



BRITISH INTERNATIONAL SCHOOL
HO CHI MINH CITY
A NORD ANGLIA EDUCATION SCHOOL

SPECIAL SNACK MENU (GLUTEN FREE)



M O N

T U E

W E D

T H U

F R I

MENU 1

THUR 02/05:
27/05; 24/06



MORNING
SNACK



AFTERNOON
SNACK

| | | | | |
|--|--|--|--|---|
| Fruit Plate Steamed Sweet Potato Kumquat Juice | Fruit Plate Vegetables Kimbap Fruit Infused Water (Dừa Hấu) | Fruit Plate Steamed Vegetable Sticks with Tomato Sauce Passion Juice | Fruit Plate Steamed Rice Paper Roll with Broccoli Fruit Infused Water | Fruit Plate Steamed Sweet Corn Orange Juice |
| Fruit Plate | Fruit Plate | Fruit Plate | Fruit Plate | Fruit Plate |

MENU 2

06/05; 03/06



MORNING
SNACK



AFTERNOON
SNACK

| | | | | |
|--|--|--|--|---|
| Fruit Plate Baked Potato Passion Juice | Fruit Plate Steamed Rice Paper Roll with Spinach Fruit Infused Water (Chanh) | Fruit Plate Baked Sweet Potato Kumquat Juice | Fruit Plate Rice Crackers Fruit Infused Water (Tắc) | Fruit Plate Steamed Sweet Corn Orange Juice |
| Fruit Plate | Fruit Plate | Fruit Plate | Fruit Plate | Fruit Plate |

MENU 3

13/05; 10/06



MORNING
SNACK



AFTERNOON
SNACK

| | | | | |
|--|---|---|---|--|
| Fruit Plate Steamed Sweet Corn Kumquat Juice | Fruit Plate Steamed Rice Paper Roll with Broccoli Fruit Infused Water (Cam) | Fruit Plate Vegetables Kimbap Lemon Juice | Fruit Plate Steamed Sweet Potato Fruit Infused Water (Dừa leo) | Fruit Plate Baked Potato Apple Juice |
| Fruit Plate | Fruit Plate | Fruit Plate | Fruit Plate | Fruit Plate |

MENU 4

20/05; 17/06



MORNING
SNACK



AFTERNOON
SNACK

| | | | | |
|--|---|--|---|---|
| Fruit Plate Steamed Vegetable Sticks with Tomato Sauce Passion Juice | Fruit Plate Steamed Rice Paper Roll with Carrot Fruit Infused Water dừa hấu | Fruit Plate Steamed Sweet Potato Kumquat Juice | Fruit Plate Steamed Sweet Corn Fruit Infused Water táo | Fruit Plate Steamed Rice Paper Roll with Red Cabbage Peach Juice |
| Fruit Plate | Fruit Plate | Fruit Plate | Fruit Plate | Fruit Plate |

Afternoon snack and Juice only for F1, F2, F3