact.

Additionally, you will gain valuable insights into negotiation techniques and learn how to deliver a flawless investor pitch. This course is designed to transform your passions into profitable ventures, empowering you to thrive in the business world.

Students will also gain hands-on experience, applying acquired knowledge and skills to engage customers, promote products or services, and develop crucial sales techniques, while understanding the dynamics of the business process.

Led by experienced coaches, this workshop makes students highly desirable candidates for universities and employers, showcasing their initiative, problem-solving abilities, and entrepreneurial mindset. A certificate will be awarded by Graines d'Entrepreneurs.





Secondary • Performing arts

Breakdance

Grades 6-12 | English and French

This course offers an introduction to the technical and artistic elements of breakdance.

Students will first learn the basic movements to familiarize themselves with the floor. The programme will then focus on learning the acrobatic and spectacular movements that are so characteristic of breakdance.

The course will enable students to acquire a solid technical base, essential for breakdancing while developing their musicality, creativity, and personality.

The course is open to boys and girls.

Classical dance

Grades 6-12 | English and French

This course aims to improve the students' technique, boost their memorization skills, and help them develop the muscular strength necessary for the demands of learning the step vocabulary that awaits them in their progress.

While continuing the academic work of the technique in the format - bar - centre -



diagonal - it aims to go beyond the basics and make students aware of the artistic work of the upper body and accents in movement. It refines technique, grace, elegance, and musicality. The work of the pointes can be considered for students whose strength and technique are sufficient.

Contemporary dance

Grades 6-12 | English and French

Contemporary dance is synonymous with creativity! It is mainly characterized by the high mobility of the bust, a gesture distinguished by its fluidity and originality as well as by the techniques of work on the ground. We speak of the “dance of today”, it is inspired and nourished by many artistic currents.

This course allows students to further their learning and deepen their knowledge of dance movement. The course consists of several elements: warm-up, technical exercises, stretching and choreography. It is a space of expression and freedom: we alternate with improvisation and composition workshops in which everyone discovers their own gestures.

Guitar Ensemble

Grades 6-8 | English and French

Learning how to read music and eventually perform with others in a group is vital for a student's overall music education. The Guitar Ensemble classes will provide students of any age or skill level an opportunity to not only read music in a group setting but also learn practical and fun ways to use the musical tools that a guitar or ukulele player needs to perform all styles of music. Unique to Guitar Ensemble is the benefit of being around several students each week who are working on the same music material. When students surround themselves with others who are working to become better musicians, they'll find encouragement from each other and maintain a healthy and productive outlook on their musical development. Guitar Ensemble is a wonderful supplement to private lessons and is highly encouraged for all guitar players to learn a variety of musical styles.

Why Guitar Ensemble?

The guitar is a versatile instrument capable of rhythm, harmony, and melody. Combining multiple guitar players into a group, all playing together, is quite an awesome experience. Guitar students very rarely get the ensemble experience that band and orchestra instruments afford in schools. A Guitar Ensemble is a great way to experience playing the guitar whilst learning to read music in a group, which stimulates faster learning and understanding of the instrument. Basic note reading is essential for all participants. Guitar Ensemble will include training to improve one's playing/performance techniques as well as working on material towards performance.

Required skills:

The students are expected to have reasonable mastery of the following techniques:

- Knowledge about guitar techniques
- Recognition of the notes on the instrument
- Ability to read off sheet music.

Keyboard club

Grades 6-12 | English and French

Students will follow a fully differentiated keyboard course, modelled on a programme which is currently taught in Middle School Secondaire Music lessons. The course has 35 levels of difficulty and is based on a varied repertoire. Students who successfully complete the course will continue their studies using the published Trinity School of Music Curriculum.

At the end of the course, students will be able to play 2 octaves of notation on the treble stave; add left-hand chords; use the functions of the keyboard, including programming it with an accompaniment; improvise over a chord pattern; perform in front of an audience; perform in an ensemble.

To allow for optimum progress, it is advised that students have a keyboard at home on which to practise. (Mrs Charles can supply details of suitable keyboards)

Secondary Singing Club

Grades 8-12 | English and French

A singing group in a fun environment! The members of the choir will learn the basics of singing while they improve their general musicianship skills and discover beautiful choral music from different countries and styles. The choir will prepare and perform a variety of music for a performance at the end of the school year. The genres of music that will be prepared include pop, classical, world music and “Vocal Painting” (choral improvisation). Singing in a choir is always a great time!

String Orchestra

Grades 6-12 | English and French

This programme welcomes students who love playing orchestral instruments such as violin, viola, cello, and double bass. Whether you’re a beginner with a strong technical foundation or an advanced player, our orchestra offers a stimulating environment to push your performance to a higher standard. Beginners will join a group of performers in various musical disciplines, while advanced students will further develop their skills and motivation through group practice. This course is designed to optimize each student’s progress and share their enthusiasm for music. Enrolment is open for those eager to join a dedicated group of musicians.”

Wind band

Grades 6-12 | English and French

Wind Band is an activity open to all students who want to play a wind instrument. Beginners are welcome. Students will learn to play the instrument of their choice. They will develop their musical listening skills while playing in a group. Learning as part of an ensemble helps students to progress more quickly. It is recommended that you have your own instrument.



Secondary • Academics

French conversation class

Grades 6-12 | English and French

This course is aimed at students who want to gain confidence in speaking. Lessons will cover everyday situations: a conversation with friends, in restaurants, in shops or on public transport.

Students will expand their vocabulary and learn common structures. Working on phonetics enables students with the ability to improve their listening comprehension and make themselves better understood. Cultural elements will also be covered to facilitate integration in Geneva.

The learning materials will be varied, fun and adapted to the profile of the group: videos, songs, games, dialogues, images, role-playing, etc.

Very little grammar will be covered. For beginners, it may therefore be a good idea to combine this course with the “French FLE A1” course.



French FLE

Grades 6-12 | French FLE Beginners from A1

This course aims to practise and enjoy French in an enthusiastic and studious atmosphere. Through a large range of resources, games, and activities, students will improve the following four skills: listening, speaking, reading, and writing. They will also discover more about French and Swiss French cultures. The course will cover a wide variety of themes to help students both with their day-to-day needs and with the different exams they are preparing for.

Grades 6-12 | French FLE Intermediate from A2 to B1

Students of this course will already have a good basis in French (A2 minimum). In a motivating environment, students will gain confidence and improve their speaking, reading, writing, and listening skills. This course will also focus on linguistic mastery, specifically Grammar and lexicon as well as expanding their knowledge of French culture. The aim is for students to reinforce their French skills, gain confidence and have fun.

Homework support

Grades 6-12 | English and French

This programme will focus on quality academic instruction. Conditions to ensure quality include class ratios of 5-9 students per teacher, qualified teaching staff, an environment conducive to learning and additional work provided by the teacher when necessary. A performance indicator on preparation and engagement can be emailed when requested. Students need to bring actual homework or work given in class, to maximize progress for the student. Students are expected to be engaged in academic work during this time.

IELTS

GRADES 11-12 | English

On Mondays from 26th August to 7th October

Includes: Exam, books, transport, packed lunch, and registration fees.

The course comprises 1-hour lessons each week with an experienced, native English IELTS expert. A large focus of the course will be on preparing for the writing section, which is often the more challenging part of the exam. Through timed practice tests, carefully targeted exercises, and individual and group work, the teacher will offer tips and advice on how to manage all sections of the exam efficiently.

Speaking practice will focus on form and content, aiming to increase students' vocabulary range, as well as their ability to use a variety of grammatical structures and appropriate discourse markers to demonstrate fluency. The teacher will also offer the opportunity to practice listening and reading exercises and offer strategies for maximising the marks available in these sections of the exam.

A language test will need to be completed in the first class to ascertain each student's level. The Extracurricular office will give feedback within 3 days of the test, confirming if the student will be able to complete the course or alternatively requires additional EFL tuition. As a guide, the minimum level of English required to attend this course is equivalent to B2.

If you have questions regarding which IELTS exam is best, please contact our University Advisor Julie Bentley at julie.bentley@cdl.ch.

Course details

- 10.5 hours course
- English entry test (if not passed, no charges will apply)
- IELTS specialised teacher
- Books

SAT exam preparation

Grades 9-11 | English and French spoken

With proven, score-raising strategies taught by our most experienced SAT prep teacher, this course gives everything the students need to achieve the best score. The course takes place during a module, with a test at the end.

This course is for Grade 9 - 11 students who are considering admission to:

- Universities in the U.S. (all students), Canada & Japan
- European countries: Check individual universities for information. Ecole Hôtelière de Lausanne (EHL) requires the SAT test from High School Diploma applicants.
- UK Foundation, International Year One, or bachelor courses.

Two courses are proposed (see below the dates, times, and duration of each course):

1st course: Classes every Thursday from 19th Sept. to 10th Oct.- 4:15 p.m. to 6:45 p.m.

2nd course: Classes every Thursday from 20th March to 10th April- 4:15 p.m. to 6:45 p.m.

MIT - Mentoring in Training

Collège du Léman is aiming to allow the students of its community to actively interact with the extracurricular programme on offer. A Mentor in Training will mainly do the same activity as a coach, but his/her duties will be coordinated and supervised by the teacher.

A range of activities are available to stimulate and encourage Secondary students to interact and support younger children (usually Primary and Pre-school) during the supervision and progression of their activity. During this experience within the extracurricular activities, students from Grades 6 to 12 and the IB diploma will be offered the opportunity to help with the coordination of the extracurricular programme. By doing this responsibly, they can increase their awareness and obtain Responsible Citizenship hours for REACH and Service hours for CAS or simply contribute to the wellbeing of the community.

Students enrolling will be periodically evaluated and they will be required to attend.

Students will attend occasional meetings with the Extracurricular Manager and be expected to sign up and help run some of these activities for a minimum of one semester.



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