

Individual Emergency Allergy/Anaphylaxis Care Plan

Students Name		Date of Birth
Parent/Guardian Name	Mobile Number	Relationship
Parent/Guardian Name	Mobile Number	Relationship
Emergency Contact	Mobile Number	Relationship

Allergy Details

i.e. foods, medication, stings, animals, latex etc.

Please attach doctor's prescription and medical report stating allergens and degree of reaction

Does your child suffer with asthma?		Yes / No
My child is allergic to:	Date/Age Diagnosed	Mild/Moderate/ Severe Reaction

Additional Information: (signs and symptoms of reaction, last allergic response, care needs during and after reaction, etc.)

School held medication/information *(please attach doctor's prescription and medical report)*

Parents need to supply additional supplies of medication for the school clinic in the event of emergency and loss of hand-held medication (if prescribed). No student should be carrying medication without the prior knowledge of the school nurse. Students' antihistamines, inhalers and EpiPen® will be stored in the clinic in an accessible place to be used in emergencies only. It is the parents' responsibility to update the school nurse with any medical details and healthcare requirements during the school year.

Should _____ suffer an allergic reaction with no school nurse present, I give permission for any of the adults working with them to administer the EpiPen® provided. This will be done in their capacity as a responsible adult rather than a qualified medical practitioner. First aiders will have been given instruction by the school nurse prior to any trip/activities. After using the EpiPen® we understand that our child will immediately be referred to the hospital emergency department for assessment and we will be informed directly of this.

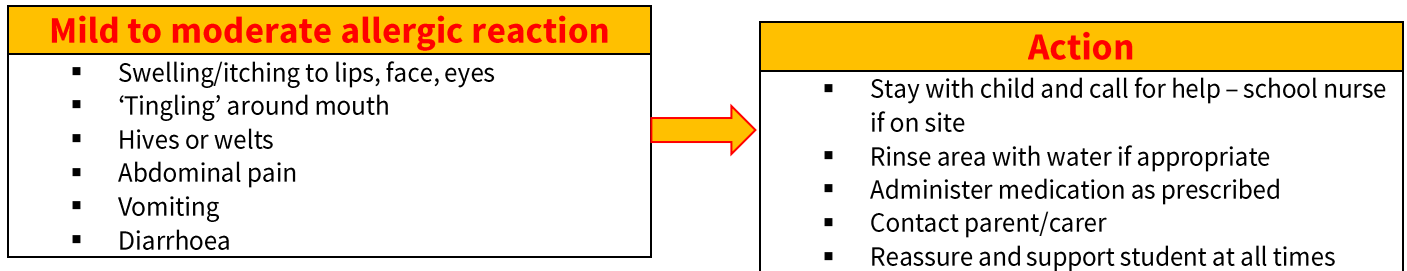
Parents Full Name (please print)	Parent's Signature	Date
Nurses Full Name (please print)	Nurse's Signature	Date

Anaphylaxis

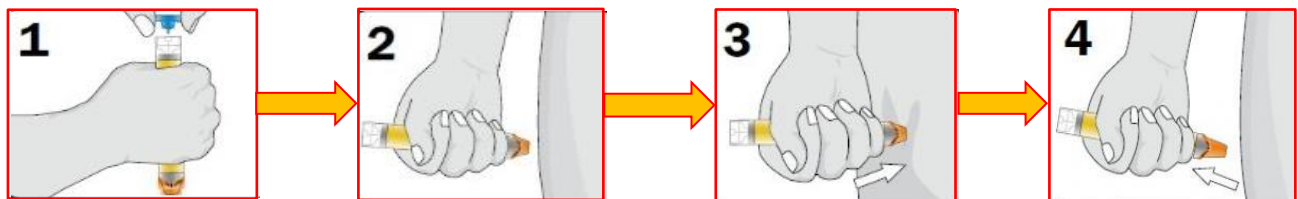
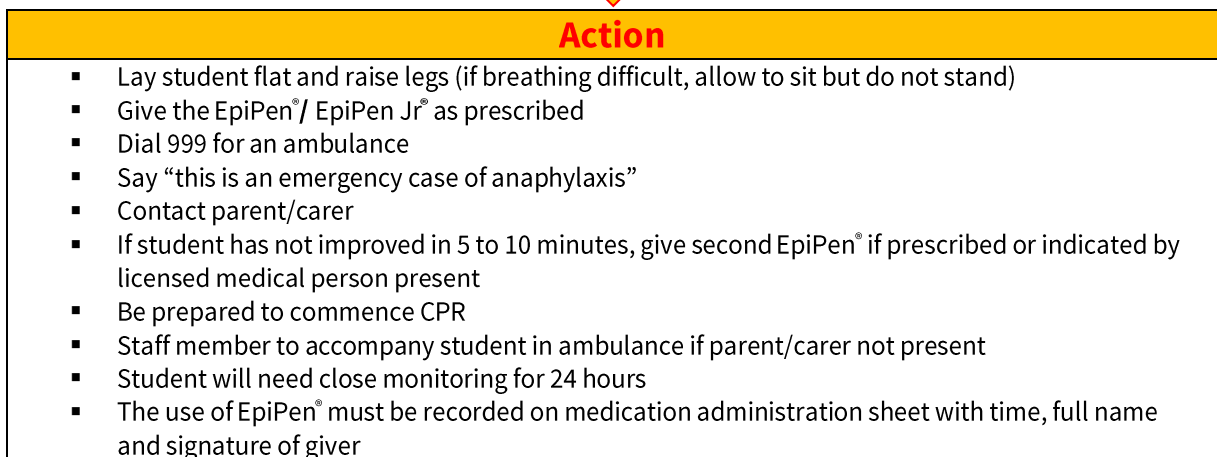
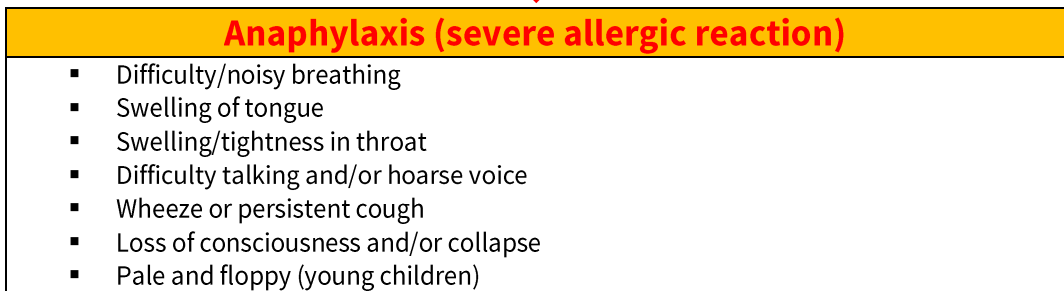
- A severe and sudden allergic reaction that is potentially life-threatening and always requires an emergency response.
- It can occur when a susceptible person is exposed to an allergen (such as in food or insect sting).
- Reactions usually begin within seconds to minutes of exposure and can progress rapidly over a period of up to two hours or more.

EpiPen

- Is an auto-injector device containing a single measured dose of adrenaline (also known as epinephrine)
- Used in cases of severe allergic reaction, such as anaphylaxis.
- EpiPen Jr[®] is available and contains half the standard dose of adrenalin for children under 30kg.
- The EpiPen[®] is designed to be used easily by people without medical training (manufacturers' statement).
- **Not giving the EpiPen[®] can do more harm than giving it when it may not have been necessary.**



Watch for signs of anaphylaxis



<p>1</p> <p>Grasp the EpiPen[®] in your dominant hand with the blue safety cap closest to your thumb and remove cap.</p>	<p>2</p> <p>Hold your EpiPen[®] about 10cm away from your leg, swing and jab the orange tip into the upper outer thigh at a 90° angle.</p>	<p>3</p> <p>You will hear a click. Hold in place for 10 seconds.</p>	<p>4</p> <p>Remove the EpiPen[®] and massage injection site for at least 10 seconds.</p>
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