



BRITISH INTERNATIONAL SCHOOL  
HANOI  
A NORD ANGLIA EDUCATION SCHOOL

# CO – CURRICULAR ACTIVITIES PROGRAMME

F3 - Year 6

Block 3 | 2023-24 SY





Dear Parents,

Our Co-curricular programme is designed to enhance and complement our curriculum. Additionally, our Saturday programme is available for students and parents to participate in various activities.

We are aiming to stream our CCA programme within 3 streams to ensure that students can participate in more varied activities throughout the year. The 3 streams we are focusing on are Creative, Active and Service Activities. This means that all students have more opportunities to experience different activities throughout the year. The quality of activities will be higher and more consistent. The programme aims to add challenge for students to own their achievements. The programme will also assist in developing stronger partner links within the Hanoi Activities Conference, Nord Anglia group and FOBISIA schools. To achieve a holistic school experience, we encourage all students to participate in at least one CCA per block.

Block 3 will start on **Monday 6 May 2024**. The activities will run through until **Saturday 15 June 2024**. Sign up will be from **Wednesday 20 March 8:00 am** till **Monday 25 March 2:00pm**. The Co-curricular programme provides a great opportunity for your child to take part and develop different facets of school life.

Students will be asked for multiple preferences although they will be allocated to one activity per time slot. Please allocate at **least 3** preferences per time slot, ensuring your child can be allocated to a CCA per day. Not all activities are available to all year groups, please see the descriptions in the brochure. Information on paid activities can also be found within the brochure. The sign-up process tries to ensure all students are granted a place on either their first, second or third choice of preference. Please see the application guidelines below for detailed instructions.

**Mrs. Salome Airdrie**

Director of sport and activities

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### Application guidelines:

- All activities (free and paid) need to be selected online via **School Buddy**: <http://bishanoi.schoolsbuddy.net/>. Please select the the ISAMS Parent Portal sign in option and use the same login credentials you use to access your child's academic reports. Detailed log in guidelines have also been emailed to you.
- This term, we will use a single sign-up phase open from **Wednesday 20 March 8:00 am** to **Monday 25 March 2:00pm**. You will be able to make multiple choices which you then click to submit. Details of this process are attached in the email under the titles: **CCA sign up** and **Parent login** in school buddy.
- Please read the attached instructions on how to log in as parents and student login and School buddy procedures.
- Term 3 will start on **Monday 6 May 2024**. The activities will run through until **Saturday 15 June 2024**.
- After **Friday 3 May**, students who have signed up for an activity must commit to it for the whole of the term. Children cannot swap activities.
- All choices will be allocated with a preference-based algorithm.



- If students are absent from their activity without authorization on more than one occasion, they will be removed from the activity and their place will go to a student on the waiting list

### **Paid Activities**

- Activities have maximum and minimum numbers, which vary according to the activity.
- Once the maximum number of children has been reached, the activity will be 'closed' and the activity name will be highlighted in red.
- Children who sign up for activities that are oversubscribed will be placed on a waiting list.
- Activities may be cancelled if the total number of participants does not meet the required minimum.
- Children wishing to take part in paid activities can make payments by transferring money to the school as soon as the child's activity is confirmed. Below are the BIS bank account details:

**Bank name: HSBC VIETNAM – HO CHI MINH BRANCH**

**Bank address: The Metropolitan, 235 Dong Khoi Street, District 1, HCMC, Vietnam**

**Account name: TRUONG QUOC TE DA CAP ANH-HANOI**

**Account No. VND: 091-255505-002**

Please include in the transfer instructions "Name of CCA" and your child's name and class.

- Paid activities will be confirmed via email to those who have been allocated a place. School Buddy has information about each of the activities and all details can be found by expanding the blue information tab. In Block 3, by selecting a paid activity and paying the associated fees, you are agreeing to the school's liability waiver and agree to pay the required fee. **Payments must be made by Friday 3 May 2024, or the place will be offered to the children on a waiting list.**

### **Online Activity Selection**

All activities (free and paid) need to be selected on-line via **School Buddy**. Please note your first choices may not always be possible. Please read the rest of this booklet and log on to School Buddy. If you have any questions, please contact [bis.activities@bishanoi.com](mailto:bis.activities@bishanoi.com)

### **Parent activity Sign up**

Parents who wish to join activities on Saturdays please email [bis.activities@bishanoi.com](mailto:bis.activities@bishanoi.com) with your name and preference of activity you would like to attend.

### **Late bus**

If your child is in a CCA that finishes after 4 pm Tuesday, Thursday or Saturday mornings and you would like for them to ride our new late bus service, please complete the form: [BIS Hanoi CCA Late Bus and Saturday Bus Service](#)

\*\*This school bus service is offered at an extra cost.



Kindly note this service will only run if there is enough interest for a specific location.

The routes will be to and/or from a designated drop-off point, and BIS Hanoi following the schedule below:

- Tuesday, Thursday: 5:00 pm departing from BIS to drop off points (one way)
- Saturday (one or both way options available):
  - 7:30 – 8:00 am (each pick-up point will have a specific time)
  - Return departing BIS at 11:50 am
- Pick-up and drop-off points will be in the following areas:
  - Times City
  - Calidas building
  - Tay ho
  - Lotte building, Cau Giay.

The block cost for using this bus service is as follows: (If your child would like to ride the late bus on Tuesdays and Thursdays the fee would be 2\*1,500,000 for the entire CCA Block 3:

- One –way: 1,500,000 VND
- Return trip Saturday: 2,350,000 VND

Please click on this link to confirm a seat on a bus route: [\*\*BIS Hanoi CCA Late Bus and Saturday Bus Service\*\*](#)

**\*\*PLEASE NOTE: IN CASE OF DISCREPANCY THE ONLINE INFORMATION AS PUBLISHED IN SCHOOL BUDDY TAKES PRECEDENCE.\*\***



# MONDAY

ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Read and play	F3-1	15:00 – 16:00	25	Beatrice Policarpio	E120	Read some of your favourite classics followed by an activity inspired by it.
Mindfulness colouring	F3-1	15:00 – 16:00	25	Lien Cao and Anh Duong	E113	Welcome to Mindful Colouring! The best way to relax is colouring in, which is absolutely proven to reduce anxiety, improve sleep, focus and calm your minds after school. Let join us every Monday afternoons with lots of fascinating colouring activity!
Fun run	F3-1	15:00 – 16:00	25	Trang Pham	Eyc playground	Fun run is a place for running in many games and challenges yourself with laugh and joy.
Tiniball <b>(Paid activity)</b>	F3-1	15:00 – 16:00	30	SSA	EYC	Tiniball program is the exclusive sports program developed by SSA for 4– 6-year-olds. It combines the basic motor skills of basketball, football, handball, netball.  <b>Cost for Block 3: VND 1,260,000</b>
Learn to swim	2-3	15:05 – 16:05	20	External coach/ Nick Mckenna	Swimming pool	Learn how to become water safe in the pool
Drawing club	2-3	15:05 – 16:05	25	Mai Nguyen and Ha Nguyen	P112	Welcome to our Drawing club! It's a good chance for your kids to learn how to draw with simple and engaging video tutorials designed to teach kids and beginners.
Lego	2-3	15:05 – 16:05	25	Hue Le and Trang Do	P116	Do you love building amazing things with lego bricks? Do you want to meet other lego enthusiasts and share your creations? Then you should join the lego construction club! It's a fun and friendly group of people who meet every week to work on exciting projects, learn new skills and have a blast. Whether you are a beginner or a master builder, you are welcome to join us and unleash your creativity. Don't miss this opportunity to make new friends and have fun with lego.



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Just dance kid	2-4	15:05 – 16:05	25	Luyen Trieu and Ngoc Nguyen	P326	Just Dance Kids is a dance-based music game with an emphasis on songs that are popular with children. If you want to have some relaxing time and movements after a long day at school, come to our CCA.
Python CodeCombat Coding <b>(Paid activity)</b>	2-6	15:05 – 16:05	20	IEB	C125	Participate as a hero in an adventure and accomplish the goals set for each lesson. Students naturally acquire new knowledge, get acquainted with Immersive Programming using Python & Computer Science. They will be introduced to new concepts in programming and develop problem solving skills in an entertaining game setting.  <b>Cost for Block 3: VND 2,760,000</b>
Cinema Club	3-6	15:05 – 16:05	25	Alice Sutherland	Theatre	Come and enjoy unwinding with a film after school once a week. We will vote on a different movie every few weeks and enjoy watching films together.
Gymnastics <b>(Paid activity)</b>	3-8	15:05 – 16:05	15	Gymkraft Vietnam	Sport Hall	Our course helps students understand the movement of the body and apply it to life and other sports. It also helps them know how to protect themselves when falling with basic acrobatic movements. Children will get good health and endurance. Our course provides a growth environment for self-confidence and self-expression for children.  <b>Cost for Block 3: VND 2,310,000</b>
Primary HAC	4-6	15:05 – 16:05	NA	Danielle Harvey, Matt Addison, Jessica cockell, Gerard Durken	Field	Come and learn and represent the school in basketball and athletics



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Origami	4-6	15:05 – 16:05	25	Hoang Anh Nguyen and Van Anh Nguyen	P220	Origami is the art of paper folding, which is often associated with Japanese culture. In modern usage, the word "origami" is used as an inclusive term for all folding practices.
Primary Spanish	4-6	15:05 – 16:05	25	Georgina Dorr	S206	Hola! In this CCA, we will be learning basic Spanish through a wide variety of activities. Suitable for all students, whether they study MFL or not.
Primary French	4-6	15:05 – 16:05	25	Naseen Chehab	P224	Bonjour! Come and learn French - perfect for students who don't yet study MFL in Primary or want to revise the basics. You will learn how to introduce yourself in French, how to count, the colours, animals and much more!
Primary Baking	4-6	15:05 – 16:05	20	Lucy Berkeley	Student kitchen	Do you love baking and cooking? Do you want to learn new recipes and skills? Do you want to have fun with your friends and make delicious treats? If you answered yes to any of these questions, then you should join the Baking and Cooking CCA!
Primar Drama Club	4-6	15:05 – 16:05	25	Cat Summerville	P303	Do you love performing? Are you a keen actor and want to extend your skills on the stage and beyond? Come and join the Primary Drama Club! We will play lots of fun Drama games and develop performance skills



# TUESDAY

ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Basketball Kids <b>(Paid activity)</b>	1-4	15:15 – 16:45	30	SSA	Sport Hall	Students will practice fundamental skills such as dribbling, passing, shooting, layup, footwork to advanced game strategy, to maximize height, strength and encourage the determination, problem solving and teamwork spirit in sports. In addition to physical training and basic basketball skills, students also learn a 3×3/ 5×5 game format.  <b>Cost for Block 3: VND 1,890,000</b>
Football Kids <b>(Paid activity)</b>	1-4	15:15 – 16:45	30	SSA	Secondary Field	SSA's specially designed curriculum follows a standardized format aimed at improving players technical ability, skill, and decision making on and off the ball.  <b>Cost for Block 3: VND 1,890,000</b>
Morning swimming <b>(Invite only)</b>	2-6	07:30 – 08:15	30	Minh and Vu	Swimming pool	Train and represent the school in swim galas
Robotics <b>(Paid activity)</b>	2-6	15:05 – 16:05	25	IEB	C125	Acquaint yourself with LEGO and learn how to use each linking part and putting them together into simple shapes. Learn basic programming blocks, sensors, automation. Design more intricate, engaging, and entertaining models from the ground up. Developing logical thinking by programming logic to solve math problems.  <b>Cost for Block 3: VND 2,760,000</b>
Primary Choir	3-6	12:35 – 13:25	NA	Charlotte, Rebecca, Flis	C323	After a wonderful strategy to the year we hope to keep our primary choir at record breaking numbers next term! Join us to learn fun songs to perform at events in and outside of school!



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Basketball Junior <b>(Paid activity)</b>	5-9	15:15 – 16:45	30	SSA	Sports Hall	Students will practice fundamental skills such as dribbling, passing, shooting, layup, footwork to advanced game strategy, to maximize height, strength, and encourage the determination, problem-solving and teamwork spirit in sports. In addition to physical training and basic basketball skills, students also learn a 3×3/ 5×5 game format.  <b>Cost for Block 3: VND 1,890,000</b>
Football Junior <b>(Paid activity)</b>	5-9	15:15 – 16:45	30	SSA	Secondary Field	SSA's specially designed curriculum follows a standardized format aimed at improving players technical ability, skill, and decision making on and off the ball.  <b>Cost for Block 3: VND 1,890,000</b>
Primary FOBISIA <b>(Invite only)</b>	4-6	15:05 – 16:30	40	Minh and Vu	Swimming Pool	Students are already selected and training to represent the school in May in Thailand



# WEDNESDAY

ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Dancing	F3-1	15:00 – 16:00	25	Van Anh Hoang & Dung Hoang	Multipurpose room	Do you love dancing and having fun? Do you want to improve your fitness and meet new friends?
Coloring Club	F3-1	15:00 – 16:00	25	Hoang Thi Huong and Hue Nguyen	E104	It's time to calm down and relax! The best way to relax is coloring in, which is absolutely proven to reduce anxiety, improve sleep, focus and calm the mind after your school day. Let's join our club to explore the colorful world! You will love it!
EYC Yoga	F3-1	15:00 – 16:00	25	Mady and My Nguyen	Multipurpose room	Yoga is a great way to improve your physical and mental health, as well as your mood and energy. Come and join us and see for yourself how amazing yoga can be. Namaste!
Primary Kickboxing <b>(Paid activity)</b>	1-6	15:05 – 16:05	30	FLTA	Fitness room	STAR brings kickboxing and self-defense classes to students across Hanoi at their school campuses! Students will learn in a safe, controlled and fun way the modern martial art of Kickboxing and also skills in self-defense. A physical activity that supports a healthy lifestyle in an interesting way, classes will include technique development, partner and group work, as well as interactive games to develop the physical and mental skills needed in martial arts.  <b>Cost Block 3: VND 1,800,000</b>
Creative Comic Drawing	2-3	15:05 – 16:05	25	Hong Nguyen and Nhung Vu	P311	Let's be creative illustrators for the popular traditional tail.
Study Circle	2-4	15:05 – 16:05	25	Shannon Colchough and Joanne Cranmer	P212	A CCA where like-minded pupils can come together to support each other with their learning. Get assistance from teachers and peers to complete your homework.



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Run for Fun	2-4	15:05 – 16:05	25	Jacinta Pearson, Jess Monsod	Field	Fun running games and activities to run faster and longer.
3D Design <b>(Paid activity)</b>	2-6	15:05 – 16:05	25	IEB	C125	3D Design Thinking classes, designed by an education expert in Australia, provide a platform for youngsters to explore their potential and unleash their imagination. Develop special geometry and practice observing and understanding how three-dimensional space operates. - Develop design thinking to identify problems, plan implementation, and solve problems  <b>Cost for Block 3: VND 2,760,000</b>
Badminton <b>(Paid activity)</b>	2-6	15:05 – 16:05	20	External coach	Sports Hall	Under the guidance of an experienced coach, you'll master refined skills, elevating your game to new heights. Each session is a step forward, and you'll find yourself getting better as the block progresses. Embrace the challenge and watch your talents soar!  <b>Cost Block 3: VND 900,000</b>
Book Club	3-4	15:05 – 16:05	25	Megan Tracey	P206	This CCA will offer the children chance to share and read books in a relaxing peaceful environment. We will share our favourite texts and create activities for others to do along side reading the book.
Learn to swim	4-6	15:05 – 16:05	25	External coach	Swimming pool	Learn how to become water safe in the pool
Countries in the world	4-6	15:05 – 16:05	25	Hai Nguyen Thanh	P314	We'll discover more about cultures, traditions, landscapes, etc of some countries in the world. Smooth learning during fun time!
Collage Club	4-6	15:05 – 16:05	20	Lauren Hill	P220	It's a place where creativity knows no bounds and every piece of art tells a unique story. The collage technique at CCA allows artists to blend various mediums, textures, and ideas into one cohesive masterpiece.



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Study Circle	5-6	15:05 – 16:05	25	David Atkinson	P326	Do you struggle with organising yourself? Always rushing to complete homework before its due in? Need a bit of extra support with your work? Well, this is the CCA for you. Come along and use the time after school to maximise your learning and complete your homework to a high standard.
Ukulele Band	5-9	15:05 – 16:05	20	Flis	C323	Do you play the ukulele and want to develop your skills performing with others? Come along and learn how to collaborate with other musicians and choose songs to learn and share with each other. If you have a ukulele please feel free to bring it along, we also have instruments you can borrow (please note – this is an afterschool CCA)



# THURSDAY

ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Design and Construction Club	F3-1	15:00 – 16:00	25	Catherine Mullin and Angela Olano	F3 Shared area	Do you love to build and create? If so, come join this club! You will explore and use lots of different construction materials in the F3 shared area. Come and show your creative side!
Philosophy for Children (P4C)	F3-1	15:00 – 16:00	20	Ruth Craven	E206	In philosophy for children we will develop oracy and debating skills through well known stories and fun games. For example, we will discuss if Jack was a naughty boy for stealing the Giant's belongings when he climbed the beanstalk. Children will develop their speaking and listening skills, learn to take turns and begin to form and express their own opinions.
Baking	F3-1	15:00 – 16:00	20	Duong Do and Huyen Nguyen	Shared area EYC F1	Baking club meets every week to bake delicious treats and have fun. Learn how to mix, measure and make some delicious recipes during Term 3.
Gymnastics <b>(Paid activity)</b>	F3-1	15:00 – 16:00	15	Gymkraft Vietnam	EYC Multi Purpose room	Our course helps students understand the movement of the body and apply it to life and other sports. It also helps them know how to protect themselves when falling with basic acrobatic movements. Children will get good health and endurance. Our course provides a growth environment for self-confidence and self-Expression for children.  <b>Cost for Block 3: VND 2,310,000</b>
Mindful coloring	2-3	15:05 – 16:05	20	Hanh Le	P223	Mindfulness coloring for kids is a wonderful way to introduce them to the practice of mindfulness in a fun and engaging way. Through coloring, children can learn to focus their attention on the present moment, develop concentration skills, and regulate their emotions. Mindfulness coloring activities for kids often involve simple yet captivating designs, such as animals, nature



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
						scenes, or geometric patterns, that encourage creativity and self-expression. Children are encouraged to color slowly and deliberately, paying attention to the sensations of the crayon or marker on the paper and the colors they choose.
Traditional games	2-4	15:05 – 16:05	25	Ngan Nguyen and Huong Nguyen (EYC TA)	P218	Are you looking for a fun and exciting way to spend your afternoons? Do you want to learn more about the games that your parents and grandparents used to play? Then join the Traditional Games CCA for primary students! You will get to play games from different continents. The Traditional Games CCA is open to primary students who are interested in exploring the rich heritage of different countries. You will meet new friends, have fun, and discover the joy of playing together. Don't miss this opportunity to experience the games that have been passed down for generations.
Morning swimming <b>(Invite only)</b>	2-6	07:30 – 08:15	30	Minh and Vu	Swimming pool	Train and represent the school in swim galas
Primary FOBISIA <b>(Invite only)</b>	4-6	15:05 – 17:00	NA	Salome Airdrie, Nicole Ware, Stephen Uttley, Lucy Hayward	Secondary field	Students are already selected and training to represent the school in May in Thailand
BIS Primary Dance Company	4-6	15:05 – 16:05	25	Emily Brawn	P302	Join BIS Dance Company and unleash your passion for dance! We invite talented, enthusiastic students to become part of our vibrant dance family, where you'll have the opportunity to explore various dance styles, receive training and guidance, perform on prestigious stages, build lifelong friendships, and experience personal growth and confidence. Regardless of your level of experience, everyone is welcome to join us on this incredible dance adventure. Don't miss out! Let's create magic on the dance floor together!



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Mindfulness colouring	4-6	15:05 – 16:05	25	Hoang Lan Huong and Huyen Truong	P223	Mindful colouring is a fun and relaxing CCA that anyone can join. You don't need any artistic skills or expensive materials, just a set of coloured pencils and some printable pages. You can choose from a variety of designs, such as mandalas, animals, flowers, and more. As you colour, you can focus on the present moment and let go of any worries or stress. Mindful colouring can also improve your mood, creativity, and concentration. It's a great way to express yourself and enjoy some me-time. So why not give it a try and see how it makes you feel?
Cultural Club	4-6	15:05 – 16:05	25	Huong Nguyen 6B	P314	Culture Club brings you to the door of faraway countries with rich cultural heritage around the world. You will have a chance to learn more about the geographical features, brief history, exotic cuisine, arts and much more. If you want to be a knowledgeable person join us!
Steam MIT	4-6	15:05 – 16:05	40	Emily Clark and Steve Labelle	STEAM Room	Join our STEAM 9.0 Team and take on the MIT Challenge - Social Life! Collaborate with MIT professors and Curiosity Correspondents and other Nord Anglia STEAM teams around the world to complete a project that gets to the bottom of what social life is, and why it is an important aspect of our lives.
LUA Roblox Coding <b>(Paid activity)</b>	4-8	15:05 – 16:05	25	IEB	ICT Room	Using the Roblox Studio platform, you may design a unique 3D environment full of exciting challenges. * Contents of knowledge: - Promote students' imagination and creativity in three-dimensional space. - Students gain experience working in teams and solving difficulties - Students can create 3D games and share them with international friends upon completion of the course.  <b>Cost for Term 3: VND 2,760,000</b>



ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Competitive swim	5-13	15:05 – 17:00	25	External coach	Swimming pool	Train and represent the school in swim galas
Card making and paper crafts	5-6	15:05 – 16:05	25	Trang Chu and Phuong Nguyen	P309	Would you like to make some beautiful cards for someone who you are grateful for? Let's join our club! We will make some colourful and smart designed cards together using different tools and materials.



# FRIDAY

ACTIVITY NAME	YEAR GROUPS	TIME	CAPACITY PER SESSION	TEACHER	LOCATION	ACTIVITY DESCRIPTION
Brass	5-13	12:35 – 13:25	50	Jon	C321	Brass Club continues to prepare for exciting summer performances. Existing members should continue their membership. This CCA is not open to new starters.



# SATURDAY

## Music lessons for parents and students (Paid activity):

Sign up for a variety of instrumental lessons and study with highly trained musical professionals. During their lessons students and parents will learn to master the skills of their instrument and work towards ABRSM qualifications. The ABRSM offers globally recognized qualifications from beginner to university level, with success

**Cost for Block 3: VND 2,820,000**

For parents: If you would like to register for this club please email Ms Hung Dinh at [bis.activities@bishanoi.com](mailto:bis.activities@bishanoi.com)

<b>Music lessons:</b> <ul style="list-style-type: none"> <li>• Guitar</li> <li>• Violin</li> <li>• Saxophone</li> <li>• Clarinet</li> <li>• Flute</li> <li>• Drum</li> <li>• Piano</li> <li>• Vocal</li> </ul>	<b>Teacher:</b> <ul style="list-style-type: none"> <li>• Mr Kien</li> <li>• Mr Tuan Anh</li> <li>• Mr Quoc Bao</li> <li>• Ms Hoang Anh</li> <li>• Mr Kha &amp; Anh</li>   <li>• Mr Cuong, Ms Khue &amp; Ms Mai Anh</li> <li>• Ms Dzung</li> </ul>
<b>Capacity per session:</b> 1	<b>Year groups:</b> F3-13 and parents
<b>Lesson timing:</b> <ul style="list-style-type: none"> <li>• 08:30 - 09:05</li> <li>• 09:10 - 09:45</li> <li>• 09:50 - 10:25</li> <li>• 10:30 - 11:05</li> <li>• 11:10 - 11:45</li> </ul>	<b>Location:</b> TBC

## Swimming lessons for parents and students (Paid activity):

This course is offered for children of different abilities from beginners to intermediate and advanced levels to improve their own swimming skills with full-supervision and coaching from professional trainers. Each session will be for 45 minutes in the water and students are required to be at swimming pool for 1 hour including changing and getting warm up before and after the session.

**Cost per student for Block 3 = VND 2,100,000**

For parents: If you would like to register for this club please email Ms Hung Dinh at [bis.activities@bishanoi.com](mailto:bis.activities@bishanoi.com)

<b>Swimming lessons:</b> <ul style="list-style-type: none"> <li>• Beginner swim strokes</li> <li>• Learn to swim</li> <li>• Swim fitness for parents</li> </ul>	<b>Year groups:</b> <ul style="list-style-type: none"> <li>• 1-13</li> <li>• 1-13</li> <li>• Parents</li> </ul>	<b>Time:</b> <ul style="list-style-type: none"> <li>• 9:35 – 10:35</li> <li>• 10:40 – 11:40</li> <li>• 08:30 – 09:30</li> </ul>	<b>Teacher:</b> External coach
<b>Location:</b> Indoor Swimming Pool		<b>Capacity per session:</b> 20	



**Kickboxing for students (Paid activity)**

STAR brings kickboxing and self-defense classes to students across Hanoi at their school campuses! Students will learn in a safe, controlled and fun way the modern martial art of Kickboxing and also skills in self-defense. A physical activity that supports a healthy lifestyle in an interesting way, classes will include technique development, partner and group work, as well as interactive games to develop the physical and mental skills needed in martial arts.

**Cost per student for Block 3: VND 1,800,000**

<b>Kickboxing lessons:</b> <ul style="list-style-type: none"> <li>Primary Kickboxing</li> <li>Secondary Kickboxing</li> </ul>	<b>Year groups:</b> <ul style="list-style-type: none"> <li>1-6</li> <li>7-13</li> </ul>	<b>Time:</b> <ul style="list-style-type: none"> <li>09:00 - 10:00</li> <li>10:00 - 11:00</li> </ul>	<b>Teacher:</b>  FLTA
<b>Location:</b> Fitness room		<b>Capacity per session:</b> 30	

**Robotics & Flycam for students (Paid activity):**

- \* Contents of knowledge:
- Construct a variety of code and models to solve a specific problem.
  - Individual and group projects are incorporated into the curriculum to familiarize pupils with the trial-and-error method.
  - Learn how to work effectively, present logically and critically, and exhibit patience with others.

**Cost per student for Block 3: VND 2,760,000**

<b>Year groups:</b> 4-9	<b>Time:</b> 10:30 - 11:30	<b>Location:</b> C125	<b>Teacher:</b> IEB	<b>Capacity:</b> 24
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**3D Design for students (Paid activity)**

3D Design Thinking classes, designed by an education expert in Australia, provide a platform for youngsters to explore their potential and unleash their imagination.

- \* Content of knowledge:
- Get familiar with spatial geometry and practice observing and understanding how three-dimensional space operates.
  - Develop design thinking to identify problems, plan implementation, and solve problems
  - Apply the knowledge learned and available tools to combine a variety of shapes and colors according to each lesson topic.

**Cost per student for Block 3: VND 2,760,000**

<b>Year groups:</b> 3-6	<b>Time:</b> 08:30 - 09:30	<b>Location:</b> C125	<b>Teacher:</b> IEB	<b>Capacity:</b> 24
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**Python CodeCombat Coding for students (Paid activity)**

Participate as a hero in an adventure and accomplish the goals set for each lesson. Thereby, students naturally acquire new knowledge.

- \* Contents of knowledge:
- Get acquainted with Immersive Programming using Python & Computer Science
  - Introduce new concepts in programming such as syntax, sequence, errors, variables, loops, events, functions and conditional statements.
  - Develop problem solving skills in an entertaining game setting
  - Make up your own games and get your friends to join in.
  - Participate in the international AI League competition on the codecombat platform.

**Cost per student for Block 3: VND 2,760,000**

<b>Year groups:</b> 3-8	<b>Time:</b> 08:30 - 09:30	<b>Location:</b> C125	<b>Teacher:</b> IEB	<b>Capacity:</b> 24
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**Football for students (Paid activity):**

SSA's specially designed curriculum based on the Long Term Athletic Development Model emphasizes the use of small sided games and maximized touches on the ball with the resulting skill development creating a lifelong love of the sport.

Each session follows a standardized format aimed at improving players technical ability, skill, and decision making on and off the ball. All players centered practice also develop leadership, responsibility and problem solving skills.

**Cost per student for Block 3: VND 1,890,000**

<b>Lessons:</b> • Football Kids • Football Junior	<b>Year groups:</b> • 1-4 • 5-9	<b>Time:</b> • 08:30 - 10:00 • 10:00 - 11:30	<b>Location:</b> Secondary Field
<b>Teacher:</b> SSA		<b>Capacity per session:</b> 30	

**Basketball for students (Paid activity):**

International standard basketball training in cooperation with the guidance of experienced foreign coaches. Students practice skills from fundamentals such as dribbling, passing, shooting, layup, footwork to advanced game strategy, to maximize height, strength and encourage the determination, problem solving and teamwork spirit in sports. In addition to physical training and basic basketball skills, students also have access to a 3x3/5x5 format.

**Cost per student for Block 3: VND 1,890,000**

<b>Lessons:</b> • Basketball Kids • Basketball Junior	<b>Year groups:</b> • 1-4 • 5-9	<b>Time:</b> • 08:30 - 10:00 • 10:00 - 11:30	<b>Location:</b> Sports Hall
<b>Teacher:</b> SSA		<b>Capacity per session:</b> 30	

**FL Tennis Academy for students (Paid activity):**

FL Tennis Academy is a 37 years old international academy, teaching players of all ages and levels, coaching them to reach their full potential. Today, FLTA counts 03 clubs: Arcachon (France), Dubai (UAE) and Hanoi (Vietnam). In Hanoi, our pro team is made of international and local coaches, highly experienced and certified by official organisations, all working under FLTA coaching methods framework.

**Cost per student for Block 3: VND 3,000,000**

<b>Year groups:</b> • 1-5 • 6-13	<b>Time:</b> • 08:30 - 09:30 • 09:35 - 10:35	<b>Teacher:</b> FLTA
<b>Location:</b> Hard courts		<b>Capacity per session:</b> 15

**Volleyball Club for students (Paid activity)**

Develop volleyball skills to be able to play competitively.

**Cost per student for Block 3: 1,800,000 VND**

<b>Year groups:</b> 7-13	<b>Time:</b> 08:30 - 10:30	<b>Teacher:</b> Vu Nguyen
<b>Location:</b> Sports Hall		<b>Capacity per session:</b> 24



**Badminton Club for students (Paid activity)**

Under the guidance of an experienced coach, you'll master refined skills, elevating your game to new heights. Each session is a step forward, and you'll find yourself getting better as the block progresses. Embrace the challenge and watch your talents soar!

**Cost per student for Block 3: 1,800,000 VND**

<b>Year groups:</b> 1-13	<b>Time:</b> 08:30 - 10:30	<b>Teacher:</b> External Coach
<b>Location:</b> Sports Hall		<b>Capacity per session:</b> 30

**Gymnastic for students: (Paid activity)**

Our course helps students understand the movement of the body and apply it to life and other sports. It also helps them know how to protect themselves when falling with basic acrobatic movements. Besides that, children will get good health and endurance. Our course provides a growth environment for self-confidence and self-expression for children.

Results after the course: learn skills from basic to advanced depending on the child's condition and aptitude according to the Gymnastics Australia program. Skills like forward roll, backward roll, cartwheel....

**Cost per student for Block 3: 2,310,000 VND**

<b>Year groups:</b> • F3-2 • Y3-8	<b>Time:</b> • 09:00 - 10:00 • 10:10 – 11:10	<b>Teacher:</b> Gymkraft Vietnam
<b>Location:</b> Sports Hall - Upstairs gym		<b>Capacity per session:</b> 15

**1:1 Swimming lessons for parents and students (Paid activity):**

This course is offered for children of different abilities from beginners to intermediate and advanced levels to improve their own swimming skills with full-supervision and coaching from professional trainers. Each session will be for 45 minutes in the water and students are required to be at swimming pool for 1 hour including changing and getting warm up before and after the session.

**Cost per student for Block 3 = VND 5,100,000**

For parents: If you would like to register for this club please email Ms Hung Dinh at [bis.activities@bishanoi.com](mailto:bis.activities@bishanoi.com)

<b>Year groups:</b> • 1 – 13 and Parents	<b>Time:</b> • 8:30 – 9:30 • 9:35 – 10:35 • 10:40 – 11:40	<b>Teacher:</b> External coach
<b>Location:</b> Indoor Swimming Pool		<b>Capacity per session:</b> 1



**1:2 Swimming lessons for parents and students (Paid activity):**

This course is offered for children of different abilities from beginners to intermediate and advanced levels to improve their own swimming skills with full-supervision and coaching from professional trainers. Each session will be for 45 minutes in the water and students are required to be at swimming pool for 1 hour including changing and getting warm up before and after the session.

**Cost per student for Block 3 = VND 2,700,000**

For parents: If you would like to register for this club please email Ms Hung Dinh at [bis.activities@bishanoi.com](mailto:bis.activities@bishanoi.com)

<b>Year groups:</b>  <ul style="list-style-type: none"> <li>1 – 13 and Parents</li> </ul>	<b>Time:</b> <ul style="list-style-type: none"> <li>8:30 – 9:30</li> <li>9:35 – 10:35</li> <li>10:40 – 11:40</li> </ul>	<b>Teacher:</b>  External coach
<b>Location:</b> Indoor Swimming Pool	<b>Capacity per session:</b> 2	