



## Lunch Menu, week beginning 6<sup>th</sup> May, 2024

|                 | Monday   | Tuesday                                       | Wednesday  | Thursday  | Friday  |
|-----------------|--|---|--|---|---|
| Asian           | Stir fried noodles with pork and vegetables    | Sautéed chicken<br>Rice<br>Sautéed vegetables | Braised chicken<br>Shredded potato<br>Broccoli                                 | General Tso's chicken<br>Rice<br>Sautéed Chinese bok choi | Cantonese style fried noodles with chicken<br>Pan fried Chinese cabbage |
| Western         | Roast chicken<br>Roast potatoes<br>Cauliflower | Beef lasagna<br>Corn                          | Cheese pizza (also offers pizza without cheese)<br>Raw cherry tomatoes<br>Corn | Macaroni cheese with ham<br>Broccoli                      | Roast chicken roll<br>French fries<br>Baked beans                       |
| Vegetarian      | Stir fried noodles with vegetables             | Vegetable lasagna                             | Vegetarian pizza   | Macaroni cheese   | Vegetarian chicken roll   |
| Dessert         | Chocolate cake                                 | Broccoli soup                                 | Orange cake  | Tomato and egg soup                                       | Muffin  |
| Salad           | * Choice of salad bar                          |   |  |   |   |
| Sandwich        | * Choice of sandwich bar                       |   |  |   |   |
| Fruit & Yoghurt | Daily fruit & yoghurt                          |   |  |   |   |

\* For Primary students only.