

SCHOOL MENU









Lunch Menu June 2024



Tuesday

Wednesday



Friday

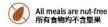
	3 Јип	4 Jun	5 Jan	6 Jun	7 Jun
<u>Meal</u> A	焗芝士通心粉 Baked Mac & Cheese ♥️『♥	鮮茄燉牛肉配意粉 Tomato Beef Stew with Spaghetti	菠菜南瓜鷹咀豆 番茄配白飯 Pumpkin, Spinach & Chickpeas Tomato with Rice	熱狗配薯粒 Hot Dog with Roasted Potatoes	意式肉醬配意粉 Beef Bolognese Pasta
<u>Meal</u> B	蓮藕香菇炒豆乾 配紅米飯 Stir-fried Lotus Roots, Shiitake & Bean Curd with Red Rice	日式照燒雞配飯 Japanese Style Chicken Teriyaki with Rice	星洲炒米 Singaporean Stir-fried Vermicelli ○❷W	日式照燒豆腐配飯 Japanese style Teriyaki Tofu with Rice	羅漢齋配飯 Lo Hon Vegetables with Rice
<u>Meal</u> C	蕃茄芝士沙律三文治 Tomato & Cheese Salad Sandwich ♥12♥	碎蛋芝士三文治 Egg Mayo & Cheese Sandwich	香草雞肉卷 Pesto Chicken Wrap (Nut free)	京醬雞胸青瓜三文治 Peking Chicken Breast & Cucumber Sandwich	煙肉生菜蕃茄三文治 BLT Sandwich
Dessert	時令鮮果 Fresh Fruit	時令鮮果 Fresh Fruit	時令鮮果 Fresh Fruit	雲呢拿蛋糕 Vanilla Cake	時令鮮果 Fresh Fruit
毎日供應時令蔬菜 Seasonal Vegetables served daily 🍑					















Dairy Alert 含奶類

Soy Alert 含大豆

















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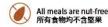
















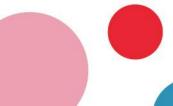
Soy Alert 含大豆















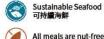
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Soy Alert 含大豆



















